Author(s) and Year	Outcome Type	Indicator	Outcome [95% CI]
1_distribution			
Secher (2012)	3_knowledge transfer	Low back pain / physical activity	−0.05 [−0.45, 0.36]
	3_knowledge transfer	Low back pain / bed rest	0.11 [−0.28, 0.50]
	3_knowledge transfer	Recognising depression	1.09 [0.71, 1.47]
	3_knowledge transfer	Treatment of depressive patients	0.97 [0.60, 1.35]
	3_knowledge transfer	Blood pressure measurement	0.26 [−0.15, 0.67]
	3_knowledge transfer	Statins in primary prevention	−0.41 [−1.02, 0.20]
	3_knowledge transfer	Statins in secondary prevention	−0.47 [−1.24, 0.30]
	3_knowledge transfer	Myocardial infarct	−0.18 [−0.71, 0.35]
	3_knowledge transfer	Use of statin	−0.37 [−0.91, 0.17]
Shah (2014)	5_patient level	Low back pain / X−ray	−0.01 [−0.04, 0.01]
	2_prescription	Low back pain / imaging	−0.31 [−0.64, 0.01]
Random Effect Model for Distribution			*0.09 [−0.23, 0.40]*
2_educational meeting			
French (2013)	3_knowledge transfer	Hypertension / At−goal BP	0.82 [0.28, 1.36]
	3_knowledge transfer	Lifestyle counselling in hypertension	1.06 [0.56, 1.55]
	3_knowledge transfer	Hypertensive medication adjustment	1.31 [0.81, 1.81]
	3_knowledge transfer	Hypertensive medication adjustment	1.07 [−1.21, 3.34]
Kiessling (2011)	5_patient level	Hypertensive medication adjustment	0.96 [−0.06, 1.99]
Mallen (2017)	5_patient level	Disease Prevention Score	0.18 [−0.05, 0.41]
Soler (2010)	1_diagnostic behaviour	Hypertension / concurrent drugs	0.44 [0.37, 0.50]
	1_diagnostic behaviour	Hypertension / diuretics	0.10 [0.01, 0.19]
	1_diagnostic behaviour	Coronary heart disease / beta−blockers	−0.01 [−0.13, 0.11]
	1_diagnostic behaviour	Diabetes / agents acting	−0.08 [−0.13, −0.02]
Verbiest (2014)	4_counselling	Eye examination	0.34 [0.16, 0.51]
Vidal−Pardo (2013)	1_diagnostic behaviour	COPD classification	−0.02 [−0.12, 0.07]
	1_diagnostic behaviour	Forced spirometry	0.01 [−0.03, 0.06]
	1_diagnostic behaviour	Blood gases	−0.03 [−0.19, 0.13]
	1_diagnostic behaviour	Chest X−rays	0.03 [−0.03, 0.08]
	1_diagnostic behaviour	Glycated haemoglobin measurement	−0.07 [−0.26, 0.11]
	1_diagnostic behaviour	BP measurement	0.18 [0.11, 0.24]
	1_diagnostic behaviour	Monitoring for blood pressure	−0.07 [−0.22, 0.09]
	1_diagnostic behaviour	LDL measurement	0.10 [−0.03, 0.23]
	1_diagnostic behaviour	Monitoring for high cholesterol	0.11 [−0.02, 0.24]
	1_diagnostic behaviour	Recommendation of physical exercise	0.08 [−0.16, 0.31]
Random Effect Model for Educational Meeting			*0.18 [0.06, 0.31]*
3_diverse single methods			
Arts (2017)	2_prescription	Micro−albuminuria measurement	−0.08 [−0.31, 0.15]
Dormuth (2012)	2_prescription	Cardiovascular death	0.42 [0.34, 0.50]
	2_prescription	Diagnosis of a cardiac arrest	0.23 [0.14, 0.32]
Ennis (2015)	1_diagnostic behaviour	First action to take	0.57 [0.49, 0.65]
	1_diagnostic behaviour	Compression depth	0.56 [0.50, 0.62]
	1_diagnostic behaviour	Compression frequency	0.54 [0.49, 0.59]
	1_diagnostic behaviour	Compression ventilation ratio	0.59 [0.52, 0.66]
	1_diagnostic behaviour	Volume for ventilation	0.63 [0.57, 0.68]
	1_diagnostic behaviour	Recovery position	0.64 [0.58, 0.70]
	1_diagnostic behaviour	External defibrillator use	0.62 [0.57, 0.67]
	1_diagnostic behaviour	External defibrillator pads	0.26 [0.19, 0.33]
	1_diagnostic behaviour	Apply of eGFR	0.57 [0.52, 0.63]
	1_diagnostic behaviour	Apply of PTH	0.52 [0.46, 0.58]
Random Effect Model for diverse single methods			*0.48 [0.38, 0.58]*
4_educational meeting+audit/feedback			
Bonds (2009)	5_patient level	Apply of Calcium	−0.05 [−0.31, 0.20]
	4_counselling	Apply of Phosphorus	0.15 [−0.18, 0.48]
	2_prescription	Apply of CO2	0.25 [−0.15, 0.65]
	2_prescription	Apply of Hemoglobin	0.12 [−0.62, 0.85]
	2_prescription	Apply of TSAT	0.09 [−0.77, 0.95]
Peters−Klimm (2009)	5_patient level	Diastolic blood pressure	−0.35 [−0.95, 0.24]
Sipilä (2011)	2_prescription	Micro−albuminuria measurement in elderly	−0.01 [−0.09, 0.08]
	2_prescription	Foot examination	0.02 [−0.06, 0.10]
	2_prescription	Antidepressant	0.07 [−0.02, 0.16]
	2_prescription	Referral to mental healthcare	−0.07 [−0.24, 0.10]
Valles−Fernandez (2012)	1_diagnostic behaviour	Apply of 25−D	0.23 [0.19, 0.28]
	5_patient level	Physical Functioning	0.36 [0.32, 0.41]
	5_patient level	Systolic blood pressure	0.21 [0.17, 0.25]
Random Effect Model for Educ. Meeting + Audit			*0.11 [0.02, 0.21]*
5_diverse double methods			
Aaakhus (2016)	3_knowledge transfer	Adherence Score	0.48 [−0.18, 1.14]
Franx (2014)	2_prescription	AF treatment	0.43 [0.18, 0.67]
	1_diagnostic behaviour	BMI assessed	−0.01 [−0.11, 0.09]
Grunfeld (2013)	1_diagnostic behaviour	Pain intensity	0.32 [−0.08, 0.71]
Romera (2013)	1_diagnostic behaviour	Apply of LDL−C	0.39 [0.02, 0.75]
	2_prescription	Apply of Urine panel	0.31 [−0.03, 0.66]
Random Effect Model for diverse double methods			*0.27 [0.07, 0.46]*
6_multifaceted (+2 methods)			
Harris (2015)	1_diagnostic behaviour	Waist assessed	0.11 [0.05, 0.17]
	1_diagnostic behaviour	Blood Pressure assessed	0.09 [−0.06, 0.25]
	1_diagnostic behaviour	Alcohol use assessed	−0.02 [−0.04, 0.01]
	1_diagnostic behaviour	Smoking assessed	0.21 [0.12, 0.30]
	1_diagnostic behaviour	Cholesterol assessed	0.07 [0.05, 0.09]
	1_diagnostic behaviour	Blood glucose assessed	−0.06 [−0.09, −0.03]
	1_diagnostic behaviour	Framingham assessed	−0.05 [−0.15, 0.05]
	1_diagnostic behaviour	Smoking assessed	0.26 [0.22, 0.30]
Sinnema (2015)	1_diagnostic behaviour	Recognition of Anxiety/Depression	0.48 [0.24, 0.72]
Random Effect Model for multifaceted			*0.11 [0.01, 0.20]*
Random Effect Model for All Outcomes			0.22 [0.15, 0.29]