

Study or Subgroup	Experimental			Control			Weight	Std. Mean Difference IV, Random, 95% CI	Std. Mean Difference IV, Random, 95% CI
	Mean	SD	Total	Mean	SD	Total			
Ganmaa 2017	20.7	3.1	190	21.2	3.3	200	21.9%	-0.16 [-0.35, 0.04]	
Martineau 2011	21.29	2.72	62	21.18	2.75	64	14.9%	0.04 [-0.31, 0.39]	
Mily 2015	47	9.5	62	45.6	7.7	64	14.8%	0.16 [-0.19, 0.51]	
Nursyam 2006	17.88	1.79	34	18.77	2.47	33	10.3%	-0.41 [-0.89, 0.08]	
Salahuddin 2013	3.75	3.28	119	2.61	3.45	119	19.1%	0.34 [0.08, 0.59]	
Wejse 2009	53.15	38.47	125	48.31	38.47	109	19.0%	0.13 [-0.13, 0.38]	
Total (95% CI)			592			589	100.0%	0.04 [-0.15, 0.24]	

Heterogeneity: Tau² = 0.04; Chi² = 13.10, df = 5 (P = 0.02); I² = 62%
Test for overall effect: Z = 0.42 (P = 0.68)

