

Appendix I: Primary Care Obesity Resource Survey

The first set of questions asks about how often you use certain resources and how helpful they are to you when managing obesity (BMI >95th percentile) in your practice.

1. How often do you currently use this resource during a clinic visit when caring for patients with obesity?	Never	Rarely	Sometimes	Often	Always
EHR smart tool for obesity					
EHR discharge instructions for obesity					
Educational handouts to help patients manage weight					
Educational nutrition props (portioned plates, measuring cups, etc.)					
Websites to help patients manage weight					
Mobile apps to help patients manage weight					
Other resources (please list):					

2. How often do you currently refer your patients with obesity to ...	Never	Rarely	Sometimes	Often	Always
A dietitian/nutritionist					
A behavioral health specialist or psychologist					
A social worker or case manager					
A community exercise program					
The Nemours Weight Management Clinic (or Nemours Healthy Weight Clinic)					
Another weight management program					
Other (please list):					

3. In your current practice, how helpful is this resource to you in providing care to children with obesity?	Very unhelpful	Somewhat unhelpful	Neither unhelpful or helpful	Somewhat helpful	Very helpful
EHR smart tool for obesity					
EHR discharge instructions for obesity					
Educational handouts to help patients manage weight					
Educational nutrition props (portioned plates, measuring cups, etc.)					
Websites to help patients manage weight					
Mobile apps to help patients manage weight					
Dietitian/nutritionist					
Behavioral health specialist or psychologist					
Social worker or case manager					
Community exercise program					
The Nemours Weight Management Clinic (or Nemours Healthy Weight Clinic)					
Another weight management program					
Other resources (please list):					

Please let us know how strongly you agree with each of the following statements.

4. I feel that this is a barrier to providing effective obesity care in our practice ...	Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
Time constraints during well visits					
Scheduling access for obesity-specific visits					
Lack of patient educational materials in English					
Lack of patient education materials that are culturally or linguistically sensitive					
Poor physician reimbursement					
Poor non-physician reimbursement					
Lack of ancillary staff to assist with obesity management					
Lack of administrative or organizational support					
Other barriers (please list):					

Finally, we would like to know what new resources if integrated into your practice would help you to manage obesity in your patient population.

5. Integrating this new resource in my practice would help me to deliver better care to children with obesity ...	Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree	Already Have
On-site dietitian/nutritionist						
On-site exercise specialist						
On-site behavioral health specialist or psychologist						
On-site social worker						
Telehealth connection to the weight management team						
Health coach						
Patient educational materials						
Patient education materials that are culturally and linguistically sensitive						
Information about community resources						
Electronic dashboard for physicians to track weight and goals						
Electronic portal for patients to track weight and goals						
Other resources (please list):						

6. How often would you provide this new resource to your patients with obesity if it was integrated within your practice?	Never	Rarely	Sometimes	Often	Always
On-site dietitian/nutritionist					
On-site exercise specialist					
On-site behavioral health specialist or psychologist					
On-site social worker or case manager					
Telehealth connection to the weight management team					
Health coach					
Patient educational materials					
Patient education materials that are culturally and linguistically sensitive					
Information about community resources					
Electronic dashboard for physicians to track weight and goals					
Electronic portal for patients to track weight and goals					
Other resources (please list):					