# High ranking learning objectives:

1. Anatomy and Physiology 1. Anatomy and Physiology 2. Neurochemistry 3. Spain Interession (Year I (latel)):  Pain Core 1. Epidemiology, public health and multicultural perspectives Perspectives 1. Epidemiology, public health and multicultural perspectives Pain Core 1. Epidemiology, public health and multicultural perspectives Pain Core 1. Epidemiology, public health and multicultural perspectives Perspectives 1. Epidemiology, public health and multicultural perspectives Perspectives 2. Recognize prevalence and know major sources of chronic pain assessment Perspectives 2. Pain terminology and pain assessment 3.86 4. Know the Dasic properties of psychophysical responses to acute pain in populations 4. Recognize prevalence and know major sources of chronic pain assessment 3. Recognize the socioeconomic costs of pain assessment 3. Pain terminology and pain assessment 3. Pain terminology and pain assessment 3. Know the IASP definition of pain assessment 3. Know the formal definitions of mechanism-based classifications of pain, e.g., nociceptive 3. Approach to the patient with pain 3. Approach to the patient with pain 3. Approach to the patient with pain 4. Know how to construct a pain differential diagnosis and of the relevance of a detailed history to this process 4. Know of the importance of an exam and diagnostic testing to obtain	I. Scientific Foundations of Medicine (Year I):		
Know that higher level nociceptive processing occurs in both the limbic and the somatosensory regions of the brain, connections to basal ganglia may influence behavior 3.57  2. Neurochemistry 2. Neurochemistry 3.29  II. Pain Intersession (Year I (late)):  Pain Core  1. Epidemiology, public health and multicultural perspectives 3.55  • Be able to distinguish between acute and chronic pain 3.93  Know the basic properties of psychophysical responses to acute pain in populations 3.71  • Recognize prevalence and know major sources of chronic pain 3.86  • Recognize the socioeconomic costs of pain 3.57  2. Pain terminology and pain assessment 2. Pain terminology and pain assessment 3.43  • Know the IASP definition of pain 3.86  Know the formal definitions of mechanism-based classifications of pain, e.g., nociceptive 3.86  3. Approach to the patient with pain 3. Approach to the patient with pain 3.45  • Know how to structure the interaction into assessment, diagnosis and treatment 3.79  Know how to construct a pain differential diagnosis and of the relevance of a detailed history to this process 3.86  • Know of the importance of an exam and diagnostic testing to obtain		Basic Neurobiology of Pain pathways	
limbic and the somatosensory regions of the brain, connections to basal ganglia may influence behavior 3.57  2. Neurochemistry 2. Neurochemistry 3.29  II. Pain Intersession (Year I (late)):  Pain Core  1. Epidemiology, public health and multicultural perspectives 3.55  • Be able to distinguish between acute and chronic pain 3.93  • Know the basic properties of psychophysical responses to acute pain in populations 3.71  • Recognize prevalence and know major sources of chronic pain 3.86  • Recognize prevalence and know major sources of chronic pain 3.57  2. Pain terminology and pain assessment 2. Pain terminology and pain assessment 3.43  • Know the IASP definition of pain 3.86  • Know the IASP definition of pain 4.86  • Know the formal definitions of mechanism-based classifications of pain, e.g., nociceptive 3.86  3. Approach to the patient with pain 3. Approach to the patient with pain 3.45  • Know how to construct a pain differential diagnosis and of the relevance of a detailed history to this process 5.86  • Know of the importance of an exam and diagnostic testing to obtain	1. Anatomy and Physiology	1. Anatomy and Physiology	3.15
2. Neurochemistry  1. Epidemiology, public health and multicultural perspectives  Pain Core  1. Epidemiology, public health and multicultural perspectives  Pain Core  1. Epidemiology, public health and multicultural perspectives  Sa.55  Be able to distinguish between acute and chronic pain 3.93  Know the basic properties of psychophysical responses to acute pain in populations 3.71  Recognize prevalence and know major sources of chronic pain 3.86  Recognize the socioeconomic costs of pain 3.57  2. Pain terminology and pain assessment 2. Pain terminology and pain assessment 3.43  Know the IASP definition of pain 5.86  Know the formal definitions of mechanism-based classifications of pain, e.g., nociceptive 3.86  3. Approach to the patient with pain 3.79  Know how to structure the interaction into assessment, diagnosis and treatment 3.79  Know how to construct a pain differential diagnosis and of the relevance of a detailed history to this process 3.86  Know of the importance of an exam and diagnostic testing to obtain	•	limbic and the somatosensory regions of the brain, connections to	2 57
II. Pain Intersession (Year I (late)):  Pain Core  1. Epidemiology, public health and multicultural perspectives  • Be able to distinguish between acute and chronic pain 3.93  • Know the basic properties of psychophysical responses to acute pain in populations 3.71  • Recognize prevalence and know major sources of chronic pain 3.86  • Recognize the socioeconomic costs of pain 3.57  2. Pain terminology and pain assessment 2. Pain terminology and pain assessment 3.86  • Know the IASP definition of pain 3.86  • Know the formal definitions of mechanism-based classifications of pain, e.g., nociceptive 3.86  3. Approach to the patient with pain 3. Approach to the patient with pain 3.79  • Know how to structure the interaction into assessment, diagnosis and treatment 3.79  • Know how to construct a pain differential diagnosis and of the relevance of a detailed history to this process 3.86  • Know of the importance of an exam and diagnostic testing to obtain	2 Neurochemistry		
Pain Core  1. Epidemiology, public health and multicultural perspectives  perspectives  • Be able to distinguish between acute and chronic pain 3.93  • Know the basic properties of psychophysical responses to acute pain in populations 3.71  • Recognize prevalence and know major sources of chronic pain 3.86  • Recognize the socioeconomic costs of pain 3.57  2. Pain terminology and pain assessment 2. Pain terminology and pain assessment 3.43  • Know the IASP definition of pain 3.86  • Know the formal definitions of mechanism-based classifications of pain, e.g., nociceptive 3.86  3. Approach to the patient with pain 3. Approach to the patient with pain 3.45  • Know how to structure the interaction into assessment, diagnosis and treatment 3.79  • Know how to construct a pain differential diagnosis and of the relevance of a detailed history to this process 3.86  • Know of the importance of an exam and diagnostic testing to obtain	•	2. Neurochemistry	3.29
1. Epidemiology, public health and multicultural perspectives  • Be able to distinguish between acute and chronic pain 3.93  • Know the basic properties of psychophysical responses to acute pain in populations 3.71  • Recognize prevalence and know major sources of chronic pain 3.86  • Recognize the socioeconomic costs of pain 3.57  2. Pain terminology and pain assessment 2. Pain terminology and pain assessment 3.43  • Know the IASP definition of pain 5.86  • Know the formal definitions of mechanism-based classifications of pain, e.g., nociceptive 3.86  3. Approach to the patient with pain 3. Approach to the patient with pain 3.45  • Know how to structure the interaction into assessment, diagnosis and treatment 3.79  • Know how to construct a pain differential diagnosis and of the relevance of a detailed history to this process 3.86  • Know of the importance of an exam and diagnostic testing to obtain	ii. Tail intersession (real r (late)).	Dain Core	
### Be able to distinguish between acute and chronic pain  ### Be able to distinguish between acute and chronic pain  ### Know the basic properties of psychophysical responses to acute pain in populations  ### Recognize prevalence and know major sources of chronic pain  ### Recognize the socioeconomic costs of pain  ### 2. Pain terminology and pain assessment  ### Characteristic Company and pain assessment  ### Know the IASP definition of pain  ### Know the formal definitions of mechanism-based classifications of pain, e.g., nociceptive  ### 3.86  ### 3. Approach to the patient with pain  ### Know how to structure the interaction into assessment, diagnosis and treatment  ### Know how to construct a pain differential diagnosis and of the relevance of a detailed history to this process  ### Know of the importance of an exam and diagnostic testing to obtain	1. Enidemiology, public health and multicultural		
<ul> <li>Be able to distinguish between acute and chronic pain         <ul> <li>Know the basic properties of psychophysical responses to acute pain in populations</li> <li>Recognize prevalence and know major sources of chronic pain</li> <li>Recognize the socioeconomic costs of pain</li> <li>Pain terminology and pain assessment</li> <li>Pain terminology and pain assessment</li> <li>Know the IASP definition of pain</li> <li>Know the formal definitions of mechanism-based classifications of pain, e.g., nociceptive</li> <li>Approach to the patient with pain</li> <li>Know how to structure the interaction into assessment, diagnosis and treatment</li> <li>Know how to construct a pain differential diagnosis and of the relevance of a detailed history to this process</li> <li>Know of the importance of an exam and diagnostic testing to obtain</li> <li>Know of the importance of an exam and diagnostic testing to obtain</li> <li>Bable to distinguish percentage of a detailed history to this process</li> <li>Know of the importance of an exam and diagnostic testing to obtain</li></ul></li></ul>	· · · · · · · · · · · · · · · · · · ·	1. Epidemiology, public fledith and multicultural perspectives	2 55
<ul> <li>Know the basic properties of psychophysical responses to acute pain in populations</li> <li>Recognize prevalence and know major sources of chronic pain</li> <li>Recognize the socioeconomic costs of pain</li> <li>Recognize the socioeconomic costs of pain</li> <li>Pain terminology and pain assessment</li> <li>Know the IASP definition of pain</li> <li>Know the formal definitions of mechanism-based classifications of pain, e.g., nociceptive</li> <li>Approach to the patient with pain</li> <li>Know how to structure the interaction into assessment, diagnosis and treatment</li> <li>Know how to construct a pain differential diagnosis and of the relevance of a detailed history to this process</li> <li>Know of the importance of an exam and diagnostic testing to obtain</li> </ul>	•	Polable to distinguish between acute and chronic nain	
pain in populations Recognize prevalence and know major sources of chronic pain 3.86 Recognize the socioeconomic costs of pain 3.57  2. Pain terminology and pain assessment C. Pain terminology and pain assessment Know the IASP definition of pain Know the formal definitions of mechanism-based classifications of pain, e.g., nociceptive 3.86 Approach to the patient with pain Know how to structure the interaction into assessment, diagnosis and treatment Know how to construct a pain differential diagnosis and of the relevance of a detailed history to this process Know of the importance of an exam and diagnostic testing to obtain	•	·	3.33
Recognize prevalence and know major sources of chronic pain 3.86 Recognize the socioeconomic costs of pain 3.57  Pain terminology and pain assessment 2. Pain terminology and pain assessment 3.43  Know the IASP definition of pain 3.86 Know the formal definitions of mechanism-based classifications of pain, e.g., nociceptive 3.86  Approach to the patient with pain 3. Approach to the patient with pain 3.45  Know how to structure the interaction into assessment, diagnosis and treatment 3.79  Know how to construct a pain differential diagnosis and of the relevance of a detailed history to this process 3.86 Know of the importance of an exam and diagnostic testing to obtain	•		3 71
<ul> <li>Recognize the socioeconomic costs of pain</li> <li>Pain terminology and pain assessment</li> <li>Know the IASP definition of pain</li> <li>Know the formal definitions of mechanism-based classifications of pain, e.g., nociceptive</li> <li>Approach to the patient with pain</li> <li>Know how to structure the interaction into assessment, diagnosis and treatment</li> <li>Know how to construct a pain differential diagnosis and of the relevance of a detailed history to this process</li> <li>Know of the importance of an exam and diagnostic testing to obtain</li> </ul>	•	· · · ·	
<ul> <li>2. Pain terminology and pain assessment</li> <li>Know the IASP definition of pain</li> <li>Know the formal definitions of mechanism-based classifications of pain, e.g., nociceptive</li> <li>3. Approach to the patient with pain</li> <li>Know how to structure the interaction into assessment, diagnosis and treatment</li> <li>Know how to construct a pain differential diagnosis and of the relevance of a detailed history to this process</li> <li>Know of the importance of an exam and diagnostic testing to obtain</li> </ul>	•	- ,	
<ul> <li>Know the IASP definition of pain</li> <li>Know the formal definitions of mechanism-based classifications of pain, e.g., nociceptive</li> <li>Approach to the patient with pain</li> <li>Approach to the patient with pain</li> <li>Know how to structure the interaction into assessment, diagnosis and treatment</li> <li>Know how to construct a pain differential diagnosis and of the relevance of a detailed history to this process</li> <li>Know of the importance of an exam and diagnostic testing to obtain</li> </ul>	2 Pain terminology and pain assessment		
<ul> <li>Know the formal definitions of mechanism-based classifications of pain, e.g., nociceptive</li> <li>Approach to the patient with pain</li> <li>Approach to the patient with pain</li> <li>Know how to structure the interaction into assessment, diagnosis and treatment</li> <li>Know how to construct a pain differential diagnosis and of the relevance of a detailed history to this process</li> <li>Know of the importance of an exam and diagnostic testing to obtain</li> </ul>	•	21	
pain, e.g., nociceptive  3.86  3. Approach to the patient with pain  5. Approach to the patient with pain  Know how to structure the interaction into assessment, diagnosis and treatment  Know how to construct a pain differential diagnosis and of the relevance of a detailed history to this process  Know of the importance of an exam and diagnostic testing to obtain	•	·	3.80
<ul> <li>3. Approach to the patient with pain</li> <li>Know how to structure the interaction into assessment, diagnosis and treatment</li> <li>Know how to construct a pain differential diagnosis and of the relevance of a detailed history to this process</li> <li>Know of the importance of an exam and diagnostic testing to obtain</li> </ul>	•		3 86
<ul> <li>Know how to structure the interaction into assessment, diagnosis and treatment</li> <li>Know how to construct a pain differential diagnosis and of the relevance of a detailed history to this process</li> <li>Know of the importance of an exam and diagnostic testing to obtain</li> </ul>	3 Approach to the nationt with pain	1 . 0.	
<ul> <li>and treatment</li> <li>Know how to construct a pain differential diagnosis and of the relevance of a detailed history to this process</li> <li>Know of the importance of an exam and diagnostic testing to obtain</li> </ul>	•		3.43
<ul> <li>Know how to construct a pain differential diagnosis and of the relevance of a detailed history to this process</li> <li>Know of the importance of an exam and diagnostic testing to obtain</li> </ul>	•	· · · · · · · · · · · · · · · · · · ·	3 79
relevance of a detailed history to this process  • Know of the importance of an exam and diagnostic testing to obtain	•		3.73
Know of the importance of an exam and diagnostic testing to obtain		,	2 26
	•	· · · · · · · · · · · · · · · · · · ·	3.80
an accurate diagnosis 3 93		an accurate diagnosis	3.93
4. Pain Psychophysics and mechanisms 4. Pain Psychophysics and mechanisms 3.31	4. Pain Psychophysics and mechanisms	-	
Be aware of some challenges inherent to evaluating a subjective     3.62	•		

#### phenomenon

5. Behavioral perspectives on pain	5. Behavioral perspectives on pain	3.61
•	Know the non-specific effects of treatment and that it is essential to distinguish response due to improvement by natural history and placebo effects  Be familiar with the prevalence of placebo response, the patient characteristics that influence placebo response and the relevant characteristics of providers	3.43 3.43
•	Demonstrate some understanding how placebo effects occur, e.g., learning, decreased anxiety, expectation and endorphin effects  Know that pain typically has significant effects on behavior including	3.43
•	sleep Know that chronic, severe pain has an impact on psychological	3.79
•	functioning Know that psychosocial factors and co-morbid illness influence pain	3.79
	treatment response	3.79
	Pharmacology	
1. COX inhibitors	1. COX inhibitors	3.44
•	Know the major uses of non-specific COX1/2 inhibitors (NSAIDS) and know that these agents are not effective for the treatment of	
	neuropathic pain	3.57
•	Know the advantages and disadvantages of COX2 inhibitors Recognize that acetaminophen is a COX3 inhibitor and has distinct properties i.e. liver toxicity, analgesia and antipyretic without anti-	3.57
	inflammatory properties	3.57
2. Neuromodulating agents	2. Neuromodulating agents	3.63
•	Know that specific anticonvulsants may be effective in certain pain conditions	3.71
•	Know that anticonvulsants play a major role in adjunctive therapy of many chronic pain states but may have dangerous side effects requiring long-term monitoring	3.71
•	Know that tricyclic antidepressants have been demonstrated over	
	several decades to be effective in the treatment of neuropathic	3.71

## pain, cardiac side effects predominate

•	Know that local anesthetics and other sodium channel agents can	
	be effective against both acute and chronic pain	3.64
•	Know topical application of various agents may be of use in some	
	circumstances	3.57
3. Opioids	3. Opioids	3.76
•	Know that pure opioid agonists, partial opioid agonists and mixed agonist/antagonists are all in clinical use and be able to recognize	
	common members of each class	3.71
•	Know that the administration of a mixed agonist/antagonist as well as an opioid antagonist can induce withdrawal in someone treated	
	with opioid agonists	3.71
•	Know that the efficacy of certain opioids is limited by metabolism in	5.71
	a proportion of the population and recognize strategies to adjust	
	medications appropriately	3.64
•	Know the dose limiting side effects of the major opiates and	
	recognize appropriate strategies to address those side effects	3.79
•	Know the symptoms of opiate overdose	3.86
•	Be familiar with the classification system for controlled substances	
	and recognize that combination narcotic analgesics have a lower	
	level of control on their use	3.86
4. Applied basic science/drug development	4. Applied basic science/drug development	2.59
	Clinical Skills	
1. Interview skills	1. Interview skills	3.69
•	Understand basic concepts of pain measurement especially the NRS Know the elements of a detailed pain history, recognize that	3.57
	patients may have multiple painful conditions, details are required	
	for each	3.79
•	Understand the difference between spontaneous and evoked pain	3.57
•	Demonstrate the ability to obtain detailed information about a pain	2 = 1
	condition	3.71
•	Demonstrate the ability to collaborate with the patient in obtaining	3.64

	pain ratings	
•	Exhibit empathetic responses to a patient with pain as a primary	
	complaint	3.86
2. Exam skills	2. Exam skills	3.82
•	Understand the primacy of examining the body part that hurts	3.79
•	Understand the concept of pain behavior	3.79
•	Demonstrate communication with a patient while examining a	
	painful part	3.86
•	Be able to identify the major exam features that typify painful parts,	
	e.g. tumor	3.79
•	Know how to document the examination of a patient with pain	3.86
•	Be aware of basic findings for major pain conditions e.g.	
	radiculopathy, arthritis	3.86
3. Assessment decisions and treatment decisions	3. Assessment decisions and treatment decisions	3.46
•	Know that multidisciplinary care includes medical care,	
	interventions, rehabilitation, and clinical psychology but recognize	
	that communication is essential and referral does not complete a	
	physician's responsibility to the patient	3.69
•	Know that appropriate assessment tools may include electro-	
	diagnostic studies, bloodwork, imaging e.g., MRI, CT, PET and bone	
	scan; Demonstrate sufficient knowledge to describe the basic	2.54
	characteristics of these tests to a patient [SIDE BAR: fMRI]	3.54
•	Know that treatment decisions require knowledge of the disease	3.62
4. Team communication	and the patient.  4. Team communication	
4. Team communication		3.51
•	Know that care of chronic pain patients requires a multi-disciplinary approach	3.69
•	••	
•	Know the disciplines most often involved in caring for pain patients	3.62
•	Demonstrate effective strategies for written communication with other specialists	3.38
•	Recognize the central importance of documenting pain assessment	5.58
•	and re-assessment	3.54
•	Demonstrate awareness of the need to document substance abuse	3.62
	Demonstrate awareness of the need to document substance abuse	3.02

#### assessment

5. Counseling pain patients	5. Counseling pain patients	3.52
•	Know the importance of physician counseling and techniques for	
	communicating	3.62
•	Demonstrate the ability to communicate the importance of	
	collaborative management	3.54
•	Demonstrate effective counseling strategies: collaboration, self-	0.46
	management	3.46
•	Recognize that the ability to counsel appropriately requires	2.46
6. Prescribing skills	knowledge and skill  6. Prescribing skills	3.46
6. Prescribing skills		3.79
•	Correctly complete a model prescription including name, date,	
	formulation, dosing instructions, necessary caveats, amount, refills, signature and identifying information	3.79
•	Demonstrate how to counsel about anticipated or potentially	5.79
•	dangerous side effects	3.86
•	Demonstrate use of appropriate laxative regimen when initiating or	5.00
	continuing opiates	3.71
	Treatment/Management	
1. Medical/Pharmacological	1. Medical/Pharmacological	3.45
•	Recognize that some pain problems are complex and may require	
	poly-pharmacy	3.57
•	Know the relative indications for each of the major classes of	
	analgesic medications	3.57
2. Nerve blocks and stimulation techniques	2. Nerve blocks and stimulation techniques	2.67
3. Surgical management	3. Surgical management	2.79
4. Rehabilitation (including Acupunture)	4. Rehabilitation (including Acupunture)	2.93
5. Clinical Psychological	5. Clinical Psychological	3.27
•	Know that chronic pain influences the psychological characteristics	
	of patients	3.69
	Specific Pain Diseases	
1. Acute and surgical pain	1. Acute and surgical pain	3.40
•	Know that acute pain is very prevalent	3.75

•	Be familiar with strategies for pain management in treatment of sprains and strains	3.83
•	Be able to distinguish the essential features of superficial cutaneous pain from deep somatic pain, e.g., viscerotomes, myotomes, sclerotomes and dermatomes and recognize that referred pain is	
	perceived at a distance from the effected organ	3.62
3. Spine pain	3. Spine pain	3.61
•	Know that multiple structures in the spine are innervated, e.g., bones, discs, nerves, muscles; and that these can all contribute to spine pain	3.69
•	Know the basic pattern of sensory dermatomes, the rationale for testing reflexes and the basic mechanics of the straight leg raise	2.74
•	exam and basic provocative maneuvers for neck pain Be able to discuss differences and similarities in the spine pain arising from herniated discs, epidural abscess and Guillian-Barre	3.71
	syndrome	3.43
5. Neuropathic pain	5. Neuropathic pain	3.43
•	Know the definition of neuropathic pain, recognize the special pharmacology Understand that although neuropathic pain can arise from different levels of the nervous system, some areas are more common as pain	3.64
•	generators  Know properties of common neuropathic phenomena, e.g. carpal tunnel, sciatica	3.43 3.36
6. Oncologic pain	6. Oncologic pain	3.32
•	Be familiar with the WHO pain ladder approach to treatment and recent modifications to that approach advocating entry at a higher step for severe pain	3.64
7. Visceral pain	7. Visceral pain	3.43
•	Know the major structures responsible for visceral pain Know the primary clinical characteristics of visceral pain and some	3.57
	treatments	3.57
8. Musculoskeletal pain	8. Musculoskeletal pain	3.52
•	Know that osteoarthritis (OA) is the most common cause of chronic	3.64

	pain worldwide	
•	Know that multiple modalities of treatment are appropriate for	
	treating osteoarthitis	3.71
•	Know that pharmacological management can use local and systemic	
	agents	3.79
•	Know that surgical intervention may play a critical role in pain relief	
	in OA	3.25
9. Pain in older adults	9. Pain in older adults	3.43
•	Know the basic prevalence of major causes of pain in the older adult	
	population	3.57
•	Be aware that pain processing and pain communication may change	
	with dementing illness	3.50
•	Know that metabolism of some pain-active medications changes	
	with age	3.50
	Pain Challenges	
3. Drug Addiction	3. Drug Addiction	3.55
•	Know the definitions of addiction, tolerance, substance abuse and	
	dependence	3.93
•	Know the fundamental elements of the reward pathways	3.57
•	Be aware of the scope of prescription and non-prescription drug	
	abuse in the U.S.	3.71
•	Be aware of patterns of drug diversion and recent actions by the	
	DEA	3.57
4. Co-morbid illness	4. Co-morbid illness	3.58
•	Know that there is a relationship between pain and depression; and	
	that anxiety syndromes, somatoform disorder and substance abuse	
	impact on pain patients	3.69
•	Know that medical co-morbidities often determine pharmacological	
	treatment of pain	3.67
•	Be aware of the relationship of domestic abuse and chronic pain	3.38
5. Medico-legal, i.e. licensing and documentation	5. Medico-legal, i.e. licensing and documentation	3.38
•	Know the obligations for credentialing and documentation of	
	controlled substances	3.58

•	Know the obligations for treatment of pain and the implications of	
	under-treatment	3.58
•	Recognize appropriate and inappropriate strategies for	
	documenting pain treatment	3.50
6. Pain emergencies	6. Pain emergencies	3.50
•	Be familiar with common pain emergencies in each major organ	
	system	3.67
•	Know the first steps in beginning the evaluation of major pain	
	emergencies including head pain, back pain chest pain, abdominal	
	pain, pelvis pain and limb pain	3.83
7. Cognitively impaired populations	7. Cognitively impaired populations	3.67
•	Know that patients with impaired communication still experience	
	pain	3.83
•	Be familiar with alternative strategies for assessing and treating pain	3.50
8. Complimentary and Alternative Approaches	8. Complimentary and Alternative Approaches (including	
(including acupuncture)	acupuncture)	2.72
9. Ethics of pain treatment and research	9. Ethics of pain treatment and research	3.38
•	Know that experimentation in animals and humans is strictly	
	regulated	3.33
•	Recognize the human right to a reduction of suffering	3.42
III. Clinical Training (Year IV):		
	Advanced topics in Pain Medicine	
1. Clinical skills	1. Clinical skills	3.64
•	Be able to perform rapid and comprehensive pain assessment	3.64
2. Clinical reasoning	2. Clinical reasoning	3.61
•	Formulate a pain differential diagnosis	3.71
•	Exercise newly acquired knowledge of pain through case histories	
	and laboratory work	3.50
3. Core knowledge	3. Core knowledge	3.74
•	Show a foundation knowledge of pain anatomy and physiology	3.64
•	Exhibit knowledge of major pharmacological pain treatments and	
	their side effects	3.79
•	Exhibit knowledge of principal non-pharmacological pain treatments	3.79

4. Critical and cutting edge entities	4. Critical and cutting edge entities	3.38
•	Be familiar with diagnosis and initial management of pain complaints with catastrophic potential, e.g. leg pain/DVT, headache/SAH, chest pain/aortic dissection	3.86
•	Be aware of selected pain conditions that represent the extremes of chronic pain, e.g. CRPS, PHN, phantom pain and trigeminal neuralgia Be aware of literature suggesting that aggressive, early pain	3.43
	management lessens chronic pain	3.50
5. Communication	5. Communication	3.82
•	Demonstrate skills necessary to communicate with patients about	
	pain	3.86
•	Be able to communicate with other healthcare providers about pain	3.79
6. Compassionate care and empathy	6. Compassionate care and empathy	3.93
•	Demonstrate knowledge of and promote compassionate care practices Display empathetic responses to patients with pain as a primary	3.93
	complaint	3.93

Moderately ranking learning objectives:

I. Scientific Foundations of Medicine (Year I):				
			Basic Neurobiology of Pain pathways	
	0.5	1. Anatomy and Physiology	1. Anatomy and Physiology	3.15
		•	Know some specific features of primary afferent neurons involved in	
	3		pain signaling	3.14
	8.5	2. Neurochemistry	2. Neurochemistry	3.29
		•	Understand that descending inhibition is mediated by specific	
			neurotransmitters released in response to excitation of neurons in	
	11		specific supraspinal nuclei	3.29
	12	•	Recognize that descending facilitation of pain processing occurs via	3.29

### distinct neurotransmitters

12.2	II. Pain Intersession (Year I (late)):		
12.4		Pain Core	
	1. Epidemiology, public health and	1. Epidemiology, public health and multicultural perspectives	
12.5	multicultural perspectives		3.55
	•	Recognize that different cultures may ascribe different meaning to	
17		pain	3.36
19	•	Identify initiatives to educate about pain and prevent chronic pain	3.36
19.5	2. Pain terminology and pain assessment	2. Pain terminology and pain assessment	3.43
24	•	Understand basic concepts of pain measurement	3.64
43.2		Pharmacology	
43.5	1. COX inhibitors	1. COX inhibitors	3.44
	•	Know the classifications of major analgesics by specificity of COX	
44		inhibition	3.57
82.5	4. Team communication	4. Team communication	3.51
	•	Identify effective strategies for non-written communication with	
86		other care providers	3.23
95.2		Treatment/Management	
95.5	1. Medical/Pharmacological	1. Medical/Pharmacological	3.45
	•	Demonstrate effective strategies for assessing potential drug	
97		interactions	3.43
118.5	2. Pediatric pain	2. Pediatric pain	3.17
	•	Know that the ability to communicate pain is age dependent and be	
119		familiar with multiple age appropriate pain assessment strategies	3.46
	•	Know that sickle cell disease represents an important pain	
123		management challenge	3.31
126.5	4. Headache	4. Headache	3.17
	•	Know the principle distinguishing characteristics of migraine	
		headache, subarachnoid hemorrhage headache, brain tumor	
127		associate headache and headache of temporal arteritis	3.43
140.5	8. Musculoskeletal pain	8. Musculoskeletal pain	3.52
145	•	Recognize other common causes of bone pain and arthralgias, i.e. RA,	3.21

		Lyme	
145.5	9. Pain in older adults	9. Pain in older adults	3.43
	•	Recognize that some pain treatments elicit specific concerns that	
150		increase with aging	3.29
150.2		Pain Challenges	
150.5	1. Difficult patient, Personality d/o	1. Difficult patient, Personality d/o	3.39
	•	Identify personality characteristics that may be present in difficult	
151		patients	3.43
	•	Identify emotional traits that may characterize difficult patients, e.g.	
152		catastrophizing	3.36
153	•	Understand that chronic pain is a very severe stressor	3.43
	•	Be aware that trait characteristics may change in response to chronic	
154		pain	3.36
	2. Employment issues (impairment and	2. Employment issues (impairment and litigation)	
154.5	litigation)		3.15
	•	Know the definitions of impairment, disability and handicap; know	
155		that there are multiple scales for assessing impairment and disability	3.38
	•	Know that litigation has multiple effects on recovery and response to	
157		pain treatments	3.15

Low ranking learning objectives (for medical students, may be more appropriate to more advanced learners):

I. Scientific Foundations of Medicine (Year I):		
	Basic Neurobiology of Pain pathways	
0.5 1. Anatomy and Physiology	1. Anatomy and Physiology	3.15
•	Know basic properties of multiple classes of primary afferent	
2	neurons	3.00
4 •	Know the organization of the spinal cord into Rexed laminae	3.07
5 •	Know the role of the specific dorsal horn laminae in pain signaling	3.00

	•	Understand that ascending pain transmission occurs by oligo- and poly- synaptic pathways; know key pathway components and that	2.00
6	•	these pathways are under ongoing revision	2.93
_	•	Know the role of major specific nuclei in the brain and brain stem	
8	2.11	controlling descending inhibition and facilitation of pain signals	3.00
8.5	2. Neurochemistry	2. Neurochemistry	3.29
	•	Know the principle neurotransmitters and receptors/molecular	
10		pathways responsible for nociceptive signaling in the dorsal horn	3.21
12.2	II. Pain Intersession (Year I (late)):		
12.4		Pain Core	
	1. Epidemiology, public health and	1. Epidemiology, public health and multicultural perspectives	
12.5	multicultural perspectives		3.55
	•	Know the prevalence of pain in various socioeconomic and ethnic	
16		groups	3.07
19.5	2. Pain terminology and pain assessment	2. Pain terminology and pain assessment	3.43
	•	Know the major historical landmarks in the evolution of	
22		understanding pain	2.64
20	•	Know of and how to apply pain assessment tools used commonly	2.42
23		today	3.43
25	•	Be familiar with a variety of outcome measures used in clinical	2.14
25	•	studies of pain  Be familiar with different strategies for communicating about pain	3.14
26	•	for special populations	3.43
26.5	3. Approach to the patient with pain	3. Approach to the patient with pain	3.45 <b>3.45</b>
20.5	•	Know the Pain Alphabet (De Gowan): Q-quality, R-region, S-severity,	3.43
28	•	T-timing	3.29
20	•	Know the expanded Pain Alphabet: U-usually associated with, V-very	3.23
		much better with, W-worse with, X-expect to treat, Y-as in "you be	
29		nice" and Z-zebras	2.86
_	•	Be familiar with basic strategies for implementing qualitative scales	
30		of pain measurement	3.07
	•	Know some basic guidelines for pain treatment and monitoring for	
33		efficacy, e.g., how to conduct an adequate treatment trial,	3.36
33		emodely, e.g., now to conduct an adequate treatment that,	5.50

# importance of side effect warnings and use of pain diary

33.5	4. Pain Psychophysics and mechanisms	4. Pain Psychophysics and mechanisms	3.31
	•	Know that use of the NRS to measure pain intensity results in valid	
34		stimulus response curve	2.93
	•	Demonstrate insight into the wide variability of individual human	
35		experience of pain	3.43
	•	Understand that various pain modalities produce distinct subjective	
26		sensations best reflected in the words used to describe the quality	2.20
36		of the feeling experienced	3.29
43.2	1. COV inhihitana	Pharmacology 1. COX inhibitors	
43.5	1. COX inhibitors		3.44
4.0	•	Know the metabolism of COX1/2 inhibitors and how this limits their	2.07
46	•	USE	3.07
47	•	Know the major side effects of COX1/2 inhibitors and potential for allergy	3.29
49.5	2. Neuromodulating agents	2. Neuromodulating agents	
49.5	2. Neuromodulating agents	Know that most newer antidepressants do not relieve pain, but	3.63
53	•	selected agents can	3.43
61.5	4. Applied basic science/drug development	4. Applied basic science/drug development	2.59
01.5	•	Know there is a vast research enterprise seeking out novel therapies	2.33
62		for pain	2.57
	•	Be familiar with a variety of outcome measures used in clinical	,
63		studies of pain	2.71
	•	Know that although specific neurotrophic factors are yet to be	
		successful in clinical trials of pain treatment, interest remains high in	
64		neurotrophin signaling and transduction	2.43
	•	Know the major classes of neurotrophic factors relevant to pain and	
65		the basic features of the signaling pathways for each class	2.64
	•	Be aware of recent developments pertaining to cannabinoids, N-	
66		type calcium channels and vanilloid-based (capsaicin) treatments	2.57
66.2		Clinical Skills	
78.5	3. Assessment decisions and treatment	3. Assessment decisions and treatment decisions	3,46

	decisions		
	•	Know some formal models of medical decision-making and	
		recognize that patients often represent a blend of the explicitly	
82		modeled characteristics.	3.00
95.2		Treatment/Management	
95.5	1. Medical/Pharmacological	1. Medical/Pharmacological	3.45
	•	Recognize an appropriate plan to monitor a patient for idiosyncratic	
99		side effects	3.21
99.5	2. Nerve blocks and stimulation techniques	2. Nerve blocks and stimulation techniques	2.67
	•	Know the usual indications for a peripheral nerve block, recognize	
		appropriate agents for injection and outline a strategy to minimize	
100		placebo effects [Evidence-based Medicine]	2.79
	•	Be able to describe the purpose of a sympathetic block and	
101		anticipated results	2.79
102	•	Be able to identify important sites where stimulation techniques can	2.42
102	3. Surgical management	be applied  3. Surgical management	2.43
102.5	3. Surgical management		2.79
103	•	Demonstrate knowledge of some selected surgical procedures for the treatment of pain	2.57
103	•	Know that some forms of surgical management may be highly	2.37
	•	effective for palliative relief of cancer pain but may be less useful for	
104		longer term management	3.00
104.5	4. Rehabilitation (including Acupunture)	4. Rehabilitation (including Acupunture)	2.93
101.3	•	Know the principle modalities of treatment used in the rehabilitative	2.50
105		treatment of pain	3.07
106	•	Know how to write a request for rehabilitation therapies	2.93
	•	Recognize appropriate conservative treatments that can be	
107		recommended to patients	3.14
	•	Be familiar with the NIH consensus statement on acupuncture	
		especially regarding efficacy for specific disorders and the biological	
		effects, know that classic acupuncture is based on traditional	
108		Chinese medicine principles	2.57
108.5	5. Clinical Psychological	5. Clinical Psychological	3.27

	•	Know several clinical psychological methods for the treatment of	
109		chronic pain	3.08
	•	Know that specific clinical psychological treatments have established	
111		efficacy	3.23
	•	Identify psychological factors the effect pain tolerance, thresholds	
112		and behavior	3.08
112.2		Specific Pain Diseases	
112.5	1. Acute and surgical pain	1. Acute and surgical pain	3.40
	•	Recognize the neurobiological, endocrine and metabolic responses	
		to pain/injury, especially segmental/supra-segmental reflexes,	
116		increases in cortisol and catechols	3.08
	•	Know that multiple approaches are used for surgical pain and these	
447		include oral, i.v., local and epidural administration of analgesic and	2.00
117		anti-inflammatory agents	3.08
	•	Be aware of studies showing that pre-medication and rigorous pain control decrease the incidence of chronic pain and improve	
118		functional measures	3.08
118.5	2. Pediatric pain	2. Pediatric pain	3.17
110.5	2. I calatric pain	Know several developmental milestones regarding communication	3.17
120	•	of pain	3.08
121	•	Know the scientific evidence for stress response to pain in neonates	2.77
121	•	Know the scientific evidence for stress response to pair in reoriates  Know that there are methods for the safe pain management in	2.//
122	•	children and infants	3.23
126.5	4. Headache	4. Headache	3.17
120.5	•	Know the indications for episodic vs. prophylactic treatment of	3.17
128		migraine H/A	2.79
	•	Know the indications for emergent evaluation of headache with CT,	,,
129		LP or MRI	3.29
129.5	5. Neuropathic pain	5. Neuropathic pain	3.43
	•	Be aware of special neuropathic phenomena, e.g., CRPS and	
133		trigeminal neuralgia	3.29
133.5	6. Oncologic pain	6. Oncologic pain	3.32
	•	Know the major strategies for cancer pain (by mouth, by the clock,	
135		by the ladder)	3.21

	•	Recognize that alternative strategies for cancer pain management	
136		are available	3.14
	•	Recognize appropriate strategies to monitor for response or excess	
137		side effects	3.29
137.5	7. Visceral pain	7. Visceral pain	3.43
	•	Be able to outline an approach to assessing selected visceral pain	
140		emergencies	3.14
145.5	9. Pain in older adults	9. Pain in older adults	3.43
	•	Be familiar with major changes in pain processing that occur with	
147		normal aging	3.29
150.2		Pain Challenges	
	2. Employment issues (impairment and	2. Employment issues (impairment and litigation)	
154.5	litigation)		3.15
	•	Understand the role of the physician in the disability determination	
156		process	2.92
157.5	3. Drug Addiction	3. Drug Addiction	3.55
	•	Be familiar with strategies for drug testing and drug treatment	
162		contracts	3.36
	•	Know important literature and litigation about pain treatment with	
163		regards to addition	3.14
	5. Medico-legal, i.e. licensing and	5. Medico-legal, i.e. licensing and documentation	
166.5	documentation		3.38
	•	Be familiar with recent legislative and rule-making actions that	
169		impact pain care	2.83
170.5	6. Pain emergencies	6. Pain emergencies	3.50
	•	Demonstrate knowledge of the most common pain emergencies	
173		seen in patients with AIDS	3.00
	8. Complimentary and Alternative	8. Complimentary and Alternative Approaches (including	
175.5	Approaches (including acupuncture)	acupuncture)	2.72
	•	Know some basic information about the major types of CAM	
		including modalities such as acupuncture, meditation, dietary	
176		supplements, manipulative methods and others	2.92
	•	Know that there is literature supporting the efficacy of acupuncture	
177		and other CAM approaches, be familiar with some major principles	2.50

## for designing these studies

	•	Be aware of the prevalence of CAM usage and its health economics	
178		impact	2.75
180.2	III. Clinical Training (Year IV):		
180.4		Advanced topics in Pain Medicine	
186.5	4. Critical and cutting edge entities	4. Critical and cutting edge entities	3.38
	•	Be aware of recent genetic insights into selected pain conditions	
		that illuminate pathophysiological mechanisms, e.g.,	
188		erythromelalgia, congenital insensitivity to pain	2.71