

Supplementary Table 1
Main Components and Content Assay of Danggui-Baizhu-Tang

| Chinese herb | Content assay | Pharmacopoeia standard | Test result |
|------------------------------------|----------------------|-------------------------------|--------------------|
| Poria | Pachyman | $\geq 0.418\%$ | 0.8% |
| Radix Angelicae sinensis | Volatile oil | $\geq 0.4\%$ | 0.6% |
| | Ferulic acid | $\geq 0.05\%$ | 0.2% |
| Rhizoma Atractylodis Macrocephalae | Atractylenolide III | $\geq 0.01\%$ | 0.03% |
| Fructus Aurantii Immaturus | Synephrine | $\geq 0.3\%$ | 1.08% |