



## Appendix A: Travel Diary
















MONDAY

**1. Please answer as accurately as you can about your trip TO SCHOOL on Monday morning.**

What time did you leave home? Hour  ..... Minute  .....

What time did you arrive at school? Hour  ..... Minute  .....

**Please fill in the following table based on how you got TO school and how long it took.**

	You may colour MORE THAN ONE (●)	How many minutes did you spend in each type of transport?
<b>Walk</b>	○	 .....hours and  .....minutes
<b>Bicycle</b>	○	 .....hours and  .....minutes
<b>Skateboard/Scooter</b>	○	 .....hours and  .....minutes
<b>Bus</b>	○	 .....hours and  .....minutes
<b>Train</b>	○	 .....hours and  .....minutes
<b>Car</b>	○	 .....hours and  .....minutes
<b>Other</b>	 .....	 .....hours and  .....minutes

**2. Please answer as accurately as you can about your trip FROM SCHOOL on Monday afternoon.**

What time did you leave school? Hour  ..... Minute  .....
















What time did you arrive at your next destination? Hour  ..... Minute  .....

Was this destination home  (H) or other  (O)

If other, please explain

..... 

Please fill in the following table based on your trip **FROM** school and how long it took.

	You may colour MORE THAN ONE (●)	How many minutes did you spend in each type of transport?
Walk	○	 .....hours and  .....minutes
Bicycle	○	 .....hours and  .....minutes
Skateboard/Scooter	○	 .....hours and  .....minutes
Bus	○	 .....hours and  .....minutes
Train	○	 .....hours and  .....minutes
Car	○	 .....hours and  .....minutes
Other	 .....	 .....hours and  .....minutes