

S4 Table. Number of participants by efficacy outcome and study

Author, year	HbA1c	FPG	Body Weight
Ba 2017 ¹	256	256	-
Gantz 2017 ²	189	189	189
Yang 2015 ³	279	279	-
Hermansen 2007 ⁴	206	206	-
Barnett 2013 ⁵	123	-	-
Garber 2008 ⁶	408	408	408
Pratley 2009 ⁷	495	498	488
Chacra 2009 ⁸	760	764	
Yale 2017 ⁹	215	215	-
Dungan 2016 ¹⁰	299	299	299
Forst 2015 ¹¹	161	-	-
Strojek 2014 ¹²	592	592	592
Hsieh 2011 ¹³	100	100	-
Scheen 2009 ¹⁴	1001	-	1001
Marre 2009 ¹⁵	1041	-	466
Seufert 2008 ¹⁶	639	639	-
Davidson 2007 ¹⁷	233	233	-
Buse 2004 ¹⁸	377	377	377
Araki 2015 ¹⁹	312	312	312
Kobayashi 2014 ²⁰	120	120	120
Wolffenbuttel 2000 ²¹	-	-	-
Kaku 2010 ²²	264	264	264
Zhu 2003 ²³	530	530	-
Bachmann 2003 ²⁴	330	330	-
Total RCTs	23	19	11
Total participants	8930	6611	4516

Note: HbA1c, glycated hemoglobin; FPG, fasting plasma glucose.