

S8 Table. Results of polygenic adaptation tests for the GWAS phenotypes

| Phenotype | # SNPs | Direction ^a | $P_{\text{freq.diff}}$ ^b | $P_{\text{overdispersion}}$ ^c | P_{outlier} ^d |
|---|--------|------------------------|-------------------------------------|--|-----------------------------------|
| 1. Physiological phenotypes | | | | | |
| Hb | 36 | - | 0.0470 | 0.0654 | 0.0000 |
| Hb (no EPAS1) | 35 | - | 0.4666 | 0.2006 | 0.8460 |
| Hb (European) | 91 | - | 0.2488 | 0.4334 | 0.1100 |
| SaO ₂ | 48 | + | 0.8517 | 0.5804 | 0.6464 |
| oxyHb | 43 | - | 0.1016 | 0.6828 | 0.0008 |
| oxyHb (no EPAS1) | 42 | - | 0.5544 | 0.6952 | 0.0656 |
| deoxyHb | 45 | - | 0.0232 | 0.2478 | 0.0024 |
| Pulse | 52 | - | 0.0620 | 0.1570 | 0.4048 |
| Pulse (European) | 123 | - | 0.0001 | 0.1020 | 0.4080 |
| 2. Fertility Counts (all samples) | | | | | |
| # of pregnancies | 37 | + | 0.4914 | 0.1598 | 0.7732 |
| # of live births | 40 | + | 0.5298 | 0.0284 | 0.8652 |
| # of children born alive but died < 1 yr | 44 | - | 0.2638 | 0.4788 | 0.0940 |
| # of children surviving at 1 yr but died < 5 yr | 39 | - | 0.1344 | 0.6272 | 0.0000 |
| # of children surviving at 5 yr but died < 15 yr | 45 | - | 0.0702 | 0.6494 | 0.1020 |
| # of children born alive but died < 5 yr | 34 | - | 0.3784 | 0.4580 | 0.2060 |
| # of children born alive but died < 15 yr | 46 | - | 0.1159 | 0.2968 | 0.0936 |
| # of children surviving at 1 yr | 46 | + | 0.0166 | 0.0402 | 0.0100 |
| # of children surviving at 5 yr | 45 | + | 0.4383 | 0.8132 | 0.8672 |
| # of children surviving at 15 yr | 45 | + | 0.3128 | 0.2444 | 0.4780 |
| # of stillbirths | 60 | - | 0.5398 | 0.3850 | 0.3264 |
| # of miscarriages | 53 | - | 0.8412 | 0.5244 | 0.0840 |
| # of twin births | 47 | - | 0.1389 | 0.7576 | 0.0024 |
| A woman's age at her first childbirth | 35 | - | 0.4003 | 0.8180 | 0.3180 |
| A woman's age at her last pregnancy | 35 | + | 0.3673 | 0.4608 | 0.9920 |
| 3. Fertility proportions (all samples) | | | | | |
| Proportion of live births among pregnancies | 31 | + | 0.6096 | 0.6666 | 0.7820 |
| Proportion of stillbirths among pregnancies | 39 | - | 0.2852 | 0.6026 | 0.0004 |
| Proportion of miscarriages among pregnancies | 35 | - | 0.7469 | 0.0534 | 0.3604 |
| Proportion of children born alive but died < 1 yr | 41 | - | 0.7819 | 0.1354 | 0.2956 |
| Proportion of children born alive but died < 5 yr | 32 | - | 0.9329 | 0.0848 | 0.5504 |
| Proportion of children born alive but died < 15 yr | 42 | - | 0.5430 | 0.1498 | 0.4452 |
| Proportion of children surviving at 1 yr but died < 5 yr | 35 | - | 0.4650 | 0.5392 | 0.8728 |
| Proportion of children surviving at 5 yr but died < 15 yr | 40 | - | 0.2881 | 0.9640 | 0.5504 |

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S8 Table. (Continued from the previous page)

| Phenotype | # SNPs | Direction ^a | $P_{\text{freq.diff}}$ ^b | $P_{\text{overdispersion}}$ ^c | P_{outlier} ^d |
|---|--------|------------------------|-------------------------------------|--|-----------------------------------|
| 4. Fertility Counts (CM subset) | | | | | |
| # of pregnancies | 49 | + | 0.0132 | 0.6232 | 0.2892 |
| # of live births | 43 | + | 0.0016 | 0.0282 | 0.0020 |
| # of children born alive but died < 1 yr | 40 | - | 0.0121 | 0.0746 | 0.0000 |
| # of children surviving at 1 yr but died < 5 yr | 42 | - | 0.7543 | 0.7786 | 0.7896 |
| # of children surviving at 5 yr but died < 15 yr | 68 | - | 0.3043 | 0.5702 | 0.0256 |
| # of children born alive but died < 5 yr | 32 | - | 0.4068 | 0.6558 | 0.1668 |
| # of children born alive but died < 15 yr | 50 | - | 0.0236 | 0.2432 | 0.0000 |
| # of children surviving at 1 yr | 44 | + | 0.6344 | 0.2674 | 0.1028 |
| # of children surviving at 5 yr | 50 | + | 0.4294 | 0.3374 | 0.4912 |
| # of children surviving at 15 yr | 72 | + | 0.2506 | 0.5352 | 0.6644 |
| # of stillbirths | 85 | - | 0.8547 | 0.3146 | 0.6988 |
| # of miscarriages | 91 | - | 0.0243 | 0.3632 | 0.0000 |
| # of twin births | 59 | - | 0.0210 | 0.6340 | 0.0000 |
| A woman's age at her first childbirth | 60 | - | 0.5764 | 0.0714 | 0.0000 |
| A woman's age at her last pregnancy | 48 | + | 0.7874 | 0.2622 | 0.6476 |
| 5. Fertility proportions (CM subset) | | | | | |
| Proportion of live births among pregnancies | 38 | + | 0.4013 | 0.1380 | 0.1624 |
| Proportion of stillbirths among pregnancies | 44 | - | 0.2299 | 0.3822 | 0.0008 |
| Proportion of miscarriages among pregnancies | 35 | - | 0.3929 | 0.1486 | 0.3480 |
| Proportion of children born alive but died < 1 yr | 44 | - | 0.2765 | 0.6604 | 0.2812 |
| Proportion of children born alive but died < 5 yr | 38 | - | 0.5171 | 0.9830 | 0.0740 |
| Proportion of children born alive but died < 15 yr | 39 | - | 0.1015 | 0.3980 | 0.0224 |
| Proportion of children surviving at 1 yr but died < 5 yr | 52 | - | 0.8736 | 0.4502 | 0.2332 |
| Proportion of children surviving at 5 yr but died < 15 yr | 44 | - | 0.6447 | 0.5886 | 0.0548 |

^a Assumed direction of positive selection for each phenotype

^b One-sided empirical p -value for the mean frequency difference test

^c P -value for the overdispersion test

^d P -value for the outlier test of Tibetans and the Sherpa

^e Results with the continuously married subset of individuals