

**Figure 1. Content of e-Powered Parents**

Website	Part	Topics		
Community	<i>Information part</i>	<ul style="list-style-type: none"> <li>Information and instructions how <i>e-Powered Parents</i> (community and training platform) works, including an online manual</li> </ul>		
		<ul style="list-style-type: none"> <li>Organization of pediatric nephrology unit (accessibility and team members)</li> </ul>		
		<ul style="list-style-type: none"> <li>Kidneys, kidney diseases and chronic kidney damage</li> </ul>		
		<ul style="list-style-type: none"> <li>Nutrition (e.g. proteins, phosphates, sodium, potassium, water, energy and recipes)</li> </ul>		
		<ul style="list-style-type: none"> <li>Medication (e.g. blood pressure, iron deficiency, erythropoietin, vitamins, potassium binders, growth hormone, immune suppressants)</li> </ul>		
		<ul style="list-style-type: none"> <li>Hemodialysis (e.g. shunt and dialysis catheter) and peritoneal dialysis (e.g. catheter, infections, continuous ambulatory peritoneal dialysis)</li> </ul>		
		<ul style="list-style-type: none"> <li>Kidney transplantation (e.g. blood types and compatibility, rejection of transplant, living donor, screening and preparation, during and after)</li> </ul>		
		<ul style="list-style-type: none"> <li>Growing up with chronic kidney disease (e.g. transition from a pediatric nephrologist to an adult nephrologist)</li> </ul>		
		<ul style="list-style-type: none"> <li>Education, school, and children's hospital school</li> </ul>		
		<ul style="list-style-type: none"> <li>Finance, laws, and regulations</li> </ul>		
		<ul style="list-style-type: none"> <li>Sport</li> </ul>		
		<ul style="list-style-type: none"> <li>Scientific research, projects, and guidelines</li> </ul>		
			<i>Interaction part</i>	<ul style="list-style-type: none"> <li>Blog</li> </ul>
				<ul style="list-style-type: none"> <li>Forum (with items such as nutrition, medication, dialysis, transplantation, kidney diseases, school and education, holidays, finance and insurance)</li> </ul>
<ul style="list-style-type: none"> <li>Chat</li> </ul>				
<ul style="list-style-type: none"> <li>Private messages</li> </ul>				
Training platform	<i>Training modules</i>	<ul style="list-style-type: none"> <li>Welcome</li> </ul>		
		Stress management module <ul style="list-style-type: none"> <li>Welcome</li> <li>Symptoms of stress</li> <li>Coping with stress</li> <li>Creating a personal stress management plan</li> </ul>		
		Setting limits module <ul style="list-style-type: none"> <li>Welcome</li> <li>Why saying no is important</li> <li>How to say no</li> <li>Handing over care</li> </ul>		
		Communication module <ul style="list-style-type: none"> <li>Welcome</li> <li>Active listening</li> <li>Asking questions</li> <li>Being assertive</li> <li>Communication in practice (healthcare professional, child, and other children in family)</li> </ul>		
		Coping with your child's CKD module <ul style="list-style-type: none"> <li>Coping</li> <li>Tips that could help you coping with your grief</li> </ul>		

