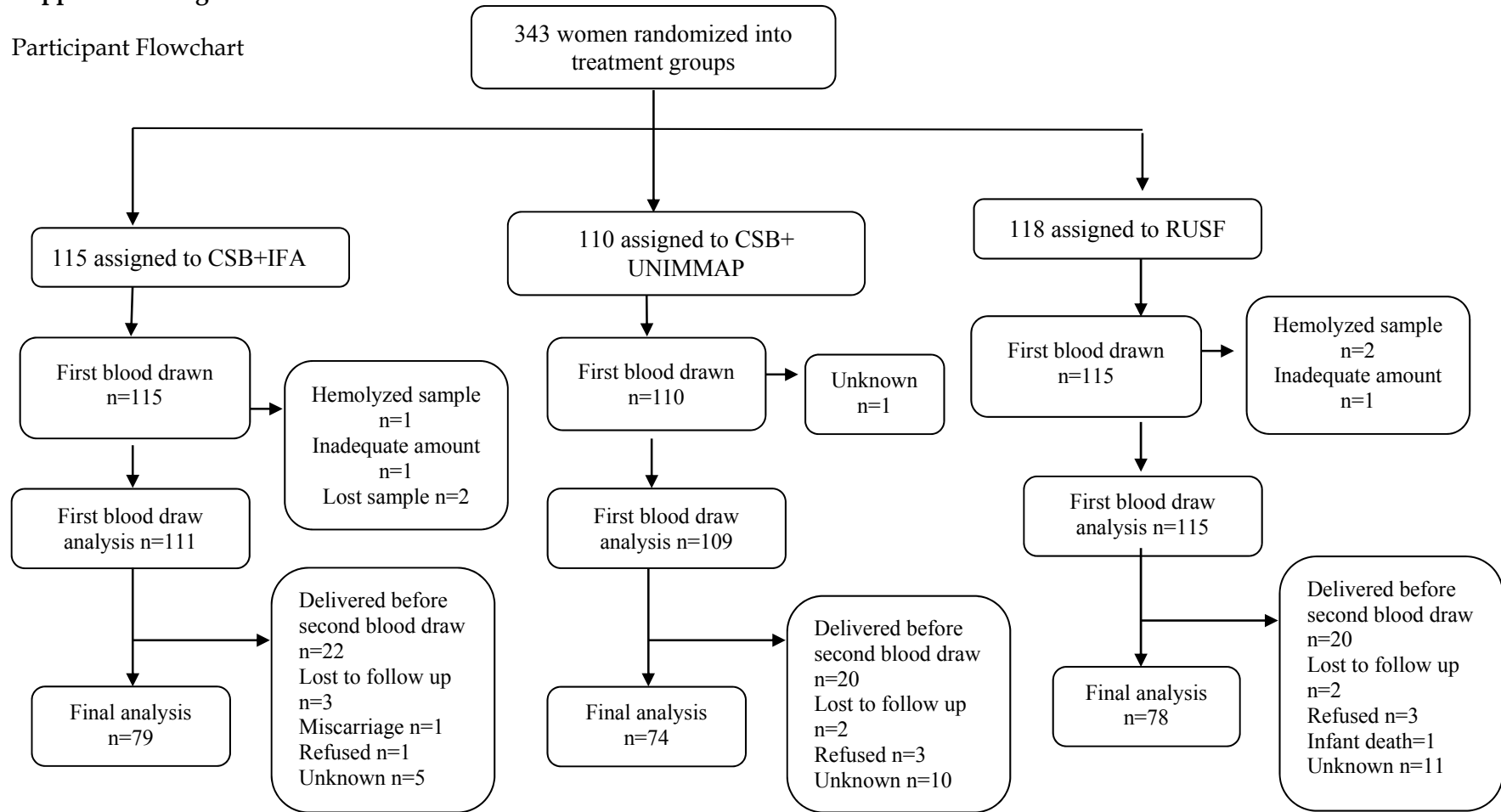


Supplemental Figure 1

Participant Flowchart



Supplemental Table 1

Assays used for analysis of nutrients and proteins

Nutrient/protein	Assay method- CCP ¹	Assay method-PAL ²
Vitamin B ₁₂	ECLIA ³	Chemiluminescence (Beckman Coulter DXI) ⁴
25-hydroxyvitamin D	N/A	Chemiluminescence ⁵ (Liason XL Diasorin)
Folate	ECLIA	N/A
Retinol	Nephelometry ⁶	Chemiluminescence
Ferritin	Electrochemiluminescence Immunoassay (ECLIA) ⁷	Chemiluminescence (Beckman Coulter DXI)
Zinc	Quantitative Inductively Coupled Plasma-Mass Spectrometry ⁸	Plasma-Mass Spectrometry
Albumin	Bromocresol Green (BCG) ⁹	BCG (Beckman Coulter DXI)
C-reactive protein	Immunoturbidimetry ¹⁰	Immunoturbidimetry (Beckman Coulter 5800)

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