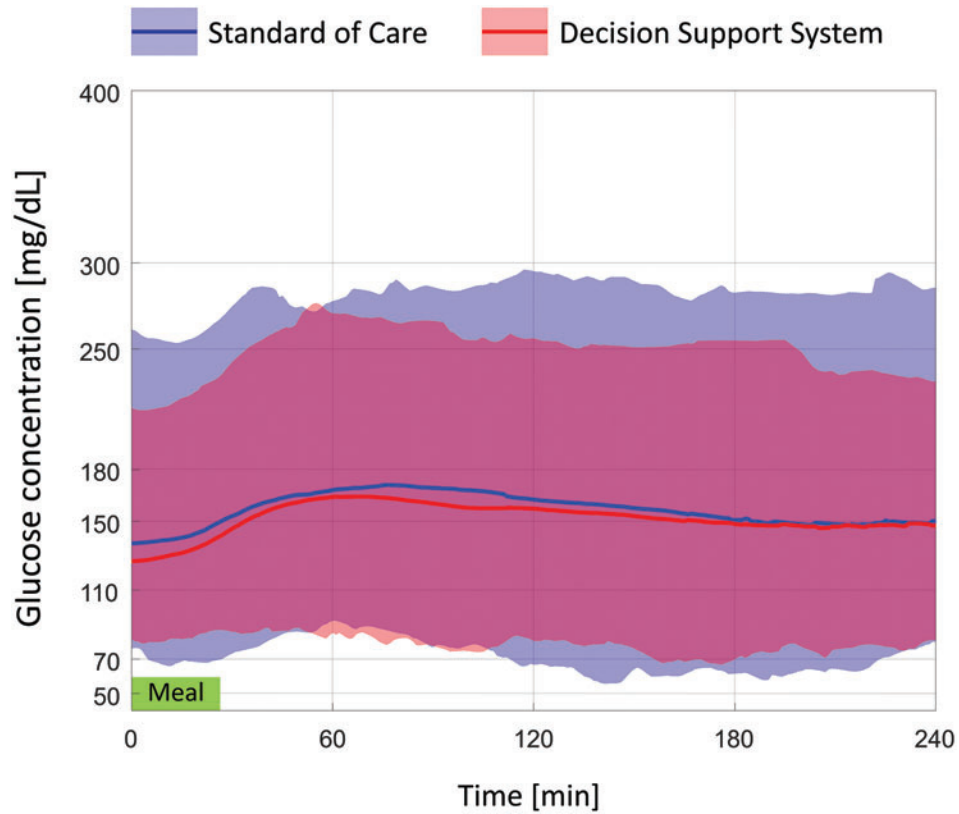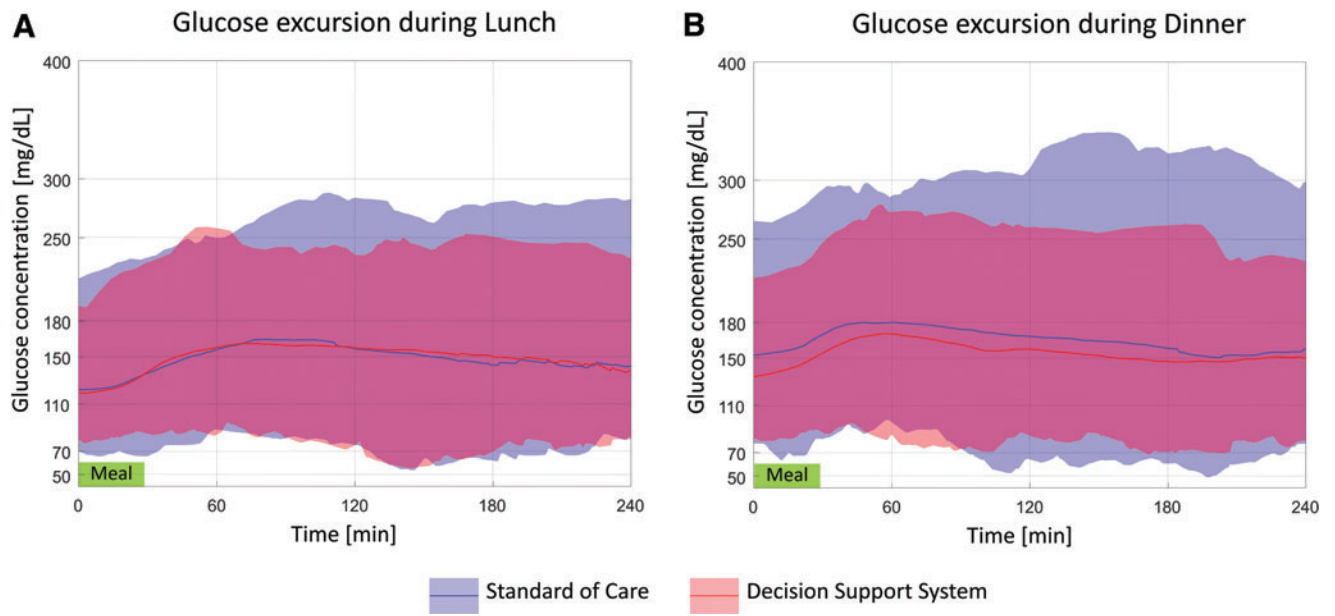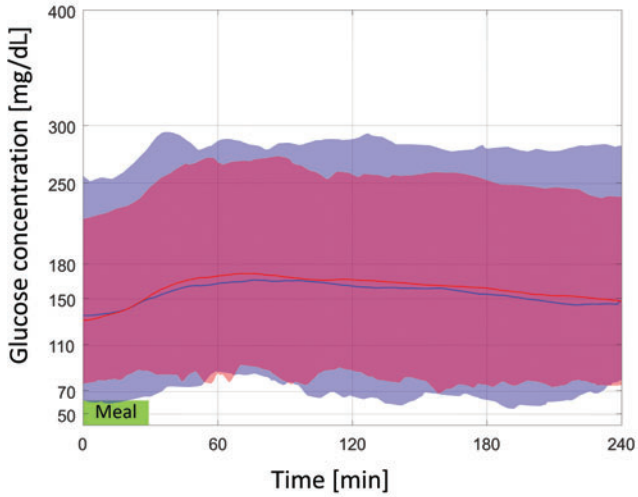# Supplementary Data

SUPPLEMENTARY FIG. S1. Glycemic average (line) and 90th quantile (shaded area) for SoC (blue) and DSS (red), after meals (breakfast is followed by exercise and is therefore not included). DSS, decision support system; SoC, standard of care.
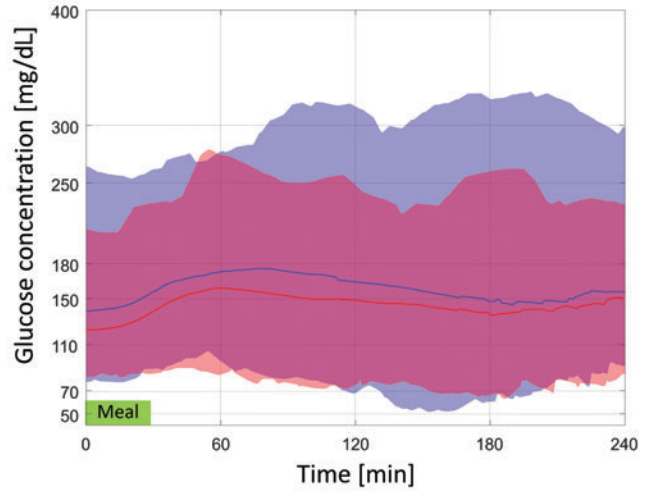
SUPPLEMENTARY FIG. S2. Glycemic average (line) and 90th quantile (shaded area) for SoC (blue) and DSS (red), after lunch **(A)** and dinner **(B)**.

A Glucose excursion during meals with normal fat/protein
B Glucose excursion during meals with high fat/protein

Standard of Care   Decision Support System

SUPPLEMENTARY FIG. S3. Glycemic average (line) and 90th quantile (shaded area) for SoC (blue) and DSS (red), after meal with moderate **(A)** and high **(B)** levels of fats and proteins.