

Exposure activity									
Timing of exposure period (e.g. age at start and age at end)									
Exposure duration	Years								
	Weeks per year								
	Days per week								
	Hours per day								
Exposure level	Basis for estimate								
	Estimated level (dBA)								
Optional: Exposure level (alternate estimation method)	Basis for estimate								
	Estimated level (dBA)								
Use of hearing protection	Proportion of time worn (between 0 and 1)								
	Notes on type and attenuation of protector								
	Estimated attenuation (dB)								

ID:

Date:

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Type of firearm								
Additional information to assist recall								
Total number of rounds fired without hearing protection								

Summary information

	Category A: Recreational noise	Category B: Occupational and educational noise	Category C: Firearm noise	Total
Number of worksheets used				
Person conducting interview				