Supplementary Table S1. Composition of the diet fed to the rumen-cannulated Holstein dairy cows. Cows were fed twice a day in a semi-restrictive way (see Methods section and Fig. 1a).

Dietary composition <sup>a</sup>	
Spring barley	217.9
Rape seed cake (12% fat)	221.5
Clover grass silage	303.5
Corn silage	244.8
Sodium Chloride	1.6
Vitamins and minerals	10.2
Chemical composition <sup>1</sup>	
Dry matter content [g/kg] <sup>b</sup>	446
Ash <sup>c</sup>	65
Crude protein <sup>d</sup>	157
Fat <sup>e</sup>	36
Neutral detergent fibre <sup>f</sup>	340

<sup>a</sup> Given in g/kg DM if nothing else is stated. <sup>b</sup> The dry matter concentration was determined by drying the samples for 48 hours at 60°C. <sup>c</sup> Ash was determined by combustion at 525°C for 6 hours. <sup>d</sup> Nitrogen was determined by the Dumas principle as described by Hansen (1) using a Vario MAX CN (Elementar Analysesysteme GmbH, Hanau, Germany), and crude protein was calculated as N x 6.25. <sup>e</sup> Crude fat was measured by Soxhlet extraction with petroleum ether (Soltex 2050, Foss Analytical, Hillerød, Denmark) after hydrolysis with HCl (2). <sup>f</sup> Ash-free neutral detergent fibre was measured by FibertecTM M 6 system (Foss Analytical, Hillerød, Denmark) using heat stable amylase and sodium sulphite as described by Mertens (3).

## References

- 1. Hansen B. 1989. Determination of nitrogen as elementary N, an alternative to Kjeldahl. Acta Agr Scand 39:113-118.
- 2. Stoldt W. 1952. Vorschlag zur Vereinheitlichung der Fettbestimmung in Lebensmitteln. Fette Seifen 54:206-207.
- 3. Mertens DR. 2002. Gravimetric determination of amylase-treated neutral detergent fiber in feeds with refluxing in beakers or crucibles: Collaborative study. J AOAC Int 85:1217-1240.