

Lawton IADL Scale

Item and description	<u>score</u>
1. Shopping <input type="checkbox"/> Takes care of all shopping needs independently.....3 <input type="checkbox"/> Shops independently for small purchases2 <input type="checkbox"/> Needs to be accompanied on any shopping trip1 <input type="checkbox"/> Completely unable to shop0	
2. Using public transportation <input type="checkbox"/> Travels independently on public transportation or drives own car4 <input type="checkbox"/> Arranges own travel via taxi, but does not otherwise use public transportation.....3 <input type="checkbox"/> Travels on public transportation when assisted or accompanied by another.....2 <input type="checkbox"/> Travel limited to taxi or automobile with assistance of another1 <input type="checkbox"/> Does not travel at all0	
3. Food preparation <input type="checkbox"/> Plans, prepares, and serves adequate meals independently.....3 <input type="checkbox"/> Prepares adequate meals if supplied with ingredients.....2 <input type="checkbox"/> Heats and serves prepared meals or prepares meals but does not maintain adequate diet1 <input type="checkbox"/> Needs to have meals prepared and served0	
4. Housekeeping <input type="checkbox"/> Maintains house alone with occasion assistance (heavy work).....4 <input type="checkbox"/> Performs light daily tasks such as dishwashing, bed making3 <input type="checkbox"/> Performs light daily tasks, but cannot maintain acceptable level of cleanliness2 <input type="checkbox"/> Needs help with all home maintenance tasks1 <input type="checkbox"/> Does not participate in any housekeeping tasks.....0	
5. Washing laundry <input type="checkbox"/> Does personal laundry completely.....2 <input type="checkbox"/> Launders small items, rinses socks, stockings, etc1 <input type="checkbox"/> All laundry must be done by others0	
6. Using the telephone <input type="checkbox"/> Operates telephone on own initiative; looks up and dials numbers.....3 <input type="checkbox"/> Dials a few well-known numbers.....2 <input type="checkbox"/> Answers telephone, but does not dial.....1 <input type="checkbox"/> Does not use telephone at all.....0	
7. Taking medicine <input type="checkbox"/> Is responsible for taking medication in correct dosages at correct time2 <input type="checkbox"/> Takes responsibility if medication is prepared in advance in separate dosages.....1 <input type="checkbox"/> Is not capable of dispensing own medication.....0	

8. Managing finances

- Manages financial matters independently (budgets, writes checks, pays rent and bills, goes to bank); collects and keeps track of income2
- Manages day-to-day purchases, but needs help with banking, major purchases, etc1
- Incapable of handling money0

Total score

Barthel Index

Item	Score & Description
1. Feeding	0 = unable 5 = needs help cutting, spreading butter, etc. 10 = independent (food provided within reach)
2. Grooming	0 = needs help with personal care 5 = independent face/hair/teeth/shaving (implements provided)
3. Toilet use	0 = dependent 5 = needs some help, but can do something alone 10 = independent (on and off, dressing, wiping)
4. Bathing	0 = dependent 5 = independent (or in shower)
5. Dressing	0 = dependent 5 = needs help, but can do about half unaided 10 = independent (including buttons, zips, laces, etc.)
6. Bowels	0 = incontinent (or needs to be given enemata) 5 = occasional accident (once/week) 10 = continent
7. Bladder	0 = incontinent, or catheterized and unable to manage 5 = occasional accident (max. once per 24 hours) 10 = continent (for over 7 days)
8. Mobility	0 = immobile 5 = wheelchair independent, including corners, etc. 10 = walks with help of one person (verbal or physical) 15 = independent (but may use any aid, e.g., stick)
9. Stairs	0 = unable 5 = needs help (verbal, physical, carrying aid) 10 = independent up and down
10. Transfer	0 = unable – no sitting balance 5 = major help (one or two people, physical), can sit 10 = minor help (verbal or physical) 15 = independent
Total score	

TPIADL form

Task	Time	Score
1. Pictorial-based communication task: finding telephone numbers		<input type="checkbox"/> (1) completed without error and within 30 seconds <input type="checkbox"/> (2) erroneous response within the time limit but corrected after a verbal cue <input type="checkbox"/> (3) not completed with errors within the time limit and unable to correct even following a verbal cue
2. Finance task: finding and counting coins		<input type="checkbox"/> (1) completed without error and within 30 seconds <input type="checkbox"/> (2) erroneous response within the time limit but corrected after a verbal cue <input type="checkbox"/> (3) not completed with errors within the time limit and unable to correct even following a verbal cue
3. Cooking task : finding and reading the ingredients present in food stimulants		<input type="checkbox"/> (1) completed without error and within 30 seconds <input type="checkbox"/> (2) erroneous response within the time limit but corrected after a verbal cue <input type="checkbox"/> (3) not completed with errors within the time limit and unable to correct even following a verbal cue
4. Shopping task: finding two specified food items in an array of food items on a shelf		<input type="checkbox"/> (1) completed without error and within 30 seconds <input type="checkbox"/> (2) erroneous response within the time limit but corrected after a verbal cue <input type="checkbox"/> (3) not completed with errors within the time limit and unable to correct even following a verbal cue
5. Pictorial-based medicine use task: reading the directions on a medicine container		<input type="checkbox"/> (1) completed without error and within 30 seconds <input type="checkbox"/> (2) erroneous response within the time limit but corrected after a verbal cue <input type="checkbox"/> (3) not completed with errors within the time limit and unable to correct even following a verbal cue
	Total score	