## **Supplementary Information**

## Self-decoupled radiofrequency coils for magnetic resonance imaging

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The Supplementary Information includes 10 Supplementary Figures and 2 Supplementary

Tables.

$C_{ m mode}$	$f_{ m odd}$	$f_{\rm even}$	$f_{ m m}$	K <sub>m</sub>	Ke	K <sub>total</sub>
(pF)	(MHz)	(MHz)	(MHz)			
8.00	308.2	289.2	195.0	-0.110	0.047	-0.063
6.00	308.2	289.2	196.0	-0.110	0.048	-0.063
4.00	308.4	289.2	199.6	-0.114	0.052	-0.063
2.00	308.0	289.6	202.0	-0.112	0.052	-0.060
1.00	302.0	291.2	241.0	-0.109	0.071	-0.037
0.80	300.6	292.2	253.2	-0.108	0.078	-0.030
0.60	298.6	294.0	270.8	-0.098	0.082	-0.017
0.30	293.8	298.8	323.0	-0.087	0.103	0.016
0.20	291.8	300.8	350.0	-0.076	0.106	0.029
0.10	289.4	303.2	386.0	-0.067	0.112	0.046
0.01	287.0	306.2	438.0	-0.055	0.119	0.064

**Supplementary Table 1** Calculated coupling coefficients using full-wave electromagnetic simulations. The coils had the same size and geometry as those in Figure 2. First, a single coil was tuned to the Larmor frequency ( $f_0$ =298 MHz). Then its resonance frequencies in odd mode ( $f_{odd}$ ) and even mode ( $f_{even}$ ) were obtained by inserting an electric wall and a magnetic wall (Hong & Lancaster, IEEE Trans. Microw. Theory Techn. 44, 2099-2109, 1996), respectively.  $f_m$  is the transmission zero frequency in the presence of another identical coil. Finally, the magnetic ( $K_m$ , loop-mode) coupling coefficient, the electric ( $K_e$ , dipole-mode) coupling coefficient and the total coupling coefficient ( $K_{total}$ ) were calculated based on the following equations from Chu *et al.* (IEEE Trans. Microw. Theory Techn. 56, 431-439, 2008):

$$\begin{split} |K_{\rm m}| &= \frac{1}{2} \left( \frac{f_{odd}^2 - f_0^2}{f_{odd}^2 - f_m^2} + \frac{f_{even}^2 - f_0^2}{f_m^2 - f_{even}^2} \right) \ (1) \\ |K_{\rm e}| &= \frac{f_m^2}{2f_0^2} \left( \frac{f_0^2 - f_{odd}^2}{f_m^2 - f_{odd}^2} + \frac{f_0^2 - f_{even}^2}{f_{even}^2 - f_m^2} \right) \ (2) \\ K_{\rm total} &= \frac{K_{\rm m} + K_{\rm e}}{1 + K_{\rm m} K_{\rm e}} \ (3) \end{split}$$



**Supplementary Figure 1** Illustration of how to tune  $C_{mode}$  to achieve self-decoupling based on bench measurements of  $S_{21}$ . When  $f_m$  is lower (**left, top**) or higher (**left, bottom**) than the desired resonance frequency  $f_0$ ,  $C_{mode}$  needs to be decreased or increased, respectively, to bring  $f_m$  to  $f_0$  and achieve the best decoupling performance.



**Supplementary Figure 2** Simulated multi-slice axial  $B_1^+$  maps of two non-decoupled conventional coils (top row) and two self-decoupled coils (middle row) in a loop-loop configuration. The same input power (1 Watt) was used for all measurements. The bottom row plots the average  $B_1^+$  in each slice. Number of slices = 10, Slice gap = 1cm. Although the current is non-uniform in self-decoupled coils (stronger near the feed port and weaker near the C<sub>mode</sub> capacitor), the slice-by-slice  $B_1^+$  maps decay similarly to non-decoupled coils' maps. This can be understood by considering that the  $B_1^+=(B_x+iB_y)/2$  field is mainly produced by the current on the vertical conductor segments for this square coil, where the current distribution is relatively uniform.



**Supplementary Figure 3** Measured multi-slice axial  $B_1^+$  maps of two non-decoupled conventional coils (top row) and two self-decoupled coils (middle row) in a loop-loop configuration. The same input power was used for all measurements. The bottom row plots the average  $B_1^+$  in each slice. Number of slices = 10, Slice gap = 1 cm. The overall experimental results are consistent with the simulated  $B_1^+$  maps in Supplementary Figure 2. The measured  $B_1^+$  maps are not as uniform along the z-direction as the simulated maps, which is because (due to its small value) only one X<sub>arm</sub> inductor was used in the constructed coils while six X<sub>arm</sub> were used in the simulated coils.



**Supplementary Figure 4** Comparison of two-loop non-decoupled conventional coils and transformerdecouple coils. **a**) Constructed two-element non-decoupled conventional (**left**) and transformer-decoupled (**right**) coil arrays, with the same dimensions as the simulated coils in Figure 2. **b**) Measured S-parameter plots of the non-decoupled conventional (**left**) and transformer-decoupled coils (**right**). **c**) Simulated and measured axial RF transmit field strength ( $B_1^+$ ) maps of ideal single conventional coils, the two non-decoupled conventional loops and the two transformer-decoupled coils.



**Supplementary Figure 5** Measured S-parameter plots versus frequency with different coil separations ( $D_{coil}$ , from 1 cm to 7 cm with steps of 1 cm). **a**)  $S_{11}$  plots (matching performance) of two conventional coils. **b**)  $S_{11}$  plots of two self-decoupled coils. **c**)  $S_{21}$  plots (decoupling performance) of two conventional coils. **d**)  $S_{21}$  plots of two self-decoupled coils. The conventional coils' performance depends strongly on  $D_{coil}$ . For  $D_{coil}$  less than 3 cm, the strong coupling caused resonant peak splitting and impedance mismatch. For the self-decoupled coils, however, excellent matching (<-22 dB) and decoupling performance (<-20 dB) were maintained as  $D_{coil}$  changed from 7 cm to 1 cm.



**Supplementary Figure 6** Measured S-parameter plots versus frequency with different coil-to-phantom distances ( $D_{phantom}$ , 1.5 cm to 7.5 cm in 1 cm steps). The coils were initially tuned, matched and decoupled when  $D_{phantom} = 4.5$  cm, and were not readjusted for other  $D_{phantom}$ . **a**)  $S_{11}$  plots (matching performance) of two overlapped conventional coils. **b**)  $S_{11}$  plots of two self-decoupled coils. **c**)  $S_{21}$  plots (decoupling performance) of two overlapped conventional coils. **d**)  $S_{21}$  plots of two self-decoupled coils. Compared to the conventional coil, the self-decoupled coil has similar matching robustness but more obvious resonance frequency shift. The decoupling performance of self-decoupled coils is overall better compared to overlapped conventional coils, especially in the light loading (large phantom-coil distance) case.



**Supplementary Figure 7** Simulated axial  $B_1$  maps of a conventional coil (uniform current distribution) and self-decoupled coils fed at different positions, as indicated by the red arrows in Supplementary Figure 7a. All coils were  $10 \times 10$  cm<sup>2</sup> in size and were placed 1 cm away from a cylindrical phantom (diameter 20 cm, length 30 cm,  $\delta = 0.6$  S m<sup>-1</sup> and  $\zeta_r = 78$ ). When fed in its vertical conductor, the self-decoupled coil exhibited "loopole-type"  $B_1$  patterns, which can increase either  $B_1^+$  or  $B_1^-$  at the expense of decreasing the other, which is consistent with previous work. In this simulation, the "loopole-type"  $B_1$  patterns had notable improvements (average 18%) in either transmit efficiency or receive sensitivity (red boxes).



Supplementary Figure 8 Decoupling capability versus different coil separations. a) Simulated  $S_{21}$  of a pair of self-decoupled coils and a pair of conventional coils as a function of the coils' center-to-center distance (i.e., overlapping area). For the conventional coils, a critical overlapping area was required for decoupling. However, the self-decoupled coils maintained excellent decoupling performance over a wide range of overlapping areas. b)  $C_{mode}$  as a function of coil distance. Each circular loop had a dimension of  $10 \times 10 \text{ cm}^2$  and was placed 2 cm away from a tank phantom (dimension  $40 \times 30 \times 20 \text{ cm}^3$ ,  $\delta = 0.7 \text{ Sm}^{-1}$  and  $\xi_r = 55$ ).

Coil size	C <sub>mode</sub>	Total X <sub>arm</sub>
$(cm^2)$	(MHz)	(nH)
10×10	0.44	33.6
9×9	0.50	49.2
8×8	0.57	60.4
7×7	0.65	70.1
6×6	0.73	77.7
5×5	0.82	82.2

Supplementary Table 2 Simulated values of  $C_{mode}$  and total  $X_{arm}$  of self-decoupled coils across a range of dimensions (square loop, from 10 × 10 cm<sup>2</sup> to 5 × 5 cm<sup>2</sup>). All coils are tuned to 298 MHz (Larmor frequency at 7 Tesla) and matched to 50 Ohms. The  $C_{mode}$  values increased approximately linearly as the coil size decreased.



**Supplementary Figure 9** Small (5 × 5 cm<sup>2</sup>) two-loop coil arrays. **a**) Diagrams of two-element conventional (**left**) and self-decoupled (**right**) coil arrays. **b**) Constructed two-element conventional (**left**) and self-decoupled (**right**) coil arrays. **c**) Measured S-parameter plots of the conventional (**left**) and self-decoupled coils (**right**). **d**) Measured  $B_1^+$  and normalized  $B_1^-$  maps of ideal single coils, two conventional loops and two self-decoupled coils in a transverse slice. Compared to the non-decoupled coils, Loop 1 and Loop 2 of the self-decoupled coils had 37% and 21% higher  $B_1^+$ , and 23% and 31% higher  $B_1^-$ .



Supplementary Figure 10 Self-decoupled coils at 1.5 Tesla and 3 Tesla. a) Schematic of a single conventional coil with equal capacitance distribution and a single coil from a two-element self-decoupled array at 3 Tesla and 1.5 Tesla. Coils with two different dimensions ( $10 \times 10 \text{ cm}^2$  and  $20 \times 20 \text{ cm}^2$ ) were simulated. All coils were wrapped around a cylindrical phantom ( $\delta = 0.6 \text{ S m}^{-1}$  and  $\xi_r = 78$ ) with a separation of 1 cm. The diameters of the cylindrical phantoms were 20 cm and 40 cm for the  $10 \times 10 \text{ cm}^2$  coil and the  $20 \times 20 \text{ cm}^2$  coil,

respectively. Coil conductors were modeled as copper sheets with a conductivity of 5.8  $\times 10^7$  S m<sup>-1</sup>, and capacitors and inductors were modeled as lossy components considering series resistance. The quality (Q-) factors of the capacitors were between 1000 to 2000 based on datasheets of commercial high-Q non-magnetic capacitors (Passive Plus, 111C Series, Huntington, NY), and the Q-factors of the inductors were set to 250. As in the real case, the coil impedances were well matched to 50 Ohms, with  $S_{11}$ 's less than -30 dB. The isolation between the pair of self-decoupled coils was less than -25 dB. In all simulations, the input power was set to 1 Watt. b) Central axial receive sensitivity  $(B_1)$  maps for different coil sizes at 3T and 1.5T. Compared to the ideal single coil without the presence of the other coil, the receive sensitivity of the self-decoupled coil was maintained at 3T, with a decrease < 2%. At 1.5 T, however, the receive sensitivity loss is larger, up to 21% for a  $10 \times 10$  cm<sup>2</sup> coil. c) Analysis of power loss. The power losses were calculated by integrating the surface loss density or volume loss density using a built-in function in the simulation software (ANSYS HFSS, Canonsburg, PA, USA). A significant amount of power was lost in the inductors of the self-decoupled coils (Xarm) at 1.5 T, partly because the required inductor had a large value, and partly because coil losses are generally larger at low fields. We note that the conductor loss of the self-decoupled coil is slightly smaller than the conventional coil due to its high-impedance structure. The power loss results are consistent with the results in Supplementary Figure 10b, specifically that higher sample loss leads to higher receive sensitivity.