

Visit Planning Worksheet for Primary Care Appointments

Next Appointment

Date:

Time:

Provider name:

Labs/tests pre-ordered by primary care provider:

Health Events since the last primary care appointment*

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*Examples: visits to non-VA doctors or hospitals, illnesses, changes patient to health regimen
If you completed the [Patient Event Log \[hyperlinked\]](#), bring it with you to the appointment.

My questions for my primary care team:

Some Common Topics	
▪ Symptoms	
▪ Using medicines	
▪ Medication side effects	
▪ High sugars	
▪ Low sugars	
▪ Controlling blood pressure	
▪ Quitting smoking	
▪ Healthy eating	
▪ Physical activity	
▪ What might happen in the future	
▪ Getting things done at the VA	
▪ Referrals or consults	

Information I will bring from home:

- Blood sugar log
- Blood pressure log
- Medication list or log
- Notes or results from non-VA medical visits
- Other:

Role I would like my Care Partner to play in my visit (if Care Partner is coming to appointment with me):