

Supplementary Table SIII Means (standard deviations) for psychological and fertility-related variables according to age group, experimental group and study time point.

	Adolescents						Emerging adults (n = 115)					
	Total (n = 93)		FertiEduc (n = 46)		Control (n = 47)		Total (n = 115)		FertiEduc (n = 60)		Control (n = 55)	
	T1	T2	T1	T2	T1	T2	T1	T2	T1	T2	T1	T2
Fertility knowledge	47.1 (19.26)	49.9 (23.80)	44.6 (19.11)	50.6 (25.73)	49.5 (19.30)	49.2 (22.09)	60.3 (16.45)	72.8 (17.65)	60.4 (16.51)	80.3 (14.00)	60.1 (16.54)	64.9 (17.74)
Infertility threat	5.5 (3.92)	5.8 (4.29)	4.7 (2.47)	6.0 (4.56)	6.3 (4.91)	5.7 (4.06)	7.9 (3.92)	8.3 (4.06)	7.6 (4.08)	8.1 (4.16)	8.2 (3.75)	8.5 (3.98)
Anxiety	36.4 (11.26)	38.5 (12.79)	37.5 (12.19)	38.0 (13.44)	35.3 (10.27)	39.1 (12.26)	35.2 (11.60)	35.6 (10.39)	35.1 (11.78)	36.1 (11.29)	35.3 (11.50)	35.1 (9.40)
Physical stress	11.1 (2.90)	10.5 (2.87)	11.6 (2.90)	10.9 (3.06)	10.7 (2.85)	10.1 (2.65)	10.9 (2.52)	10.3 (2.14)	10.8 (2.23)	10.1 (2.00)	11.0 (2.82)	10.4 (2.29)
Optimism	18.2 (4.04)		17.9 (3.75)		18.5 (4.32)		21.1 (4.46)		21.9 (4.37)		20.3 (4.45)	
Health literacy	33.2 (6.47)		33.1 (7.52)		33.3 (5.35)		31.1 (5.84)		31.8 (6.00)		30.4 (5.63)	
Fertility relevance	5.0 (1.55)		4.7 (1.44)		5.3 (1.61)		5.8 (1.44)		6.0 (1.45)		5.5 (1.39)	
Optimality of Fertility Plans												
First birth	5.5 (5.26)	5.9 (5.12)	5.5 (5.35)	5.7 (5.11)	5.5 (5.23)	6.1 (5.19)	1.7 (3.37)	1.9 (3.47)	1.8 (3.31)	1.9 (3.62)	1.6 (4.45)	1.8 (3.34)
Last birth	4.4 (4.97)	4.4 (5.36)	4.1 (4.59)	4.2 (5.59)	4.7 (5.37)	4.6 (5.20)	0.8 (3.67)	0.9 (3.70)	1.0 (3.31)	0.9 (3.47)	0.7 (4.04)	0.8 (3.96)

Note: N = sample size. T1 = Time 1, T2 = Time 2. FertiEduc = fertility education information.