

Supporting File 2. Pre- and Post-Survey Study Skills Items

Adapted from Morehead, Rhodes, & DeLozier (2016) and Kornell & Bjork (2007)

Pre-Survey

1. Which of the following best describes your study patterns?
 - I most often space out my study sessions over multiple days/weeks
 - I most often do my studying right before the test
2. Select the top 3 study strategies you use most regularly. Please select **ONLY 3**.
 - Test yourself with questions or practice problems
 - Use flashcards
 - Reread chapters, articles, notes, etc.
 - Underlining or highlighting while reading
 - Recopy your notes word-for-word
 - Condensing/Summarizing your notes
 - Recopy your notes from memory
 - Make diagrams, charts, or pictures
 - Study with friends
 - Absorbing lots of information the night before the test
 - Watch/listen to recorded lessons either by instructor or from outside source (Khan Academy, Youtube, etc.).
 - Other
3. When studying, how do you generally decide what class to study for first? (open-ended)

Post-Survey

1. Which of the following best describes your study patterns **for this course**?
 - I most often space out my study sessions over multiple days/weeks
 - I most often do my studying right before the test
2. Select the top 3 study strategies you use most regularly **in this course this quarter**. Please select **ONLY 3**.
 - Test yourself with questions or practice problems
 - Use flashcards
 - Reread chapters, articles, notes, etc.
 - Underlining or highlighting while reading
 - Recopy your notes word-for-word
 - Condensing/Summarizing your notes
 - Recopy your notes from memory
 - Make diagrams, charts, or pictures
 - Study with friends
 - Absorbing lots of information the night before the test
 - Watch/listen to recorded lessons either by instructor or from outside source (Khan Academy, Youtube, etc.).
 - Other
3. When studying, how do you generally decide what class to study for first? (open-ended)