

### Supplemental Digital Content 3

**Table 1.** STD and PD AUC and iAUC for responses for glucose, insulin and FFA

	AUC			iAUC		
	STD	PED	p	STD	PED	p
	Mean (SE)	Mean (SE)		Mean (SE)	Mean (SE)	
<b>Glucose</b>	1122.0 (55.0)	1118 (45.1)	0.87	126.3 (38.9)	95.4 (45.6)	0.32
<b>Insulin</b>	441.8 (56.1)	302.6 (41.8)	0.00	358.8 (48.5)	213.6 (33.6)	0.00
<b>FFA</b>	14.8 (3.8)	12.9 (2.4)	0.29	-7732.3 (3233.8)	-8863.2 (4241.0)	0.59

AUC: area under the curve; FFA: free fatty acid; iAUC: incremental area under the curve; PED: pedal desk; SE: standard error; STD: standard desk