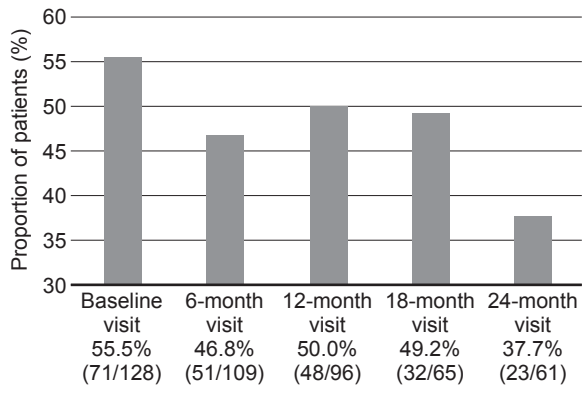


Proportion of poor sleepers (PSQI ≥ 5) during the course of the BETASLEEP study



Additional file 3: Sleep quality during the course of the BETASLEEP study.
PSQI, Pittsburg Sleep Quality Index.