

## Supplementary Online Content

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**eAppendix.** Hairdex Questionnaire (modified English version)

This supplementary material has been provided by the authors to give readers additional information about their work.

**eAppendix. Hairdex Questionnaire (modified English version)**

Please answer the following statements with the appropriate answer on a scale from 0 to 4. For example, check 0 if you **never agree** with the statement, or check 4 if you **always agree** with the statement.

#	Item	0	1	2	3	4
		Never	Seldom	Sometimes	Often	Always
1.	My scalp hurts					
2.	The state of my hair has an influence on how well I sleep					
3.	I worry that my hair loss may be something serious					
4.	My hair condition interferes with my work or my leisure activities					
5.	My hair condition affects my social life					
6.	My hair condition makes me feel depressed					
7.	My scalp burns or stings					
8.	I tend to stay at home because of my hair loss					
9.	I worry that the condition of my scalp may lead to scars/disfiguration					
10.	My scalp itches					
11.	My hair condition affects how close I can be with those I love/people close to me					
12.	I am ashamed due to my hair					
13.	I worry that my hair loss may get worse					
14.	I tend to do things alone due to my hair loss					

15.	My hair condition makes me angry					
16.	Water (bathing, washing) bothers my scalp or my hair					
17.	My hair condition makes showing affection difficult					
18.	My scalp is in bad condition					
19.	My scalp is irritated					
20.	My hair condition affects my interactions with others					
21.	My hair loss is embarrassing me					
22.	My hair loss is a problem for the people I love					
23.	My hair condition is frustrating me					
<b>#</b>	<b>Item</b>	<b>0</b> Never	<b>1</b> Seldom	<b>2</b> Sometimes	<b>3</b> Often	<b>4</b> Always
24.	My hair is very sensitive					
25.	I tend to interact less with others because of my hair condition					
26.	I feel humiliated by my hair condition					
27.	My scalp bleeds					
28.	The condition of my scalp/hair makes me annoyed and cranky					
29.	My hair loss interferes with my sex life					
30.	My hair conditions annoys me					
31.	I can handle my hair condition					
32.	I have problems sitting in the bus, cinema or theater where others can see my hair closely					
33.	Despite my hair condition I am content with myself					
34.	I feel like an outsider because of my hair condition					
35.	Despite my hair condition life is worth living					

36.	I worry that I may look old because of my hair condition					
37.	My hair condition makes it difficult to achieve as much I usually do					
38.	Others make fun of me because of my hair condition					
39.	Overall I have a good self-confidence despite my hair condition					
40.	Others show understanding for my hair condition					
41.	I go to the hairdresser/hair-salon as often as usual despite my hair/scalp condition					
42.	Others talk behind my back about my hair condition					
43.	Compared to others I am lucky to have this hair					
44.	My hair condition is disfiguring me					
45.	I hate my hair when I see it in the sink, in the hairbrush or on the sofa					
46.	My hair condition is the main feature people notice about me					
47.	I look in the mirror every morning and evening to see if my hair condition has changed					
48.	I haven't been taken seriously with my hair condition by my physician					

Have you answered all the questions in this study?  YES  NO

Signature \_\_\_\_\_ Date \_\_\_\_\_ Time \_\_\_\_\_