

1 Additional file 1**2 Supplementary methods****3 Cell culture**

4 HCAEC (Cat. No. CC-2585), HPAEC (Cat. No. CC-2530), HCMVEC (Cat. No. CC-7030),
5 HDMVEC (CC-2543, all from Clonetics, Lonza), and HBMVEC (Cat. No. ACBRI 376, Cell
6 Systems) were propagated in EBM-2 medium (Clonetics, Lonza) supplemented with EGM-
7 2MV Single Quots with 5% FBS (Clonetics, Lonza) in a Class 100 HEPA air filtered system
8 (SteriCult, Fisher Scientific, Switzerland) as described [1]. All the five endothelial cell types
9 used in this study were tested positively and functionally for CD31/105, von Willebrand
10 Factor VIII, and acetylated low density lipoprotein uptake as guaranteed by the manufacturer
11 (Lonza, Cell Systems). To avoid masked low-level contamination in cultures, culture
12 medium devoid of antibiotics was used throughout the study. Only cells from passages 3- 6
13 were used for the experiments. Endothelial monolayers were treated with recombinant human
14 RSPO3 (500 ng/mL, Cat. No. 120-44, PeproTech) and recombinant human IL-1 β (20 U/mL,
15 Cat. No. 200-01B, PeproTech). A dose response assessment performed with three different
16 concentrations of RSPO3 (250 ng/mL, 500 ng/mL and 1000 ng/mL) revealed 500 ng/mL as
17 the optimal dose required to produce significant reproducible changes in monolayer
18 permeability (Additional file 3: Fig. S2). Therefore, 500 ng/mL of RSPO3 was chosen in all
19 further experiments in this study. For all pipetting steps, TipOne aerosol barrier sterile filter
20 pipet tips (USA Scientific) were used.

21 Immunoblotting

22 Immunoblotting of RSPO3 and quantification of band densities were carried out as
23 described [2] with modifications. After resolving equal amounts of protein on Criterion
24 Stain-Free Precast Gels (Cat. 567–8074, Bio-Rad) and transferring onto PVDF membranes,
25 the membranes were incubated with blocking solution (5% BSA in 1X TBS containing 0.1%

1 Tween-20) for 1 h at room temperature (RT). The membranes were then washed thrice in 1X
2 TBS containing 0.1% Tween-20 (TBST) and incubated with primary antibodies (diluted in
3 blocking solution) at 4°C overnight. The following antibody was used with dilution indicated:
4 rabbit anti-RSPO3, polyclonal (1:500, Cat. No. ab171010, Abcam). After washing thrice in
5 1X TBST, blots were incubated with anti-rabbit IgG- HRP-linked whole antibody (1:5000,
6 Cat. No. NA934V, GE Healthcare UK Limited) for 1 h at RT. The blots were washed thrice
7 in 1X TBST and visualized with ECL Plus Western blotting detection reagents (Amersham
8 Bioscience) in a ChemiDoc MP imaging system (Bio-Rad). Densitometry analysis of blots
9 were performed using Bio-Rad Image lab 5.2.1 software. In-gel stained total protein served as
10 loading control for RSPO3 protein quantification.

11 **Live recording of endothelial monolayer barrier function using ECIS**

12 The response of the endothelial monolayer barrier to a particular stimulus is functionally
13 assessed in real-time in a fully standardized manner by continuously recording changes in
14 trans-endothelial electrical resistance (TEER) using ECIS [3]. Endothelial barrier function
15 was continuously recorded using the 8W10E+ electrode chamber arrays and ECIS Z Theta
16 system (Applied Biophysics) with associated software v.1.2.126 PC, as described [1].
17 Briefly, 8W10E+ arrays were coated with rat tail collagen type I (0.01% in sterile pyrogen-
18 free water; BD Biosciences) for 12 h and the array electrodes were stabilized as per
19 manufacturer's instructions. A monodisperse suspension of human vascular endothelial cells
20 in EGM-2 MV medium (Clonetics, Lonza) supplemented with 5% FBS was added to the
21 arrays at a density of 80,000–90,000 cells/well and incubated up to 20- 24 h to form a
22 uniform dense monolayer (Additional file 2: Fig. S1). Treatments were carried out adding
23 200 µL fresh medium with the respective stimuli into wells containing 200 µL of culture
24 medium, yielding the final concentrations indicated in a total volume of 400 µL/well.
25 Resistance of endothelial monolayer was continuously measured in Ohms at multiple

1 frequencies ranging from 62.6 Hz to 64 kHz. Each of the eight wells of the 8W10E+ arrays
2 contain 40 electrodes that trace the monolayer at 40 different locations in every well. The
3 measurements from each well were averaged. Resistance measurements at 4000 Hz indicative
4 of cell-cell adhesion tightness are shown.

5 **Immunofluorescence staining**

6 Cells were grown up to a confluent monolayer stage in rat tail collagen type I coated four-
7 chamber glass culture slides (Falcon), incubated with the indicated stimuli for 6 h and fixed
8 immediately with 4% formalin buffer for 10 min. Cells were washed thrice in PBS, incubated
9 with blocking solution (10% goat serum and 1% BSA in PBS) for 1 h at RT and
10 immunofluorescence staining for β -catenin and VE-cadherin were performed as described [1,
11 4]. Rabbit -anti- β -catenin (diluted 1:150, Cat. No. 9562, Cell Signalling Technology) and
12 rabbit-anti-VE-cadherin (diluted 1:100, Cat. No. 2158, Cell Signalling Technology) were
13 used as the primary antibodies and detected by the Alexa 568 labelled goat anti-rabbit
14 secondary antibody (1:2000, Cat. No. A11036, Molecular Probes, Invitrogen). The antibodies
15 were diluted in PBS containing 1% goat serum and 0.1% BSA. To stain for cellular actin,
16 formalin fixed cells were incubated with Alexa Fluor 488 Phalloidin (diluted 1:80, Molecular
17 Probes, Invitrogen, USA) for 1 h at RT in the dark. Quantitative assessment of gap index and
18 gap size index were carried out as described [5]. Gaps were quantified from 8 fields ($\geq 75\%$
19 cells/field) of VE-cadherin immunostained endothelial monolayers from each of the two
20 experimental groups (nontreated, RSPO3 treated). Total cell area and inter-endothelial gap
21 area were quantified using ImageJ based Fiji software.

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1 **References**

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