

Appendix Table 1: Variables and assignments

Variables	Code
Gender	
Male	0
Female	1
Age	
60-	1
70-	2
80-	3
Education	
Illiteracy or semiliterate	1
Primary school	2
Junior school or above	3
Past occupation	
Farmer	1
Others	2
Marital Status	
Single ^a	1
Couple	2
Number of children	
0-3	1
>3	2
Relationship with children	
Good or normal	1
Poor	2
Residence	
Urban	1
Rural	2
Self-reported health status	
Good	1
Normal	2
Psychological stress	
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ADL	
I	1
II	2
III	3
NCD	
Yes	1
No	2
Household income	
Q1 ^b	1
Q2	2
Q3	3
Q4	4