

**Frequent patient retraining at home  
reduces the risks of peritoneal dialysis-related infections  
: A randomised study**

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Representing Trial on Education And Clinical outcomes for Home PD patients (**TEACH**)

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Supplementary Table 1. Contents for patient education and training

1. What does the kidney do in our body?	• Location of the kidney
	• Functions of the kidney
	• What if the kidney stops working
2. What is peritoneal dialysis?	• What is PD?
	• PD catheter insertion
	• How is the water and waste removed?
	• Types of PD
3. Care of PD	• How PD fluid is exchanged?
	• PD fluid exchange procedure
	• Exit care
	• Shower
	• Water balance
4. Infectious complication	• Peritonitis
	• Exit site infection
5. Diet	• Protein
	• Carbohydrate
	• P
	• K
	• Na
	• Water
6. Drugs	• anti-hypertensive drugs
	• P binder
	• Vitamin D
	• Iron agents

	<ul style="list-style-type: none"> <li>• Laxatives</li> </ul>
	<ul style="list-style-type: none"> <li>• Erythropoietin and other ESAs</li> </ul>
	<ul style="list-style-type: none"> <li>• Insulin (in case of diabetes)</li> </ul>
	<ul style="list-style-type: none"> <li>• Heparin</li> </ul>
	<ul style="list-style-type: none"> <li>• Antibiotics</li> </ul>
7. Trouble shooting	1) Infusion/drain problems
	2) Contamination during exchange
	3) Turbid effluent
	4) Fibrin in effluent
	5) Bloody effluent
	6) Dark yellow effluent
	7) Catheter leakage
	8) Leakage from PD fluid bag
	9) Peri-catheter leak
	10) Abdominal pain
	11) Shoulder pain
	12) Exit pain
8. PD and life	<ul style="list-style-type: none"> <li>• Daily life</li> </ul>
	<ul style="list-style-type: none"> <li>• Sexual life</li> </ul>
	<ul style="list-style-type: none"> <li>• Exercise</li> </ul>
	<ul style="list-style-type: none"> <li>• Travel</li> </ul>
9. PD fluid management	<ul style="list-style-type: none"> <li>• PD fluid prescription</li> </ul>
	<ul style="list-style-type: none"> <li>• PD fluid delivery</li> </ul>

Supplementary Table 2. Checklist for PD training (for the first home visit)

Title	Content	Reference
Understanding of PD	<ul style="list-style-type: none"> <li>-Kidney function and ESRD</li> <li>-PD vs. HD</li> <li>-Principles of PD</li> <li>-Exchange method with demonstration (aseptic technique, PD environment)</li> <li>-Record the PD diary</li> <li>-Fluid balance</li> <li>-Diet &amp; Exercise</li> <li>- Problem solving</li> <li>- Exit care and shower</li> <li>-T-set exchange period</li> <li>- Medication</li> </ul>	PD education manual
PD price	<ul style="list-style-type: none"> <li>-PD solution price</li> <li>-payment method</li> </ul>	
Delivery	<ul style="list-style-type: none"> <li>-Domestic delivery</li> <li>-No refund, exchange and delivery without prescription</li> <li>-collection of waste bag</li> </ul>	
Benefit	<ul style="list-style-type: none"> <li>-Handicapped</li> <li>-Support from government/National pension</li> </ul>	
Before going home	<ul style="list-style-type: none"> <li>-prepare the supply</li> <li>-delivery the solution</li> <li>-patient test</li> </ul>	

Supplementary Table 3. Checklist for retraining during home visits

Patient name:		
Date:		
If retraining is the result of a peritonitis episode, what do you think was the cause?:		
<b>Hand Washing</b>	Yes	No
Hand washing technique is adequate Soap is adequate Washing time is adequate Good technique for drying hands No decantation of liquid soap		
<b>Exchange Technique</b>	Yes	No
The patient does an exchange: In a suitable room Around animals Checks date, volume, leak in the bag Disinfects the work surface correctly Mask Does the connection the right way “Flush before Fill” is done according to the technique The date of the MiniCap is observed Does the disconnection the right way Reconnects to the MiniCap the right way		
<b>Cycler technique</b>	Yes	No
The patient: In a suitable room Around animals Checks date, volume, leak in the bag Is very familiar with his or her programming Is able to change the programming Mask Connects the bags and tubing correctly Does the priming the right way Does the connection the right way Does the disconnection the right way Reconnects to the MiniCap the right way		
<b>I know what I have to do if:</b>	Yes	No
I see that my fluid is cloudy I am constipated I am bloated I am dehydrated or tired I contaminate my transfer line I have fibrin in my drain fluid		
<b>I must do every day</b>	Yes	No
Weigh myself Take my blood pressure Take note of my general condition (swelling, etc.) Observe my drain fluid		
Comments:		



# CONSORT

TRANSPARENT REPORTING of TRIALS

## CONSORT 2010 Flow Diagram

