

study

(verb)

The act of texting, eating
and watching TV with an
open textbook nearby.

What are you doing?

When are you doing it?

1

What are you doing?

- Discuss with your neighbor:
 - How you have been preparing for the class so far?
 - How do you typically prepare for exams?

2

What are you doing?

- Discuss with your neighbor:
 - How you have been preparing for the class so far?
 - How do you typically prepare for exams?

3

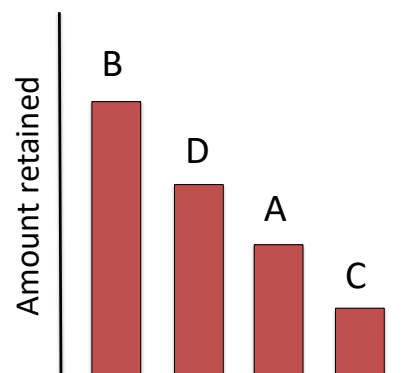
Rank these studying methods from least useful to most useful in terms of how much you will retain of what you learned

A – reading a textbook

B – answering questions (self-testing)

C – listening to a lecture

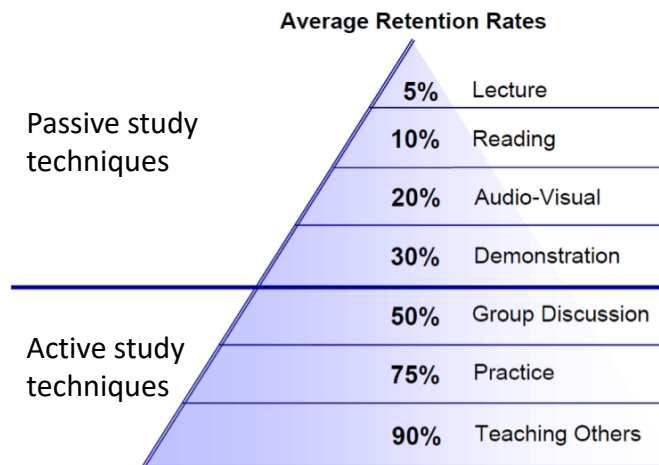
D – discussing with your classmates



Self-testing is key!

4

The Learning Pyramid*



*Adapted from National Training Laboratories, Bethel, Maine

5

Effective Self-Testing Techniques

- Answering practice questions
- Recalling course concepts from memory
- Explaining course concepts to classmates (or yourself)

- Self-testing reveals what you truly know and what you truly don't

6

When are you doing it?

- How do you typically prepare for a quiz?

7

When are you doing it?

2016 APRIL

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6 HW 1 due	7	8	9
10	11	12 STUDY!!	13 Quiz 1	14	15	16

8

When are you doing it?

2016 APRIL						
SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3 Study	4 Study	5 Study	6 HW 1 due	7 Study	8	9
10 Study	11 Study	12 Study	13 Quiz 1	14	15	16

When are you doing it?

- **Schedule** your studying
 - Using google calendar, other apps

Send yourself reminders before exams, HW due dates

Ask yourself:

- Do you utilize self-testing?
- Are you taking an active role in your studying?
- Are you spacing out your studying?

11

Specific Ways to Practice?

- **In lecture!!!**
- Weekly HW
- Practice Quiz

12