**Supplement 1.** PRISMA-P (Preferred Reporting Items for Systematic review and Meta-Analysis Protocols) 2015 checklist: recommended items to address in a systematic review protocol\*

Section and topic	Item No	Checklist item	Check results			
ADMINISTRATIVE INFORMATION						
Title:						
Identificatio n	1a	Identify the report as a protocol of a systematic review	Yes Page 1, line 2			
Update	1b	If the protocol is for an update of a previous systematic review, identify as such	N/A			
Registration	2	If registered, provide the name of the registry (such as PROSPERO) and registration number	Yes Page 2, line 35; Page 5, line 26			
Authors:						
Contact	3a	Provide name, institutional affiliation, e-mail address of all protocol authors; provide physical mailing address of corresponding author	Yes Page 1, line 11			
Contribution s	3b	Describe contributions of protocol authors and identify the guarantor of the review	Yes Page 10, line 17			
Amendments	4	If the protocol represents an amendment of a previously completed or published protocol, identify as such and list changes; otherwise, state plan for documenting important protocol amendments	Yes Page 5, line 28			
Support:			_			
Sources	5a	Indicate sources of financial or other support for the review	Yes Page 10, line 24			
Sponsor	5b	Provide name for the review funder and/or sponsor	Yes Page 10, line 24			

Role of sponsor or funder	5c	Describe roles of funder(s), sponsor(s), and/or institution(s), if any, in developing the protocol	Yes Page 10, line 25
INTRODUCTIO	N		
Rationale	6	Describe the rationale for the review in the context of what is already known	Yes Page 4, line 44
Objectives	7	Provide an explicit statement of the question(s) the review will address with reference to participants, interventions, comparators, and outcomes (PICO)	Yes Page 5, line 10
METHODS			
Eligibility criteria	8	Specify the study characteristics (such as PICO, study design, setting, time frame) and report characteristics (such as years considered, language, publication status) to be used as criteria for eligibility for the review	Yes Page 5, line 35
Information sources	9	Describe all intended information sources (such as electronic databases, contact with study authors, trial registers or other grey literature sources) with planned dates of coverage	Yes Page 7, line 1
Search strategy	10	Present draft of search strategy to be used for at least one electronic database, including planned limits, such that it could be repeated	Yes Page 7, line 6
Study records:			
Data management	11a	Describe the mechanism(s) that will be used to manage records and data throughout the review	Yes Page 7, line 39
Selection process	11b	State the process that will be used for selecting studies (such as two independent reviewers) through each phase of the review (that is, screening, eligibility and inclusion in meta-analysis)	Yes Page 7, line 20
Data collection process	11c	Describe planned method of extracting data from reports (such as piloting forms, done independently, in duplicate), any processes for obtaining and confirming data from investigators	Yes Page 7, line 39

Data items	12	List and define all variables for which data will be sought (such as PICO items, funding sources), any preplanned data assumptions and simplifications	Yes Page 7, line 45; Page 7, line 52
Outcomes and prioritization	13	List and define all outcomes for which data will be sought, including prioritization of main and additional outcomes, with rationale	Yes Page 6, line 37
Risk of bias in individual studies	14	Describe anticipated methods for assessing risk of bias of individual studies, including whether this will be done at the outcome or study level, or both; state how this information will be used in data synthesis	Yes Page 8, line 12
Data synthesis	15a	Describe criteria under which study data will be quantitatively synthesised	Yes Page 8, line 44
	15b	If data are appropriate for quantitative synthesis, describe planned summary measures, methods of handling data and methods of combining data from studies, including any planned exploration of consistency (such as $I^2$ , Kendall's $\tau$ )	Yes Page 8, line 56
	15c	Describe any proposed additional analyses (such as sensitivity or subgroup analyses, meta-regression)	Yes Page 9, line 34
	15d	If quantitative synthesis is not appropriate, describe the type of summary planned	Yes Page 9, line 2
Meta-bias(es)	16	Specify any planned assessment of meta-bias(es) (such as publication bias across studies, selective reporting within studies)	Yes Page 9, line 34
Confidence in cumulative evidence	17	Describe how the strength of the body of evidence will be assessed (such as GRADE)	Yes Page 5, line 30

<sup>\*</sup>It is strongly recommended that this checklist be read in conjunction with the PRISMA-P Explanation and Elaboration (cite when available) for important clarification on the items. Amendments to a review protocol should be tracked and dated. The copyright for PRISMA-P (including checklist) is held by the PRISMA-P Group and is distributed under a Creative Commons Attribution Licence 4.0.

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