

**Appendix 1.** Search strategy for barriers and facilitators to engagement with RMT.

<b>Search line</b>	<b>Search terms</b>	<b>Filtered by</b>
1	Exp Telemedicine/	Title/Abstract
2	((remot\$ or distance\$) adj5 (monitor\$ or sens\$ or track\$ or check\$))	Title/Abstract
3	(mobil\$ adj3 (comput\$ or techno\$ or health\$ or devic\$))	Title/Abstract
4	(m-health or mhealth or ((digital\$ or pervas\$) adj2 health\$))	Title/Abstract
5	((1 or 2 or 3 or 4) adj5 (facilitat\$ or barrier\$ or challenge\$ or engag\$ or accept\$ or feasib\$))	Title/Abstract