# Population pharmacokinetics of levodopa/carbidopa microtablets in healthy subjects and Parkinson's disease patients

European Journal of Clinical Pharmacology

Marina Senek<sup>1,2</sup> PhD, Dag Nyholm<sup>1</sup> MD PhD, Elisabet I Nielsen<sup>2</sup> PhD

<sup>1</sup>Department of Neuroscience, Neurology, Uppsala University, Sweden<sup>1</sup>

<sup>2</sup>Department of Pharmaceutical Biosciences, Uppsala University, Sweden<sup>2</sup>

Marina Senek, corresponding author, ORCID 0000-0003-0302-6946

Department of Neuroscience, Neurology

Uppsala University

Akademiska Sjukhuset/Uppsala University Hospital

751 85 Uppsala, Sweden

E-mail: marina.senek@neuro.uu.se

<sup>&</sup>lt;sup>1</sup> Uppsala University Hospital, 751 85 Uppsala, Sweden

<sup>&</sup>lt;sup>2</sup> Uppsala biomedicinska centrum BMC, Husarg. 3, Box 591, 751 24 UPPSALA

## **Bioanalysis**

The methods used were validated in agreement with the ICH Validation of Analytical Procedures<sup>1</sup> and the Guideline on Bioanalytical Method Validation<sup>2</sup>.

### Levodopa/carbidopa microtablets in healthy subjects (Study 1 and 3)<sup>3,4</sup>

Blood samples were immediately centrifuged (10 min, 3100 rpm) after collection in EDTA tubes containing 143 IU of heparin. The samples were stored frozen (-75°C) until analysis after addition of 50  $\mu$ L 10% sodium metabisulfite solution. The plasma samples were thawed, and after protein precipitation, the plasma concentrations of levodopa and carbidopa were determined (limits of quantification (LOQ) were 12 and 15 ng/mL respectively) (Supplementary Table 1).

#### Levodopa/carbidopa microtablets in patients (Study 2)<sup>5</sup>

Collected blood samples (in EDTA tubes) were stored on ice, centrifuged within 1 hour (20 min, Sorvall SL50T, 3900 rpm), and stored frozen at -80 °C until analysis. The plasma samples were thawed, and after protein precipitation, the plasma concentrations of levodopa and carbidopa were determined (limits of quantification (LOQ) were 10 and 20 ng/mL respectively) (Supplementary table 1). The analysis was conducted at The Department of Pharmacology, University of Gothenburg, Sweden.

	Study 1 and 3	Study 2		
Chromatography	HPLC (2250 Bischoff)	HPLC (Dionex Ultimate 3000 pump)		
Detector	Coulochem II multi-electrode detector ESA (Chelmsford, Mass)	Waters 450 amperometric detector		
Column	C18-AQ particle size 5 µm guard column (Reprosil-Pur)	C18 reverse phase column (Onyx) 2.0 mm x 200 mm		
Mobile phase	100-mmol/L sodium dihydrogen orthophosphate, pH 3.0, containing 0.5- mmol/LOSA, 1-mmol/L EDTA, and 7% methanol	50 mmol/L phosphate buffer, pH 2.88 with EDTA 10 mg/L, methanol 4.0%, acetonitrile 1.5% and 1-octanesulphonic acid 100 mg/L		
Tray cooling	+5 °C	+4 °C		

<b>a</b> 1	<b>m</b> 11	4			
Supplementary	Table	I B10	analysis	equinm	ent
Supplementary	1 uore	1. DIO	unui y 515	equipin	Unit

HPLC, High performance liquid chromatography; UPLC, Ultra performance liquid chromatography.

### References

- 1. ICH Topic Q 2 B, Validation of Analytical Procedures: Methodology, Note for guidance on validation of analytical procedures (CPMP/ICH/281/95).
- 2. EUROPEAN MEDICINES AGENCY. Guideline on bioanalytical method validation. *Committee* for Medicinal Products for Human Use (CHMP). 2011.
- 3. Nyholm D, Lewander T, Gomes-Trolin C, et al. Pharmacokinetics of levodopa/carbidopa microtablets versus levodopa/benserazide and levodopa/carbidopa in healthy volunteers. Clin Neuropharmacol. 2012;35:111–117.
- 4. Nyholm D, Ehrnebo M, Lewander T, et al. Frequent administration of levodopa/carbidopa microtablets vs levodopa/carbidopa/entacapone in healthy volunteers. Acta Neurol Scand. 2013;127:124–132.
- Senek M, Aquilonius S-M, Askmark H, et al. Levodopa/carbidopa microtablets in Parkinson's disease: a study of pharmacokinetics and blinded motor assessment. Eur J Clin Pharmacol. 2017;73:563–571.