Low toxicity and accumulation of zinc oxide nanoparticles in mice after 270-day consecutive dietary supplement

Jia-Hui Liu,^{a,b} Xin Ma,^c Yingying Xu,^a Huan Tang,^a Sheng-Tao Yang,^a Yi-Fan Yang,^c Dong-Dong Kang,^c Haifang Wang^{*c} and Yuanfang Liu^{*a}

^aBeijing National Laboratory for Molecular Sciences, College of Chemistry and Molecular

Engineering, Peking University, Beijing 100871, China

^bBeijing Key Laboratory of Bioprocess, College of Life Science and Technology, Beijing

University of Chemical Technology, Beijing 100029, China

^cInstitute of Nanochemistry and Nanobiology, Shanghai University, Shanghai 200444, China

1. Bioaccessiblity of Zn in animal food by the RIVM method

The RIVM method was used to assess the Zn bioaccessibility of animal food containing ZnO NPs, ZnO MPs, and Zinc ion, respectively. The animal food (0.1 g) was used in this in vitro digestion. The constituents and concentrations of all synthetic juices are shown in Table S1. All digestive juices were heated to 37 °C before digestion. The digestions were carried out in a Tabletop Orbital Shaker (SPH-100B, Shanghai Shiping Laboratory Equipment Co., LTD, China) at 100 rpm. The pH values of the digestive juices were adjusted with NaHCO₃ (1M) or HCl (37% w/w). Digestion started by introducing 4 mL gastric juice into 0.1 g animal food. The mixture was adjusted to pH 1.3 ± 0.2 and shaked for 2 h. After that, 4 mL duodenal juice, 2 mL bile juice were added. The mixture was adjusted to pH 6.5 ± 0.2 , and shaked for another 2 h. Then, the mixture was centrifuged at 3000 g for 10 min (MIKRO 200R, Hettich, Germany). Finally, 0.5 mL of the supernatant was used to determine Zn concentration by an atomic absorption spectroscopy (900T, PerkinElmer, USA) after digestion with 1 mL HNO₃ and 1 mL H₂O₂, and diluted to 2% HNO₃ solution. The Zn bioaccessibility in animal food was calculated following the completion of intestinal phase extraction according to the following equation:

Zn bioaccessibility (%)= Zn in supernatant/ total Zn×100

where Zn in supernatant is Zn (μ g) extracted from 0.1 g of sample, and total Zn is Zn (μ g) in 0.1 g animal food.

Table S1. Composition of the synthetic juices for the in vitro digestion model (Amounts based on 1000 mL of juice) with minor modification (R. Peters, E. Kramer, A. G. Oomen, Z. E. Herrera Rivera, G. Oegema, P. C. Tromp, R. Fokkink, A. Rietveld, H. J. P. Marvin, S. Weigel, A. A. C. M. Peijnenburg, H. Bouwmeester, *ACS Nano* **2012**, 6, 2441).

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	Gastric juice	Duodenal juice	Bile juice	
	PH 1.3±0.1	pH 8.1±0.1	pH 8.2±0.1	
Inorganic	2752 mg NaCl	7012 mg NaCl	5259 mg NaCl	
constituents	$306 \text{ mg NaH}_2\text{PO}_4 \cdot \text{H}_2\text{O}$	3388 mg NaHCO ₃	5785 mg NaHCO ₃	
	824 mg KCl	80 mg KH ₂ PO ₄	376 mg KCl	
	302 mg CaCl ₂	564 mg KCl	150 µL HCl(37%)	
	6.5 mL glucose	50 mg	250 mg urea	
		MgCl ₂ ·6H ₂ O		
	650 mg glucose	180 µL HCl(37%)	167.5 mg CaCl ₂	
organic	20 mg glucuronic acid			
constituents	85 mg urea	100 mg urea	1.8 g BSA	
	330 mg	151 mg CaCl ₂	30 g bile	
	glucosaminhydrochloride			
	1 g BSA	1 g BSA	milli-Q water	
	2.5g pepsin	4.5 g pancreatin		
	3 g mucin	1.5 g lipase		
	milli-Q water	milli-Q water		
		sodium carbonate solution		
			84.7 g NaHCO ₃	
			milli-Q water	

Table S2. Zn bioaccessibility of food replenished with Zn ion, ZnO-NP and ZnO-MP by the RIVM method.

	Gastric		Intestine		
Sample	Dissolved content	Bioaccessibility	Dissolved content	Bioaccessibility	
	$(\mu g / 0.1g)$	(%)	$(\mu g/0.1g)$	(%)	
Zinc ion	119.9±5.3	74.9	15.9 ± 2.0	9.9	
ZnO-NP	104.0 ± 1.1	65.0	15.1 ± 1.8	9.4	
ZnO-MP	110.5 ± 2.0	69.1	15.3 ± 1.2	9.5	

2. XRD patterns of ZnO particles



Fig. S1 XRD spectra of ZnO NPs and ZnO MPs.



3. TEM images of ZnO particles separated from the animal food samples

Fig. S2 The morphology and size of ZnO-NPs and ZnO-MPs separated from the animal food. (A&B) TEM images of ZnO-NPs; (C&D) TEM images of ZnO-MPs; (E) EDS data confirming the chemicals from image B; (F) EDS data confirming the chemicals from image D.

- 4. Ultra-thin pathological photos of stomach of female mice

Fig. S3 Representative ultra-thin pathological photos of stomach of female mice after270 days consecutive zinc dietary supplement. (A) control group, (B) Zn ion group,(C) ZnO-NPs group, (D) ZnO-MPs group. The scale bar is 2.5 μm.



5. Copper distribution in mice after exposed to zinc oxide particles and zinc ion

Fig. S4 Copper contents in tissues in the control, Zn ion, ZnO-NPs, and ZnO-MPs mice after 270 days consecutive exposure to zinc oxide particles or zinc ion (n=5). p<0.05, compared to the control. (A) female mice; (B) male mice.

The consumption of excessive zinc ion increased the copper content in stomach in male mouse, but decreased the copper content in intestine in female mouse. However, the exposure of ZnO-NPs and ZnO MPs didn't influence the copper distribution in mice.