

**Supplementary Table 1.** Hand Tremor Questionnaire

	<b>Question</b>	<b>Yes</b>	<b>No</b>	<b>Uncertain</b>
1	Does your hand tremor worsen when you relax your arms?			
2	Does your hand tremor worsen while focusing on something? (e.g., watching TV or talking)			
3	Does your hand tremor worsen (e.g., you can't feel it or realize it is there) when someone looks at you?			
4	Does your tremor in one hand worsen more than in the other hand, or does only one hand show tremor?			
5	Did your hand tremor start to develop on one side only?			
6	Did your tremor in both hands start to develop at similar times?			
7	Currently, are both of your hands shaking similarly?			
8	Does your hand tremor worsen when holding something or stretching your arm?			
9	Does your hand tremor worsen when using chopsticks or a spoon?			
10	Does your hand tremor worsen when you write letters?			
11	Does your hand tremor worsen when holding something? (e.g., a cup or cellular phone)			
12	Does your hand tremor reduce when drinking alcohol, or worsen when sobering up after drinking alcohol?			

This questionnaire was developed to discriminate between Parkinson's disease and essential tremor, and was also aimed at obtaining more-precise information about hand tremor from a subject with Parkinson's disease or essential tremor. Please provide only one answer for each question (using '0' or a tick).