DAF-21/Hsp90 is required for *C. elegans* longevity by ensuring DAF-16/FOXO isoform A function

Supplementary Information

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Supplementary Figure S1. Effect of DAF-21/Hsp90 knockdown on the development of wild-type and fertility of wild-type and *daf-2* mutant nematodes. *daf-21(RNAi)* causes protruding vulva phenotype (a, white arrow and b, p<0.001) and inhibits oocyte formation (a, white arrow) but no other apparent morphological abnormalities could be detected (a and c, p=0.123). Phenotypic data was analysed using Student's t-test for comparisons in SPSS 15.0 software. The bar graph represents the mean frequency of a phenotype while error bars show the Standard Error of Mean (SEM). *daf-21(RNAi)* employed from hatching (d and f; EGG) results in sterility, while that from the L4 stage (e and g; L4) reduces brood size in both N2 (d and e) and *daf-2(e1370)* (e and f) mutants. Fertility data are given in Supplementary Table S5. (h-i) Full length Western blot related to Fig. 1b.



Supplementary Figure S2. Reduction of DAF-21/Hsp90 capacity limits *daf-2(RNAi)* induced longevity. *daf-21(RNAi)* reduces the extended lifespan of *daf-2(RNAi)* treated N2 worms (p<0.001) but does not change that of *daf-2(RNAi)* fed *daf-16(mu86)* mutants (p=0.521). RNAi treatments were employed from hatching and bacteria were mixed in a 1:1 ratio including the EV strain in single RNAi controls. Lifespan assays were repeated three times. Survival curves were compared using the Kaplan-Meyer log rank test. Lifespan values are given in Supplementary Table S1. EV: empty vector RNAi.



Supplementary Figure S3. DAF-21/Hsp90 knockdown also shortens lifespan in a *daf-16* independent manner. *daf-21(RNAi)* employed from hatching significantly reduces lifespan of wild-type worms (a) (p<0.001 compared to EV) and to a lesser, but still significant extent that of *daf-16(mu86)* (b) (p<0.001 in 3 out of 6 experiments) and *daf-16(mgDf50)* (c) (p<0.001) mutants. Lifespan assays were repeated three times. Survival curves were compared using the Kaplan-Meyer log rank test. Lifespan values are given in Supplementary Table S1. EV: empty vector RNAi.



Supplementary Figure S4. DAF-21/Hsp90 is required for heat shock induced DAF-16A/B nuclear translocation. Representative epifluorescence microscopic images showing the heat shock (35° C, 1 hour) induced nuclear translocation of DAF-16A/B::GFP inhibited by *daf-21(RNAi)* treatment employed either from hatching (a) or from the L4 stage (c). White arrows indicate nuclearly localized GFP. Quantification (mean ± SEM) of DAF-16A/B::GFP localization from three independent experiments, each experiment using 30 animals per condition (b and d). Cytosolic refers to animals without nuclearly localized GFP signal, intermediate refers to animals with nuclear and cytosolic GFP and nuclear refers to animals with solely nuclear GFP signal. Microscopic images are representatives of 3 independent experiments. Statistics were analyzed by ANOVA and are given in Supplementary Table S4. HS: heat shock, EV: empty vector RNAi. ***:p<0.001.



Supplementary Figure S5. DAF-16 isoform A requires DAF-21/Hsp90 for heat-shock induced nuclear translocation. Representative epifluorescence microscopic images showing the heat shock (35° C, 1 hour) induced nuclear translocation of DAF-16A::RFP inhibited by *daf-21(RNAi)* treatment employed either from hatching (a) or from the L4 stage (c). White arrows indicate nuclearly localized RFP. Quantification (mean ± SEM) of DAF-16A::RFP localization from three independent experiments, each experiment using 30 animals per condition (b and d). Cytosolic refers to animals without nuclearly localized RFP signal, intermediate refers to animals with nuclear and cytosolic RFP and nuclear refers to animals with solely nuclear RFP signal. Microscopic images are representatives of 3 independent experiments. Statistics were analyzed by ANOVA and are given in Supplementary Table S4. HS: heat shock, EV: empty vector RNAi. ***:p<0.001



Supplementary Figure S6. *daf-21/hsp90* silencing does not influence the nuclear translocation of DAF-16D/F::GFP. The *daf-2(e1370)* mutant allele fails to induce nuclear localization of DAF-16D/F::GFP at 20°C (a) or at 25°C (b). (d) Heat-shock induced translocation of DAF-16D/F::GFP into the nucleus is not affected by *daf-21(RNAi)*. White arrows indicate nuclearly localized GFP. Please note the background autofluorescence in all samples. Quantification (mean \pm SEM) of DAF-16D/F::GFP localization from three independent experiments, each experiment using 30 animals per condition (c and e). Cytosolic refers to animals without nuclearly localized GFP signal and nuclear refers to animals showing nuclear GFP signal. Microscopic images are representatives of 3 independent experiments. Statistics were analyzed by ANOVA and are given in Supplementary Table S4. HS: heat shock, EV: empty vector RNAi. ***:p<0.001



Supplementary Figure S7. DAF-21/Hsp90 is required for *daf-2(RNAi)* induced *old-1* and *sod-3* mRNA expression. Effect of *daf-21(RNAi)* and/or *daf-2(RNAi)* treatments on *old-1* (a) and *sod-3* (b) mRNA levels. RNAi treatments were employed from hatching. mRNA expression was assayed by qRT-PCR, normalized to β -*actin* mRNA and log2 transformed fold change values (mean ± SEM) were expressed relative to the respective EV control values of one. Data shown are from three independent experiments. qRT-PCR statistics were analyzed by ANOVA and are given in Supplementary Table S3. EV: empty vector RNAi.



Supplementary Figure S8. Inhibition of DAF-16A activation by an independent daf-21(RNAi) construct. (a) The 75bp RNAi for DAF-21 reduces daf-21 mRNA level. (b) Representative epifluorescence microscopic images showing the heat shock (1 hour at 35°C) induced nuclear translocation of DAF-16A/B::GFP inhibited by the 75bp daf-21(RNAi). (c) Quantification of DAF-16A/B::GFP localization from three independent experiments, each experiment using 30 animals per condition. Cytosolic refers to animals without nuclearly localized GFP signal, intermediate refers to animals with nuclear and cytosolic GFP and nuclear refers to animals with solely nuclear GFP signal. Localization data was analysed by ANOVA and is expressed as the mean (\pm SEM) rate of animals with a particular localization phenotype. Statistical data are given in Supplementary Table S4. (d) The 75 bp *daf-21(RNAi)* inhibits the daf-2 induced expression of sod-3 and old-1 mRNA-s, respectively, in the daf-16a::rfp transgenic strain. Single isoform transgenic daf-16(mgDf50); daf-16a::rfp worms and the daf-2(e1370) derivative were fed by EV or 75 bp daf-21(RNAi) from hatching. mRNA expression was assayed by qRT-PCR, normalized to β -actin mRNA and log2 transformed fold change values (mean \pm SEM) were expressed relative to the respective EV control values of one. Data shown are from three independent experiments. qRT-PCR statistics were analyzed by ANOVA and are given in Supplementary Table S3. EV: empty vector RNAi. 75bp: 75 bp daf-21(RNAi). *: p<0.05, ***: p<0.001.



Supplementary Figure S9. DAF-21/Hsp90 knockdown neither destabilizes DAF-16A::RFP nor prevents lifespan extension in the *rle-1* ubiquitin ligase mutant. (a-c) *daf-*21(RNAi) does not affect the level and aggregation of DAF-16A::RFP in *rle-1* mutants. (a) Representative epifluorescence microscopic images showing DAF-16A::RFP signal in wildtype and *rle-1* backgrounds. Quantification of DAF-16A::RFP localization (b) and protein level (c) from panel (a) using data from three independent experiments, each experiment employing 30 animals per condition. Cytosolic refers to animals without nuclearly localized RFP signal, intermediate refers to animals with nuclear and cytosolic RFP and nuclear refers to animals with solely nuclear RFP signal. Localization data was analysed by ANOVA and is expressed as the mean (\pm SEM) rate of animals with a particular localization phenotype. Statistical data are given in Supplementary Table S4. (d) Effect of *daf-21(RNAi)* on *daf-21* and *daf-16a* mRNA levels. mRNA expression was assayed by qRT-PCR, normalized to β -*acctin* mRNA and log2 transformed fold change values (mean \pm SEM) were expressed relative to the respective EV control values of one. Data shown are from three independent experiments. qRT-PCR statistics were analyzed by ANOVA and are given in Supplementary Table S3. *:p<0.05 ***: p<0.001. (e) The increased lifespan of *daf-16a::rfp* worms in *rle-1(cxTi510)* background (p<0.01 in 2 out of 3 trials compared to *daf-16a::rfp;EV*) persists upon *daf-21(RNAi)* treatment (p<0.01 in 2 out of 3 trials compared to *daf-16a::rfp;daf-21(RNAi)*). Lifespan assays were repeated three times. Survival curves were compared using the Kaplan-Meyer log rank test. Lifespan values are given in Supplementary Table S1. EV: empty vector RNAi.



Supplementary Figure S10. DAF-21 is neither required for the nuclear localization of DAF-16A^{AM} nor for its transcriptional activity. (a) Nuclear localization of DAF-16A^{AM}::GFP in L4 animals fed by EV or *daf-21(RNAi)*. White arrows indicate nuclearly localized GFP. Epifluorescence microscopic images are representatives of 3 independent experiments. (b) Quantification of DAF-16A^{AM}::GFP localization from panel (a). (c) Expression of DAF-16A-specific target genes in DAF-16A^{AM}::GFP worms. Of four mRNA-s, only *scl-20* (p=0.006) shows significantly increased expression when compared to the *daf-16(mu86)* background strain while *sod-3* expression (p=0.374 and p=0.853, respectively). RNAi treatments were employed from hatching. mRNA expression was assayed by qRT-PCR, normalized to β -actin mRNA and log2 transformed fold change values (mean \pm SEM) were expressed relative to the respective EV control values of one. Data shown are from three independent experiments. qRT-PCR statistics were analyzed by ANOVA and are given in Supplementary Table S3. EV: empty vector RNAi.

| N2 wild | N2 wild type; Fig. 2 a and b | | | Mean | % to <i>EV</i> | Median | % to EV | p vs. <i>EV</i> |
|--|--|---|--|--|---|---|--|--|
| | 1 | EV | 79 (77) | 19.5 | | 19.0 | | |
| Treatment | • | daf-21(RNAi) | 73 (70) | 13.2 | -32.1 | 12.0 | -36.8 | <0.001 |
| from | 2 | EV | 166 (159) | 18.0 | | 16.0 | | |
| hatching | 2 | daf-21(RNAi) | 57 (57) | 11.4 | -36.8 | 10.0 | -37.5 | <0.001 |
| natorning | З | EV | 73 (73) | 15.7 | | 15.0 | | |
| | 5 | daf-21(RNAi) | 76 (75) | 13.7 | -12.8 | 13.0 | -13.3 | 0.003 |
| | 1 | EV | 104 (98) | 18.1 | | 17.0 | | |
| Treatment | | daf-21(RNAi) | 97 (91) | 14.1 | -22.1 | 13.0 | -23.5 | <0.001 |
| from L4 | 2 | EV | 110 (102) | 17.6 | | 17.0 | | |
| | 2 | daf-21(RNAi) | 101 (77) | 15.4 | -12.4 | 13.0 | -23.5 | 0.001 |
| daf-2(e | 1370); | Fig. 2c and d | N Total (Dead) | Mean | % to EV | Median | % to EV | p vs. <i>EV</i> |
| | 1 | EV | 44 (38) | 27.3 | | 26.0 | | |
| Treatment | | daf-21(RNAi) | 53 (50) | 21.1 | -22.5 | 19.0 | -26.9 | 0.002 |
| from | 2 | EV | 43 (43) | 23.0 | | 22.0 | | |
| hatching | 2 | daf-21(RNAi) | 28 (28) | 16.6 | -27.9 | 16.0 | -27.3 | 0.001 |
| natoring | З | EV | 93 (92) | 23.7 | | 24.0 | | |
| | 5 | daf-21(RNAi) | 82 (61) | 20.6 | -13.0 | 19.0 | -20.8 | 0.007 |
| | 1 | EV | 89 (74) | 26.4 | | 24.0 | | |
| | | daf-21(RNAi) | 52 (46) | 29.3 | +11.0 | 17.0 | -29.2 | 0.355 |
| | 2 | EV | 90 (76) | 24.7 | | 24.0 | | |
| Treatment from L4 | 2 | daf-21(RNAi) | 116 (100) | 41.2 | +67.0 | 38.0 | 58.3 | <0.001 |
| | З | EV | 53 (44) | 21.2 | | 20.0 | | |
| | 5 | daf-21(RNAi) | 73 (71) | 27.5 | +29.4 | 20.0 | 0.0 | 0.076 |
| | Л | EV | 46 (46) | 17.1 | | 13.0 | | |
| | - | dof 21/DNAi) | 71 (67) | 276 | 161 4 | 22.0 | 60.2 | ~0.001 |
| | | ual-2 ((KNAI) | 71(07) | 27.0 | +01.4 | 22.0 | 09.2 | <0.001 |
| daf-16(m | gDf50 |); Fig. 2 a and b | N Total (Dead) | Mean | +61.4 % to EV | Median | % to EV | p vs. EV |
| daf-16(m | gDf50 |); Fig. 2 a and b | N Total (Dead) 99 (99) | Mean 14.0 | +61.4 % to EV | Median 15.0 | % to EV | p vs. EV |
| daf-16(m | gDf50 1 |); Fig. 2 a and b EV daf-21(RNAi) | N Total (Dead) 99 (99) 43 (43) | 27.6 Mean 14.0 10.5 | +61.4 % to EV -25.2 | Median 15.0 8.0 | -46.7 | <0.001 p vs. EV <0.001 |
| daf-16(m | gDf50 1 | <i>EV</i> <i>daf-21(RNAi)</i> <i>EV</i> <i>daf-21(RNAi)</i> <i>EV</i> | 71 (67) N Total (Dead) 99 (99) 43 (43) 74 (72) | 27.0 Mean 14.0 10.5 12.9 | +61.4 % to EV -25.2 | Median 15.0 8.0 12.0 | -46.7 | ev |
| daf-16(m | gDf50 1 2 | <i>EV</i> <i>daf-21(RNAi)</i> <i>EV</i> <i>daf-21(RNAi)</i> <i>EV</i> <i>daf-21(RNAi)</i> | 71 (67) N Total (Dead) 99 (99) 43 (43) 74 (72) 56 (44) | 27.0 Mean 14.0 10.5 12.9 12.3 | +61.4 % to EV -25.2 -4.6 | Median 15.0 8.0 12.0 | -46.7 0.0 | <pre><0.001 p vs. EV </pre> |
| daf-16(m | gDf50 1 2 |); Fig. 2 a and b EV daf-21(RNAi) EV daf-21(RNAi) EV | 71 (67) N Total (Dead) 99 (99) 43 (43) 74 (72) 56 (44) 119 (113) | 27.6 Mean 14.0 10.5 12.9 12.3 15.3 | +01.4 % to EV -25.2 -4.6 | Median 15.0 8.0 12.0 16.0 | -46.7 | <0.001 p vs. EV <0.001 0.237 |
| daf-16(m) Treatment | gDf50 1 2 3 |); Fig. 2 a and b EV daf-21(RNAi) EV daf-21(RNAi) EV daf-21(RNAi) | 71 (67) N Total (Dead) 99 (99) 43 (43) 74 (72) 56 (44) 119 (113) 55 (54) | 27.6 Mean 14.0 10.5 12.9 12.3 15.3 12.6 | +01.4 % to EV -25.2 -4.6 -17.7 | Median 15.0 8.0 12.0 16.0 12.0 | -46.7 0.0 -25.0 | <0.001 p vs. <i>EV</i> <0.001 0.237 <0.001 |
| daf-16(m) Treatment from | gDf50 |); Fig. 2 a and b EV daf-21(RNAi) EV daf-21(RNAi) EV daf-21(RNAi) EV daf-21(RNAi) EV | 71 (67) N Total (Dead) 99 (99) 43 (43) 74 (72) 56 (44) 119 (113) 55 (54) 132 (132) | 27.6 Mean 14.0 10.5 12.9 12.3 15.3 12.6 17.1 | +01.4 % to EV -25.2 -4.6 -17.7 | Median 15.0 8.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 18.0 | -46.7 -25.0 | <0.001 p vs. EV <0.001 0.237 <0.001 |
| daf-16(m Treatment from hatching | gDf50 1 2 3 4 | <i>EV</i> <i>daf-21(RNAi)</i> <i>EV</i> <i>daf-21(RNAi)</i> <i>EV</i> <i>daf-21(RNAi)</i> <i>EV</i> <i>daf-21(RNAi)</i> <i>EV</i> <i>daf-21(RNAi)</i> | 71 (67) N Total (Dead) 99 (99) 43 (43) 74 (72) 56 (44) 119 (113) 55 (54) 132 (132) 128 (128) | 27.6 Mean 14.0 10.5 12.9 12.3 15.3 12.6 17.1 15.8 | +01.4 % to EV -25.2 -4.6 -17.7 -7.5 | Median 15.0 8.0 12.0 16.0 18.0 15.0 | -46.7 -25.0 -16.7 | <0.001 p vs. EV <0.001 <0.001 <0.001 |
| daf-16(m Treatment from hatching | gDf50 1 2 3 4 5 |); Fig. 2 a and b EV daf-21(RNAi) EV daf-21(RNAi) EV daf-21(RNAi) EV daf-21(RNAi) EV daf-21(RNAi) EV | 71 (67) N Total (Dead) 99 (99) 43 (43) 74 (72) 56 (44) 119 (113) 55 (54) 132 (132) 128 (128) 69 (65) | 27.6 Mean 14.0 10.5 12.9 12.3 15.3 12.6 17.1 15.8 13.0 | +01.4 % to EV -25.2 -4.6 -17.7 -7.5 | Median 15.0 8.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 14.0 | -46.7 -25.0 -16.7 | <0.001 p vs. EV <0.001 0.237 <0.001 <0.001 |
| daf-16(m Treatment from hatching | gDf50 1 2 3 4 5 |); Fig. 2 a and b EV daf-21(RNAi) EV daf-21(RNAi) EV daf-21(RNAi) EV daf-21(RNAi) EV daf-21(RNAi) | 71 (67) N Total (Dead) 99 (99) 43 (43) 74 (72) 56 (44) 119 (113) 55 (54) 132 (132) 128 (128) 69 (65) 78 (78) | 27.6 Mean 14.0 10.5 12.9 12.3 15.3 12.6 17.1 15.8 13.0 12.5 | +01.4 % to EV -25.2 -4.6 -17.7 -7.5 -3.5 | Median 15.0 8.0 12.0 12.0 16.0 12.0 16.0 12.0 14.0 11.0 | -46.7 -25.0 -21.4 | <0.001 p vs. EV <0.001 0.237 <0.001 <0.001 0.054 |
| <i>daf-16(m</i> Treatment from hatching | gDf50 1 2 3 4 5 | <i>i</i> , Fig. 2 a and b <i>EV</i> <i>daf-21(RNAi)</i> <i>EV</i> <i>daf-21(RNAi)</i> <i>EV</i> <i>daf-21(RNAi)</i> <i>EV</i> <i>daf-21(RNAi)</i> <i>EV</i> <i>daf-21(RNAi)</i> <i>EV</i> <i>daf-21(RNAi)</i> <i>EV</i> <i>daf-21(RNAi)</i> | 71 (67) N Total (Dead) 99 (99) 43 (43) 74 (72) 56 (44) 119 (113) 55 (54) 132 (132) 128 (128) 69 (65) 78 (78) 78 (77) | 27.6 Mean 14.0 10.5 12.9 12.3 15.3 12.6 17.1 15.8 13.0 12.5 12.9 | +01.4 % to EV -25.2 -4.6 -17.7 -7.5 -3.5 | Median 15.0 8.0 12.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 18.0 15.0 14.0 11.0 12.0 | -46.7 -25.0 -21.4 | <0.001 p vs. EV <0.001 <0.001 <0.001 0.054 |
| daf-16(m Treatment from hatching | gDf50 1 2 3 4 5 6 | <i>i</i> ; Fig. 2 a and b <i>EV</i> <i>daf-21(RNAi)</i> <i>EV</i> <i>daf-21(RNAi)</i> <i>EV</i> <i>daf-21(RNAi)</i> <i>EV</i> <i>daf-21(RNAi)</i> <i>EV</i> <i>daf-21(RNAi)</i> <i>EV</i> <i>daf-21(RNAi)</i> | 71 (67) N Total (Dead) 99 (99) 43 (43) 74 (72) 56 (44) 119 (113) 55 (54) 132 (132) 128 (128) 69 (65) 78 (78) 73 (73) | 27.6 Mean 14.0 10.5 12.9 12.3 15.3 12.6 17.1 15.8 13.0 12.5 12.9 11.7 | +01.4 % to EV -25.2 -4.6 -17.7 -7.5 -3.5 -9.5 | Median 15.0 8.0 12.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 18.0 15.0 14.0 11.0 12.0 10.0 | -46.7 -46.7 -25.0 -16.7 -21.4 -16.7 | <pre><0.001 p vs. EV </pre> <0.001 0.237 <0.001 <0.001 0.054 0.002 |
| daf-16(m Treatment from hatching | gDf50 | <i>i</i> , Fig. 2 a and b <i>EV</i> <i>daf-21(RNAi)</i> <i>EV</i> <i>daf-21(RNAi)</i> <i>EV</i> <i>daf-21(RNAi)</i> <i>EV</i> <i>daf-21(RNAi)</i> <i>EV</i> <i>daf-21(RNAi)</i> <i>EV</i> <i>daf-21(RNAi)</i> <i>EV</i> <i>daf-21(RNAi)</i> <i>EV</i> <i>daf-21(RNAi)</i> | N Total (Dead) 99 (99) 43 (43) 74 (72) 56 (44) 119 (113) 55 (54) 132 (132) 128 (128) 69 (65) 78 (77) 73 (73) 82 (74) | 27.6 Mean 14.0 10.5 12.9 12.3 15.3 12.6 17.1 15.8 13.0 12.5 12.9 11.7 14.0 | +01.4 % to EV -25.2 -4.6 -17.7 -7.5 -3.5 -9.5 | Median 15.0 8.0 12.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 18.0 15.0 14.0 11.0 12.0 10.0 13.0 | -46.7 -46.7 -25.0 -16.7 -21.4 -16.7 | <0.001 p vs. EV <0.001 <0.001 <0.001 0.054 0.002 |
| daf-16(m) Treatment from hatching Treatment | gDf50 1 2 3 4 5 6 1 |); Fig. 2 a and b EV daf-21(RNAi) EV daf-21(RNAi) EV daf-21(RNAi) EV daf-21(RNAi) EV daf-21(RNAi) EV daf-21(RNAi) EV daf-21(RNAi) | N Total (Dead) 99 (99) 43 (43) 74 (72) 56 (44) 119 (113) 55 (54) 132 (132) 128 (128) 69 (65) 78 (77) 73 (73) 82 (74) 80 (72) | 27.6 Mean 14.0 10.5 12.9 12.3 15.3 12.6 17.1 15.8 13.0 12.5 12.9 11.7 14.0 12.7 | +01.4 % to EV -25.2 -4.6 -17.7 -7.5 -3.5 -9.5 -9.8 | Median 15.0 8.0 12.0 12.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 18.0 15.0 14.0 11.0 12.0 10.0 13.0 | -46.7 -46.7 -25.0 -25.0 -16.7 -21.4 -16.7 0.0 | <0.001 p vs. EV <0.001 <0.001 <0.001 0.054 0.002 <0.001 |
| daf-16(m) Treatment from hatching Treatment from L4 | gDf50 1 2 3 4 5 6 1 2 |); Fig. 2 a and b EV daf-21(RNAi) EV daf-21(RNAi) EV daf-21(RNAi) EV daf-21(RNAi) EV daf-21(RNAi) EV daf-21(RNAi) EV daf-21(RNAi) EV daf-21(RNAi) | 71 (67) N Total (Dead) 99 (99) 43 (43) 74 (72) 56 (44) 119 (113) 55 (54) 132 (132) 128 (128) 69 (65) 78 (78) 73 (73) 82 (74) 80 (72) 102 (66) | 27.6 Mean 14.0 10.5 12.9 12.3 15.3 12.6 17.1 15.8 13.0 12.5 12.9 11.7 14.0 12.7 15.5 | +01.4 % to EV -25.2 -4.6 -17.7 -7.5 -3.5 -9.5 -9.8 | Median 15.0 8.0 12.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 18.0 15.0 14.0 11.0 12.0 13.0 13.0 15.0 | -46.7 -46.7 -25.0 -16.7 -21.4 -16.7 -0.0 | <0.001 p vs. EV <0.001 0.237 <0.001 <0.001 0.054 0.002 <0.001 |
| daf-16(m) Treatment from hatching Treatment from L4 | gDf50 1 2 3 4 5 6 1 2 |); Fig. 2 a and b EV daf-21(RNAi) EV daf-21(RNAi) EV daf-21(RNAi) EV daf-21(RNAi) EV daf-21(RNAi) EV daf-21(RNAi) EV daf-21(RNAi) | 71 (67) N Total (Dead) 99 (99) 43 (43) 74 (72) 56 (44) 119 (113) 55 (54) 132 (132) 128 (128) 69 (65) 78 (78) 73 (73) 82 (74) 80 (72) 102 (66) 84 (68) | 27.6 Mean 14.0 10.5 12.9 12.3 15.3 12.6 17.1 15.8 13.0 12.5 12.9 11.7 14.0 12.7 15.5 13.3 | +01.4 % to EV -25.2 -4.6 -17.7 -7.5 -3.5 -9.5 -9.8 -9.8 -14.7 | Median 15.0 8.0 12.0 12.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 18.0 15.0 14.0 11.0 12.0 13.0 13.0 13.0 | -46.7 -46.7 -25.0 -16.7 -21.4 -16.7 -0.0 -13.3 | <0.001 p vs. EV <0.001 0.237 <0.001 <0.001 0.054 0.002 <0.001 <0.001 |
| daf-16(m) Treatment from hatching Treatment from L4 daf-2(e1 Fig. 2 | gDf50 1 2 3 4 5 6 1 2 370);a c and |); Fig. 2 a and b EV daf-21(RNAi) | 71 (67) N Total (Dead) 99 (99) 43 (43) 74 (72) 56 (44) 119 (113) 55 (54) 132 (132) 128 (128) 69 (65) 78 (78) 73 (73) 82 (74) 80 (72) 102 (66) 84 (68) N Total (Dead) | 27.6 Mean 14.0 10.5 12.9 12.3 15.3 12.6 17.1 15.8 13.0 12.5 12.9 11.7 14.0 12.7 15.5 13.3 Mean | +01.4 % to EV -25.2 -4.6 -17.7 -7.5 -7.5 -3.5 -9.5 -9.8 -9.8 -9.8 Content of the second secon | Median 15.0 8.0 12.0 12.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 18.0 15.0 14.0 11.0 12.0 13.0 13.0 13.0 Median | -46.7 -46.7 -25.0 -16.7 -21.4 -16.7 -13.3 % to EV | <0.001 p vs. <i>EV</i> <0.001 0.237 <0.001 <0.001 0.054 0.002 <0.001 p vs. <i>EV</i> |
| daf-16(m) Treatment from hatching Treatment from L4 daf-2(e1) Fig. 2 | gDf50 1 2 3 4 5 6 1 2 370);d c and | i); Fig. 2 a and b EV daf-21(RNAi) | 71 (67) N Total (Dead) 99 (99) 43 (43) 74 (72) 56 (44) 119 (113) 55 (54) 132 (132) 128 (128) 69 (65) 78 (78) 73 (73) 82 (74) 80 (72) 102 (66) 84 (68) N Total (Dead) 83 (83) | 27.6 Mean 14.0 10.5 12.9 12.3 15.3 12.6 17.1 15.8 13.0 12.5 12.9 11.7 14.0 12.7 15.5 13.3 Mean 14.9 | +01.4 % to EV -25.2 -4.6 -17.7 -7.5 -3.5 -9.5 -9.8 -9.8 -9.8 -14.7 % to EV | Median 15.0 8.0 12.0 12.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 18.0 15.0 14.0 12.0 10.0 13.0 13.0 13.0 13.0 15.0 13.0 15.0 13.0 15.0 13.0 | -46.7 -46.7 -25.0 -25.0 -16.7 -21.4 -16.7 -21.4 -16.7 -21.4 -16.7 -21.4 -16.7 | <0.001 p vs. <i>EV</i> <0.001 0.237 <0.001 <0.001 0.054 0.002 <0.001 p vs. <i>EV</i> |
| daf-16(m) Treatment from hatching Treatment from L4 daf-2(e1) Fig. 2 | gDf50 1 2 3 4 5 6 1 2 370);d 2 c and 1 | dai-21(RNAi) j; Fig. 2 a and b EV daf-21(RNAi) | 71 (67) N Total (Dead) 99 (99) 43 (43) 74 (72) 56 (44) 119 (113) 55 (54) 132 (132) 128 (128) 69 (65) 78 (78) 73 (73) 82 (74) 80 (72) 102 (66) 84 (68) N Total (Dead) 83 (83) 77 (77) | 27.6 Mean 14.0 10.5 12.9 12.3 15.3 12.6 17.1 15.8 13.0 12.5 12.9 11.7 14.0 12.7 15.5 13.3 Mean 14.9 11.8 | +01.4 % to EV -25.2 -4.6 -17.7 -7.5 -3.5 -9.5 -9.5 -9.8 -9.8 -14.7 % to EV | Median 15.0 8.0 12.0 12.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 18.0 15.0 13.0 15.0 13.0 15.0 13.0 15.0 12.0 | -46.7 -46.7 -25.0 -25.0 -16.7 -21.4 -16.7 -21.4 -16.7 -21.4 -16.7 -21.4 -16.7 -21.4 -16.7 | <0.001 p vs. <i>EV</i> <0.001 0.237 <0.001 <0.001 0.054 0.002 <0.001 p vs. <i>EV</i> <0.001 p vs. <i>EV</i> <0.001 |
| daf-16(m) Treatment from hatching Treatment from L4 daf-2(e1) Fig. 2 | gDf50 1 2 3 4 5 6 1 2 370);d c and 1 | i); Fig. 2 a and b EV daf-21(RNAi) | 71 (67) N Total (Dead) 99 (99) 43 (43) 74 (72) 56 (44) 119 (113) 55 (54) 132 (132) 128 (128) 69 (65) 78 (77) 73 (73) 82 (74) 80 (72) 102 (66) 84 (68) N Total (Dead) 83 (83) 77 (77) 56 (56) | 27.0 Mean 14.0 10.5 12.9 12.3 15.3 12.6 17.1 15.8 13.0 12.5 12.9 11.7 14.0 12.7 15.5 13.3 Mean 14.9 11.8 15.2 | +01.4 % to EV -25.2 -4.6 -17.7 -7.5 -3.5 -9.5 -9.5 -9.8 -9.8 -14.7 % to EV -20.8 | Median 15.0 8.0 12.0 12.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 18.0 15.0 13.0 13.0 15.0 13.0 15.0 13.0 15.0 14.0 | -46.7 -46.7 -25.0 -25.0 -16.7 -21.4 -16.7 -21.4 -16.7 -21.4 -16.7 -21.4 -16.7 -21.4 -20.0 | <0.001 p vs. <i>EV</i> <0.001 0.237 <0.001 <0.001 0.054 0.002 <0.001 p vs. <i>EV</i> <0.001 p vs. <i>EV</i> <0.001 |
| daf-16(m) Treatment from hatching Treatment from L4 daf-2(e1) Fig. 2 | gDf50 1 2 3 4 5 6 1 2 370);d c and 1 2 | dai-21(RNAi) j; Fig. 2 a and b EV daf-21(RNAi) | 71 (67) N Total (Dead) 99 (99) 43 (43) 74 (72) 56 (44) 119 (113) 55 (54) 132 (132) 128 (128) 69 (65) 78 (77) 73 (73) 82 (74) 80 (72) 102 (66) 84 (68) N Total (Dead) 83 (83) 77 (77) 56 (56) 30 (30) | 27.0 Mean 14.0 10.5 12.9 12.3 15.3 12.6 17.1 15.8 13.0 12.5 12.9 11.7 14.0 12.7 15.5 13.3 Mean 14.9 11.8 15.2 12.4 | +01.4 % to EV -25.2 -4.6 -17.7 -7.5 -3.5 -9.5 -9.5 -9.8 -9.8 -9.8 -9.8 -9.8 -9.8 -9.8 -9.8 | Median 15.0 8.0 12.0 12.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 18.0 15.0 13.0 13.0 13.0 15.0 13.0 15.0 12.0 14.0 12.0 | 09.2 % to EV -46.7 0.0 -25.0 -16.7 -21.4 -16.7 0.0 -13.3 % to EV -20.0 -14.3 | <0.001 p vs. <i>EV</i> <0.001 0.237 <0.001 <0.001 0.054 0.002 <0.001 p vs. <i>EV</i> <0.001 p vs. <i>EV</i> <0.001 |
| daf-16(m) Treatment from hatching Treatment from L4 daf-2(e1) Fig. 2 | gDf50 1 2 3 4 5 6 1 2 370);d c and 1 2 370);d 2 370);d | dai-21(RNAi) j; Fig. 2 a and b EV daf-21(RNAi) | 71 (67) N Total (Dead) 99 (99) 43 (43) 74 (72) 56 (44) 119 (113) 55 (54) 132 (132) 128 (128) 69 (65) 78 (77) 73 (73) 82 (74) 80 (72) 102 (66) 84 (68) N Total (Dead) 83 (83) 77 (77) 56 (56) 30 (30) 107 (106) | 27.6 Mean 14.0 10.5 12.9 12.3 15.3 12.6 17.1 15.8 13.0 12.5 12.9 11.7 14.0 12.7 15.5 13.3 Mean 14.9 11.8 15.2 12.4 | +01.4 % to EV -25.2 -4.6 -17.7 -7.5 -3.5 -9.5 -9.8 -9.8 -9.8 -9.8 -9.8 -9.8 -9.8 -9.8 | ZZ.0 Median 15.0 8.0 12.0 12.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 18.0 15.0 13.0 15.0 13.0 15.0 12.0 14.0 12.0 12.0 12.0 | 03.2 % to EV -46.7 0.0 -25.0 -16.7 -21.4 -16.7 0.0 -13.3 % to EV -20.0 -14.3 | <0.001 p vs. <i>EV</i> <0.001 0.237 <0.001 <0.001 0.054 0.002 <0.001 p vs. <i>EV</i> <0.001 p vs. <i>EV</i> <0.001 |
| daf-16(m) Treatment from hatching Treatment from L4 daf-2(e1) Fig. 2 Treatment from hatching | gDf50 1 2 3 4 5 6 1 2 370);d c and 1 2 3 3 3 3 | dai-21(RNAi) j; Fig. 2 a and b EV daf-21(RNAi) | N Total (Dead) 99 (99) 43 (43) 74 (72) 56 (44) 119 (113) 55 (54) 132 (132) 128 (128) 69 (65) 78 (78) 73 (73) 82 (74) 80 (72) 102 (66) 84 (68) N Total (Dead) 83 (83) 77 (77) 56 (56) 30 (30) 107 (106) 60 (60) | 27.0 Mean 14.0 10.5 12.9 12.3 15.3 12.6 17.1 15.8 13.0 12.5 12.9 11.7 14.0 12.5 13.3 Mean 14.9 11.8 15.2 12.4 13.6 11.4 | +01.4 % to EV -25.2 -4.6 -17.7 -7.5 -3.5 -9.5 -9.8 -9.8 -9.8 -14.7 % to EV -20.8 -18.4 -16.2 | Median 15.0 8.0 12.0 12.0 12.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 18.0 15.0 14.0 13.0 13.0 15.0 13.0 15.0 12.0 14.0 12.0 12.0 12.0 12.0 12.0 12.0 12.0 12.0 12.0 12.0 | 09.2 % to EV -46.7 0.0 -25.0 -16.7 -21.4 -16.7 0.0 -16.7 0.0 -16.7 -21.4 -21.4 -20.0 -14.3 0.0 | <0.001 p vs. <i>EV</i> <0.001 0.237 <0.001 <0.001 0.054 0.002 <0.001 p vs. <i>EV</i> <0.001 p vs. <i>EV</i> <0.001 <0.001 <0.001 <0.001 <0.001 |
| daf-16(m) Treatment from hatching Treatment from L4 daf-2(e1) Fig. 2 Treatment from hatching | gDf50 1 2 3 4 5 6 1 2 370);d c and 1 2 3 4 3 4 5 6 1 2 3 7 7 7 7 7 7 7 7 7 7 7 7 7 | dai-21(RNAi) j; Fig. 2 a and b EV daf-21(RNAi) | N Total (Dead) 99 (99) 43 (43) 74 (72) 56 (44) 119 (113) 55 (54) 132 (132) 128 (128) 69 (65) 78 (78) 78 (77) 73 (73) 82 (74) 80 (72) 102 (66) 84 (68) N Total (Dead) 83 (83) 77 (77) 56 (56) 30 (30) 107 (106) 60 (60) 113 (113) | 27.0 Mean 14.0 10.5 12.9 12.3 15.3 12.6 17.1 15.8 13.0 12.5 12.9 11.7 14.0 12.5 13.3 Mean 14.9 11.8 15.2 12.4 13.6 11.4 16.8 | +01.4 % to EV -25.2 -4.6 -17.7 -7.5 -3.5 -9.5 -9.5 -9.8 -9.8 -14.7 % to EV -20.8 -18.4 -18.4 | Median 15.0 8.0 12.0 12.0 12.0 12.0 16.0 12.0 16.0 12.0 16.0 12.0 18.0 15.0 14.0 13.0 13.0 15.0 13.0 15.0 12.0 14.0 12.0 12.0 14.0 12.0 14.0 12.0 14.0 12.0 14.0 12.0 14.0 12.0 14.0 12.0 12.0 12.0 12.0 12.0 12.0 12.0 12.0 12.0 | 09.2 % to EV -46.7 0.0 -25.0 -16.7 -21.4 -16.7 0.0 -13.3 % to EV -13.3 % to -13.3 % to 0.0 -14.3 0.0 | <pre> (0.001</pre> |

| Table S1. Survival data of different nematode strains on en | npty vector (| (<i>EV</i>) an | d <i>daf-21(Rl</i> | IAi) |
|---|---------------|------------------|--------------------|------|
|---|---------------|------------------|--------------------|------|

| | F | EV | 83 (75) | 14.7 | | 14.0 | | |
|----------------------------------|---------|------------------|-----------|------|--------|--------|-------|--------|
| | 5 | daf-21(RNAi) | 86 (86) | 12.1 | -17.9 | 11.0 | -21.4 | <0.001 |
| | 6 | EV | 68 (65) | 13.8 | | 15.0 | | |
| | 0 | daf-21(RNAi) | 59 (59) | 12.2 | -11.8 | 12.0 | -20.0 | <0.001 |
| | 7 | EV | 84 (81) | 12.8 | | 12.0 | | |
| | | daf-21(RNAi) | 62 (60) | 12.0 | -6.8 | 10.0 | -16.7 | 0.253 |
| | 1 | EV | 67 (64) | 13.2 | | 13.0 | | |
| | 1 | daf-21(RNAi) | 43 (41) | 12.2 | -7.2 | 13.0 | 0.0 | 0.020 |
| | 2 | EV | 82 (66) | 13.3 | | 13.0 | | |
| Treatment | 2 | daf-21(RNAi) | 55 (42) | 13.2 | -0.4 | 13.0 | 0.0 | 0.890 |
| from L4 | 0 | EV | 95 (88) | 14.6 | | 13.0 | | |
| | 3 | daf-21(RNAi) | 100 (97) | 13.9 | -4.4 | 13.0 | 0.0 | 0.178 |
| | 4 | EV | 113 (110) | 15.5 | | 15.0 | | |
| | 4 | daf-21(RNAi) | 105 (104) | 15.2 | -2.2 | 15.0 | 0.0 | 0.435 |
| daf-2(e1370);daf-16(mgDf50);daf- | | N Total | Moan | % to | Median | % to | p vs. | |
| 1 | 6a::rfp | <i>;</i> Fig 8a | (Dead) | Mean | EV | Wealan | EV | EV |
| | 1 | EV | 60 (57) | 18.5 | | 15.0 | | |
| | I | daf-21(RNAi) | 53 (53) | 12.1 | -34.7 | 10.0 | -33.3 | <0.001 |
| Treatment | 2 | EV | 99 (79) | 19.3 | | 16.0 | | |
| from | Ζ | daf-21(RNAi) | 76 (70) | 14.2 | -26.2 | 14.0 | -12.5 | <0.001 |
| hatching | З | EV | 77 (74) | 24.4 | | 24.0 | | |
| natorning | 0 | daf-21(RNAi) | 62 (57) | 19.0 | -22.4 | 19.0 | -20.8 | <0.001 |
| | 4 | EV | 85 (81) | 23.7 | | 24.0 | | |
| | - | daf-21(RNAi) | 78 (72) | 18.5 | -21.8 | 17.0 | -29.2 | <0.001 |
| daf-2(e137 | 0);daf | -16(mgDf50);daf- | N Total | Mean | % to | Median | % to | p vs. |
| 16d/f::gfp; | Fig 8k |) | (Dead) | moun | EV | moulan | EV | EV |
| | 1 | EV | 105 (104) | 41.8 | | 44.0 | | |
| | • | daf-21(RNAi) | 126 (120) | 41.0 | -2.0 | 42.0 | -4.5 | 0.633 |
| Treatment | 2 | EV | 102 (102) | 41.9 | | 44.0 | | |
| from | ~ | daf-21(RNAi) | 93 (92) | 26.2 | -37.5 | 25.0 | -43.2 | <0.001 |
| hatching | 3 | EV | 60 (60) | 33.6 | | 33.0 | | |
| inatorning | 0 | daf-21(RNAi) | 49 (41) | 28.4 | -15.6 | 29.0 | -12.1 | 0.004 |
| | 4 | EV | 84 (78) | 27.4 | | 26.0 | | |
| | т | daf-21(RNAi) | 114 (101) | 25.6 | -6.7 | 24.0 | -7.7 | 0.430 |

| | RNAi treatment lifespan; Fig. S2 | | N Total (Dead) | Mean | % to EV/daf- 2(RNAi) | Median | % to EV | % to EV/daf- 2(RNAi) |
|----|-------------------------------------|--------------------|-------------------|------|----------------------------|--------|------------|----------------------------|
| | ND | EV/daf-2(RNAi) | 88 (67) | 28.2 | | 27.0 | | |
| 1 | INZ. | daf-2/daf-21(RNAi) | 86 (83) | 22.7 | -19.3 | 20.0 | +25.9 | <0.001 |
| ' | daf-16 | EV/daf-2(RNAi) | 86 (80) | 14.6 | | 15.0 | | |
| (r | (mu86) | daf-2/daf-21(RNAi) | 83 (81) | 14.4 | -1.4 | 15.0 | 0.0 | 0.510 |
| | NO | EV/daf-2(RNAi) | 110 (98) | 26.7 | | 22.0 | | |
| 2 | INZ | daf-2/daf-21(RNAi) | 87 (86) | 18.3 | -31.4 | 15.0 | -31.8 | <0.001 |
| 2 | daf-16 | EV/daf-2(RNAi) | 101 (101) | 14.1 | | 13.0 | | |
| | (mu86) | daf-2/daf-21(RNAi) | 115 (109) | 13.8 | -2.1 | 13.0 | 0.0 | 0.521 |
| | NO | EV/daf-2(RNAi) | 104 (90) | 33.7 | | 33.0 | | |
| 2 | NZ | daf-2/daf-21(RNAi) | 100 (98) | 16.0 | -52.5 | 16.0 | -51.5 | <0.001 |
| 3 | daf-16 | EV/daf-2(RNAi) | 107 (107) | 13.0 | | 12.0 | | |
| | (<i>mu</i> 86) | daf-2/daf-21(RNAi) | 64 (64) | 12.8 | -1.5 | 12.0 | 0.0 | <0.001 |

| daf-16(mgDf50);daf-16a::rfp; Fig S9e | | N Total (Dead) | Mean | % to control | Median | % to control | p vs. control | |
|--------------------------------------|---|-----------------------------|---------|-----------------|--------|-----------------|------------------|--------|
| 1 | | EV | 79 (77) | 14.6 | | 15.0 | | |
| | 1 | daf-21(RNAi) | 75 (75) | 10.8 | -25.9 | 10.0 | -33.3 | <0.001 |
| | I | rle-1(cxTi510);EV | 94 (93) | 17.8 | +21.9 | 17.0 | +13.3 | <0.001 |
| | | rle-1(cxTi510);daf-21(RNAi) | 69 (69) | 11.7 | +7.9 | 12.0 | 20.0 | 0.220 |
| Treat- | | EV | 82 (82) | 13.6 | | 13.0 | | |
| ment | 2 | daf-21(RNAi) | 59 (59) | 8.7 | -35.9 | 8.0 | -38.5 | <0.001 |
| from | 2 | rle-1(cxTi510);EV | 87 (86) | 15.9 | +16.7 | 15.0 | +15.4 | 0.001 |
| hatching | | rle-1(cxTi510);daf-21(RNAi) | 76 (76) | 9.9 | +13.4 | 11.0 | +37.5 | <0.001 |
| | | EV | 84 (84) | 17.0 | | 15.0 | | |
| | 2 | daf-21(RNAi) | 70 (70) | 12.0 | -29.4 | 10.0 | -33.3 | <0.001 |
| | 3 | rle-1(cxTi510);EV | 94 (94) | 18.6 | +9.0 | 17.0 | +13.3 | 0.072 |
| | | rle-1(cxTi510);daf-21(RNAi) | 86 (85) | 14.3 | +19.0 | 12.0 | +20.0 | 0.003 |

Table S2. : Statistical analysis of thermotolerance assays (t-tests of timepoints)

| N2 wild type; Fig. 1g | | | Mean | % to <i>EV</i> | Median | % to <i>EV</i> | p vs. <i>EV</i> |
|-----------------------|----------|--------------|------|----------------|--------|----------------|--------------------|
| | 1 | EV | 44,9 | | 35,0 | | |
| | 1 | daf-21(RNAi) | 55,8 | +24.4 | 59,0 | +68.6 | <0.001 |
| Treatment from | <u> </u> | EV | 20,9 | | 11,0 | | |
| hatching | 2 | daf-21(RNAi) | 26,5 | +26.8 | 11,0 | 0.0 | 0.026 |
| | 0 | EV | 37,4 | | 35,0 | | |
| | 3 | daf-21(RNAi) | 40,1 | +7.1 | 35,0 | 0.0 | 0.520 |

Table S3. : Expression data from RT-PCR assays

| N2 wild type, <i>daf-21</i> mRNA | Mean | % to <i>EV</i> | p vs. <i>EV</i> | |
|----------------------------------|--------------|----------------|--------------------|-------|
| Treatment from botching | EV | 1.0 | | |
| Treatment from hatching | daf-21(RNAi) | 0.3 | -70.0 | 0.036 |
| Treatment from 1.4 | EV | 1.0 | | |
| rreaunent from L4 | daf-21(RNAi) | 0.3 | -70.0 | 0.001 |

| N2 wild type; Fig. 1c-f | | <i>hsp-70</i> mRNA levels | p vs. EV | p vs. daf- 21(RNAi) | <i>hsp-16.2</i> mRNA levels | p vs. <i>EV</i> | p vs. daf- 21(RNAi) |
|-------------------------|--------------------|---------------------------------|-------------|---------------------------|-----------------------------------|--------------------|---------------------------|
| Tractoriant | EV | 1.0 | | | 1.0 | | |
| freatment | EV/hsf-1(RNAi) | 0.8 | 0.499 | | 0.7 | 0.276 | |
| hotobing | EV/daf-21(RNAi) | 2.7 | 0.049 | | 3.5 | 0.011 | |
| natoning | hsf-1/daf-21(RNAi) | 0.7 | 0.367 | 0.020 | 1.3 | 0.608 | 0.018 |
| | EV | 1.0 | | | 1.0 | | |
| Treatment from L4 | EV/hsf-1(RNAi) | 0.4 | 0.027 | | 0.6 | 0.162 | |
| | EV/daf-21(RNAi) | 2.6 | 0.027 | | 2.0 | 0.010 | |
| | hsf-1/daf-21(RNAi) | 0.4 | 0.040 | 0.003 | 0.5 | 0.062 | 0.009 |

| daf-16(mg | Mean mRNA levels | p vs. EV | p vs. daf-2 (e1370) | | |
|--------------|------------------------|---------------------------|---------------------------|-------|-------|
| | | EV | 1.0 | | |
| | and 2 | daf-21(RNAi) | 0.5 | 0.017 | |
| | 500-3 | daf-2(e1370);EV | 2.1 | 0.014 | |
| | | daf-2(e1370);daf-21(RNAi) | 1.2 | 0.492 | 0.043 |
| daf-16a::rfp | | EV | 1.0 | | |
| | | daf-21(RNAi) | 0.4 | 0.070 | |
| | 010-1 | daf-2(e1370);EV | 1.5 | 0.387 | |
| | | daf-2(e1370);daf-21(RNAi) | 0.4 | 0.018 | 0.043 |
| | scl-20 | EV | 1.0 | | |

| | | daf-21(RNAi) | 7.0 | 0.003 | |
|---|--------|---------------------------|------------------------|--------------------|---------------------------|
| | | daf-2(e1370);EV | 345.4 | <0.001 | |
| | | daf-2(e1370);daf-21(RNAi) | 166.2 | <0.001 | 0.084 |
| | | EV | 1.0 | | |
| | act-20 | daf-21(RNAi) | 0.7 | 0.209 | |
| | ysi-20 | daf-2(e1370);EV | 3.0 | 0.009 | |
| | | daf-2(e1370);daf-21(RNAi) | 1.3 | 0.739 | 0.015 |
| <i>daf-16(mgDf50)</i> , treatment from hatching; Fig. 6e-h | | | Mean mRNA levels | p vs. <i>EV</i> | p vs. daf-2 (e1370) |
| | sod-3 | EV | 1.0 | | |
| | | daf-21(RNAi) | 1.6 | 0.943 | |
| | | daf-2(e1370);EV | 4.5 | 0.272 | |
| | | daf-2(e1370);daf-21(RNAi) | 5.6 | 0.216 | 0.873 |
| | | EV | 1.0 | | |
| | old_1 | daf-21(RNAi) | 0.8 | 0.453 | |
| | 010-1 | daf-2(e1370);EV | 0.4 | 0.186 | |
| daf-16d/f…afn | | daf-2(e1370);daf-21(RNAi) | 0.6 | 0.296 | 0.752 |
| uai-rou/rgip | | EV | 1.0 | | |
| | scl_1 | daf-21(RNAi) | 20.6 | 0.104 | |
| | 301-1 | daf-2(e1370);EV | 70.0 | 0.016 | |
| | | daf-2(e1370);daf-21(RNAi) | 289.2 | 0.003 | 0.290 |
| | | EV | 1.0 | | |
| | 102-1 | daf-21(RNAi) | 3.2 | 0.340 | |
| | lea-1 | daf-2(e1370);EV | 17.1 | 0.150 | |
| | | daf-2(e1370);daf-21(RNAi) | 2.5 | 0.449 | 0.449 |

| daf-2 | 2(e1370), treatment from L4; Fig. 7a-d | Mean mRNA levels | p vs. daf-2; daf-16;EV | p vs. daf-2 <i>;EV</i> |
|---|---|------------------------|-------------------------------------|---------------------------|
| | daf-16(mgDf50);EV | 1.0 | | |
| 2042 | daf-16(mgDf50);daf-21(RNAi) | 1.9 | 0.226 | |
| 500-3 | EV | 78.7 | <0.001 | |
| | daf-21(RNAi) | 24.9 | < 0.004 | 0.037 |
| | daf-16(mgDf50);EV | 1.0 | | |
| | daf-16(mgDf50);daf-21(RNAi) | 2.1 | 0.088 | |
| 010-1 | EV | 9.9 | <0.001 | |
| | daf-21(RNAi) | 3.6 | 0.012 | 0.028 |
| | daf-16(mgDf50);EV | 1.0 | | |
| | daf-16(mgDf50);daf-21(RNAi) | 1.7 | 0.761 | |
| SCI-20 | EV | 5317.1 | <0.001 | |
| | daf-21(RNAi) | 1949.7 | 0.001 | 0.390 |
| | daf-16(mgDf50);EV | 1.0 | | |
| are (20 | daf-16(mgDf50);daf-21(RNAi) | 0.8 | 0.422 | |
| gst-20 | EV | 4.4 | 0.002 | |
| | daf-21(RNAi) | 1.7 | 0.177 | 0.015 |
| <i>daf-2(e1370)</i> , treatment from L4; Fig. 7e-h | | Mean mRNA levels | p vs. daf-2; <i>daf-16;EV</i> | p vs. daf-2;EV |
| | daf-16(mgDf50);EV | 1.0 | | |
| col 1 | daf-16(mgDf50);daf-21(RNAi) | 1.0 | 0.925 | |
| 501-1 | EV | 2453.4 | <0.001 | |
| | daf-21(RNAi) | 2305.2 | <0.001 | 0.938 |
| | daf-16(mgDf50);EV | 1.0 | | |
| 102-1 | daf-16(mgDf50);daf-21(RNAi) | 2.4 | 0.010 | |
| iea-i | EV | 10.1 | <0.001 | |
| | daf-21(RNAi) | 20.6 | < 0.001 | 0.027 |

| 00/ 192 | daf-16(mgDf50);EV | 1.0 | | |
|---------|-----------------------------|------|-------|-------|
| | daf-16(mgDf50);daf-21(RNAi) | 2.4 | 0.198 | |
| COI-103 | EV | 16.2 | 0.001 | |
| | daf-21(RNAi) | 22.1 | 0.001 | 0.860 |
| | daf-16(mgDf50);EV | 1.0 | | |
| R05D8.7 | daf-16(mgDf50);daf-21(RNAi) | 1.1 | 0.913 | |
| | EV | 14.4 | 0.006 | |
| | daf-21(RNAi) | 13.5 | 0.013 | 0.638 |

| N2 wild | type, treatment from hatching; Fig. S7 | Mean mRNA levels | p vs. <i>EV</i> | p vs. daf-2 (RNAi) |
|---------|---|------------------------|-----------------|-----------------------|
| | EV | 1.0 | | |
| old 1 | EV/daf-21(RNAi) | 0.7 | 0.242 | |
| 010-1 | EV/daf-2(RNAi) | 3.4 | 0.002 | |
| | daf-2/daf-21(RNAi) | 1.1 | 0.815 | 0.003 |
| | EV | 1.0 | | |
| sod-3 | EV/daf-21(RNAi) | 1.0 | 0.852 | |
| | EV/daf-2(RNAi) | 8.1 | 0.005 | |
| | daf-2/daf-21(RNAi) | 2.9 | 0.213 | 0.038 |

| N2 wild type; Fig. S8a | | <i>daf-21</i> mRNA levels | % to <i>EV</i> | p vs. <i>EV</i> |
|---------------------------|------------|---------------------------------|----------------|-----------------|
| Treatment from | EV | 1.0 | | |
| hatching | 75pb(RNAi) | 0.3 | -65.3 | 0.017 |

| Treatment from hatching; Fig. S8d | | Mean mRNA levels | % to EV | p vs. EV | p vs. daf-2;EV |
|--------------------------------------|-------------------------|------------------------|------------|-------------|-------------------|
| | N2;EV | 1.0 | | | |
| sod-3 mRNA | N2;75bp(RNAi) | 0.9 | -6.5 | 0.868 | |
| levels | daf-2(e1370); EV | 7.3 | +625.2 | 0.007 | |
| | daf-2(e1370);75bp(RNAi) | 2.1 | -71.6 | 0.191 | 0.022 |
| | N2;EV | 1.0 | | | |
| <i>old-1</i> mRNA levels | N;75bp(RNAi) | 0.5 | -45.9 | 0.162 | |
| | daf-2(e1370); EV | 6.6 | +559.7 | 0.009 | |
| | daf-2(e1370);75bp(RNAi) | 2.7 | -59.7 | 0.084 | 0.067 |

| N2 wild type, treatment from hatching; Fig. S9d | | Mean | % to EV | p vs. <i>EV</i> |
|--|--------------|------|---------|--------------------|
| | EV | 1.0 | | |
| dal-27 mirina levels | daf-21(RNAi) | 0.3 | -73.5 | <0.001 |
| dof 160 m DNA lovala | EV | 1.0 | | |
| dai-16a mRinA levels | daf-21(RNAi) | 0.7 | -25.2 | 0.045 |

| <i>T</i> reatment from L4; Fig. S10 | | Mean mRNA levels | p vs. daf-16 (mu86) | |
|--|---|------------------------|---------------------------|-------|
| | daf-16(mu86) | | 1.0 | |
| | | gst-20 | 0.8 | 0.551 |
| def 10(m; OC) def 10-AMusta | scl-20 | 9.8 | 0.006 | |
| dai-10(11000), dai-10a ^r | | sod-3 | 2.1 | 0.351 |
| | | old-1 | 0.8 | 0.461 |
| <i>T</i> reatment from L4; Fig. S10 | | Mean mRNA levels | p vs. daf-16 (mu86) | |
| scl-20 | daf-16(mu86), daf-16a ^{AM} ::gfp | EV | 9.8 | |

| | | EV/daf-21(RNAi) | 55.7 | 0.374 |
|-------|------------------------------|-----------------|------|-------|
| sod-3 | dof 16/mu96) dof 160AMafa | EV | 2.1 | |
| | daf-16(mu86), daf-16a^w::gtp | EV/daf-21(RNAi) | 1.7 | 0.853 |

Table S4. : Statistical analysis of Fluorescence Microscopy assays

| | <i>daf-16ab::gfp</i> ; Fig. 4a and b | Nuclear localization (%) | p vs. <i>EV</i> | p vs. EV/daf- 2(RNAi) |
|---|---|--------------------------------|-----------------|-----------------------------|
| | EV | 2.3 | | |
| Treatment | EV/daf-21(RNAi) | 1.3 | 1.000 | |
| from hatching | EV/daf-2(RNAi) | 17.3 | 0.048 | |
| | daf-2/daf-21(RNAi) | 1.7 | 1.000 | 0.042 |
| <i>daf-16ab::gfp</i> ; Fig. 4c and d | | Nuclear localization (%) | p vs. <i>EV</i> | p vs. EV/daf- 2(RNAi) |
| | EV | 0.0 | | |
| Treatment from L4 | EV/daf-21(RNAi) | 0.0 | 1.000 | |
| | EV/daf-2(RNAi) | 81.2 | < 0.001 | |
| | daf-2/daf-21(RNAi) | 3.4 | 1.000 | < 0.001 |

| | <i>daf-16ab::gfp</i> ; Fig. S4a and b | Nuclear localization (%) | p vs. EV | p vs. HS;EV |
|---------------------------------------|--|--------------------------------|-----------------|----------------|
| | EV | 0.0 | | |
| Treatment | daf-21(RNAi) | 0.0 | 1.000 | |
| from hatching | HS;EV | 71.3 | <0.001 | |
| | HS;daf-21(RNAi) | 0.0 | 1.000 | <0.001 |
| <i>daf-16ab::gfp</i> , Fig. S4c and d | | Nuclear localization (%) | p vs. <i>EV</i> | p vs. HS;EV |
| | EV | 0.0 | | |
| Treatment from L4 | daf-21(RNAi) | 0.0 | 1.000 | |
| | HS;EV | 74.1 | < 0.001 | |
| | HS;daf-21(RNAi) | 22.7 | 0.161 | 0.002 |

| | <i>daf-16a::rfp</i> ; Fig. 5c and d | Nuclear localization (%) | p vs. EV | p vs. <i>daf-</i> 2;EV |
|--|--|--------------------------------|-----------------|---------------------------|
| | EV | 0.0 | | |
| Treatment | daf-21(RNAi) | 2.0 | 1.000 | |
| from hatching | daf-2(e1370);EV | 59.5 | <0.001 | |
| | daf-2(e1370);daf-21(RNAi) | 9.6 | 1.000 | 0.002 |
| <i>daf-16a::rfp</i> ; Fig. 5e and f | | Nuclear localization (%) | p vs. <i>EV</i> | p vs. <i>daf-</i> 2;EV |
| | EV | 0.0 | | |
| Treatment from L4 | daf-21(RNAi) | 0.0 | 1.000 | |
| | daf-2(e1370);EV | 16.1 | < 0.001 | |
| | daf-2(e1370);daf-21(RNAi) | 8.0 | 0.065 | < 0.001 |

| | <i>daf-16a::rfp</i> ; Fig. S5a and b | Nuclear localization (%) | p vs. <i>EV</i> | p vs. HS;EV |
|----------------------------|---|--------------------------------|-----------------|----------------|
| Treatment from hatching | EV | 0.0 | | |
| | daf-21(RNAi) | 0.0 | 1.000 | |
| | HS;EV | 88.3 | <0.001 | |
| | HS;daf-21(RNAi) | 12.5 | 0.834 | < 0.001 |

| | <i>daf-16a::rfp</i> ; Fig. S5c and d | Nuclear localization (%) | p vs. <i>EV</i> | p vs. HS;EV |
|----------------------|---|--------------------------------|-----------------|----------------|
| | EV | 0.0 | | |
| Treatment from L4 | daf-21(RNAi) | 0.0 | 1.000 | |
| | HS;EV | 66.7 | <0.001 | |
| | HS;daf-21(RNAi) | 30.8 | <0.001 | <0.001 |

| | <i>daf-16d/f::gfp</i> ; Fig. S6a and c | Nuclear localization (%) | p vs. <i>EV</i> | p vs. <i>daf-</i> 2;EV |
|---|---|--------------------------------|-----------------|---------------------------|
| | EV | 0.0 | | |
| Treatment | daf-21(RNAi) | 6.4 | 0.595 | |
| from hatching | daf-2(e1370);EV | 3.3 | 1.000 | |
| _ | daf-2(e1370);daf-21(RNAi) | 8.6 | 0.218 | 0.983 |
| <i>daf-16d/f::gfp</i> ; Fig. S6d and e | | Nuclear localization (%) | p vs. <i>EV</i> | p vs. HS;EV |
| | EV | 0.0 | | |
| Treatment | daf-21(RNAi) | 6.4 | 1.000 | |
| from hatching | HS;EV | 92.8 | < 0.001 | |
| | HS;daf-21(RNAi) | 100.0 | < 0.001 | 1.000 |

| <i>daf-16a::rfp</i> ; Fig. S8b and c | | Nuclear localization (%) | % to <i>EV</i> | p vs. <i>EV</i> |
|---|---------------|--------------------------------|----------------|-----------------|
| | EV | 0.0 | | |
| Treatment from hatching | 75bp(RNAi) | 0.0 | - | 1.000 |
| | HS;EV | 69.4 | - | <0.001 |
| | HS;75bp(RNAi) | 4.8 | -93.1 | < 0.001 |

| <i>daf-16a::rfp</i> ; Fig. S9a and b | | Intermediate localization (%) | % to <i>EV</i> | p vs. <i>EV</i> |
|---|-----------------------------|-------------------------------------|----------------|-----------------|
| | EV | 7.4 | | |
| Treatment | daf-21(RNAi) | 3.0 | -59.0 | 1.000 |
| from hatching | rle-1(cxTi510);EV | 10.4 | 40.6 | 1.000 |
| | rle-1(cxTi510);daf-21(RNAi) | 8.3 | -20.0 | 1.000 |
| <i>daf-16a::rfp</i> ; Fig. S9a and c | | Relative GFP fluorescence (%) | % to <i>EV</i> | p vs. <i>EV</i> |
| | EV | 1.0 | | |
| Treatment from hatching | daf-21(RNAi) | 0.8 | -23.2 | 1.000 |
| | rle-1(cxTi510);EV | 0.8 | -17.3 | 1.000 |
| | rle-1(cxTi510);daf-21(RNAi) | 1.0 | 16.4 | 1.000 |

Table S5. : Statistical analysis of fertility assays

| Treatment from hatching; Fig. S1d and f | | Average number of offspring | % to <i>EV</i> | |
|--|--------------|-----------------------------------|----------------|--------|
| | ND | EV | 188.7 | |
| 1 | INZ | daf-21(RNAi) | 0.0 | -100.0 |
| | daf-2(e1370) | EV | 146.0 | |
| | | daf-21(RNAi) | 0.0 | -100.0 |
| 2 | N2 | EV | 209.6 | |
| | | daf-21(RNAi) | 0.0 | -100.0 |
| | daf-2(e1370) | EV | 243.7 | |
| | | daf-21(RNAi) | 0.0 | -100.0 |

| 2 | N2 | EV | 264.7 | |
|--------------------------------------|---|-----------------------------------|----------------|--------|
| | | daf-21(RNAi) | 0.0 | -100.0 |
| 3 | $d = \left\{ \frac{1}{2} \left(\frac{1}{2} \right) \right\}$ | EV | 164.0 | |
| | ual-2(e1370) | daf-21(RNAi) | 0.0 | -100.0 |
| Treatment from L4; Fig. S2e and g | | Average number of offspring | % to <i>EV</i> | |
| | N2 | EV | 269.8 | |
| 1 | | daf-21(RNAi) | 79.4 | -70.6 |
| 1 | daf-2(e1370) | EV | 261.8 | |
| | | daf-21(RNAi) | 2.0 | -99.2 |
| 2 | N2 | EV | 280.0 | |
| | | daf-21(RNAi) | 67.4 | -75.9 |
| | daf-2(e1370) | EV | 174.8 | |
| | | daf-21(RNAi) | 6.9 | -96.1 |
| 3 | N2 | EV | 228.5 | |
| | | daf-21(RNAi) | 64.4 | -71.8 |
| | daf-2(e1370) | EV | 236.4 | |
| | | daf-21(RNAi) | 26.1 | -89.0 |

Table S6. : Statistical analysis of dauer assays

| Treatment from hatching; Fig. 3a | | Dauer formation (%) | p vs. <i>EV</i> | p vs. daf- 2(e1370) |
|-------------------------------------|--------------|---------------------------|-----------------|------------------------|
| daf-16a::rfp; | EV | 96.0 | | 1.000 |
| daf-2(e1370) | daf-21(RNAi) | 95.6 | 1.000 | 1.000 |
| daf-16d/f::gfp; daf-2(e1370) | EV | 53.0 | | 0.081 |
| | daf-21(RNAi) | 47.2 | 1.000 | 0.037 |
| daf-2(e1370) | EV | 98.4 | | |
| | daf-21(RNAi) | 97.5 | 1.000 | |
| daf-2(e1370); | EV | 0.0 | | < 0.001 |
| daf-16(mgDf50) | daf-21(RNAi) | 0.3 | 1.000 | < 0.001 |

| Treatment from hatching; Fig. 3b | | Dauer formation (%) | p vs. <i>N2;EV</i> | p vs. <i>EV</i> |
|-------------------------------------|--------------|---------------------------|-----------------------|-----------------|
| N2 wild type | EV | 0.0 | | |
| NZ WID type | daf-21(RNAi) | 0.0 | | 1.000 |
| TU3335 (unc- | EV | 6.8 | 0.019 | |
| 119p::sid-1) | daf-21(RNAi) | 51.4 | 0.012 | 0.021 |

Table S7: Primers used in this study

| Name | Sequence |
|------------|---------------------------------------|
| daf-2wt_FW | 5'-CCTCATCATTACTCAAACCAATATATGG-3' |
| daf-2mt_RV | 5'-GTTACACTCGGTGCTCAGT-3' |
| daf-16FW | 5'-ATTGTGTTCATTTGCCCCGC-3' |
| daf-16RV | 5'-GAAGGGAGCCCATCAATGCTC-3' |
| rle-G5 | 5'-CAGAATGGGATACTCGTCGGATGCTCC-3' |
| rle-G3 | 5'-GTTGTTCACGTGGAGTACACTGGGGTTTGTC-3' |
| Tc5 | 5'-GGATCATCTGTAACTATCCTCTATCG-3' |
| S510 | 5'-CATGAGGATACCTCGATGC-3' |
| actin_FW | 5'-ATCACCGCTCTTGCCCCATC-3' |

| actin_RV | 5'-GGCCGGACTCGTCGTATTCTTG-3' |
|---------------------|-----------------------------------|
| hsp90_FW | 5'-TCAGTTCGGAGTCGGATTCT-3' |
| hsp90_RV | 5'-CGACCTCTCCTCCTTCTTC-3' |
| sod-3_FW | 5'-CAAAGCTTGTTCAACCGGTTGC-3' |
| sod-3_RV | 5'-CCTCGTGAAGTTTCTCCTCGATCTG-3' |
| old-1_FW | 5'-TTCGCTGAGAAGAATTCCACGATC-3' |
| old-1RV | 5'-GATCTGTTTGCCCGGAGTTCTC-3' |
| scl-1_FW | 5'-CAATCAAGCATTGTGGATGC-3' |
| scl-1_RV | 5'-GGAATCCACGACCATTTTCC-3' |
| scl-20_FW | 5'-GTTCGCTGGATAAATATGCCC-3' |
| scl-20_RV | 5'-ACTCTTGGTTCTTCCATCCG-3' |
| lea-1_FW | 5'-ATGTAGAGAACAAAGCAGCAG-3' |
| lea-1_RV | 5'-CCTTGTCCTTGGTCTTGTC-3' |
| gst-20_FW | 5'-TTCTAGACAGCTCTTCGCC-3' |
| gst-20_RV | 5'-TTTGGAGTCCCGAACTGAG-3' |
| col-183_FW | 5'-CCTGGAAACGATGGACAACC-3' |
| col-183_RV | 5'-GTCCTCCAGCAGATCCACTT-3' |
| R05D8.7_FW | 5'-TGATGTTTTGGTGAACAATG-3' |
| R05D8.7_RV | 5'-TTACGATCCGCCAGGAATAG-3' |
| daf-16a_FW | 5'-CCTATTCGGATATCATTGCC-3' |
| daf-16a_RV | 5'-GGATCGAGTTCTTCCATCCG-3' |
| daf-2(RNAi)_FW | 5'-TTGGAAGCTCTCGGAACAACCAC-3' |
| daf-2(RNAi)_RV | 5'-ATGAACGACGTTGAAGGAGAAGG-3' |
| hsp90(RNAi)75bp_FW | 5'-CTGCTGTTCCATCATCG-3' |
| hsp90(RNAi)75bp_RV | 5'-CTCCTCCATGCGGGAAG-3' |
| hsp90(RNAi)300bp_FW | 5'-ATCAACCCAGACCACGCTATCATGAAG-3' |
| hsp90(RNAi)300bp_RV | 5'-TTAGTCGACCTCCTCCATGCG-3' |