

**Supplemental Figure 3.** Mean changes in disease activity from baseline in overweight/obese RA patients with a low-moderate disease activity undergoing a scheduled dietetic regimen aiming to weight loss. Patients were divided based on the percentage of reduction of BMI (< or  $\geq$  5%); \*:  $p \leq 0.05$  and \*\*:  $p \leq 0.01$ .

