

# THE LANCET

## Public Health

### Supplementary appendix

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**Gender differentials and state variations in suicide deaths in India:  
the Global Burden of Disease Study 1990-2016**

India State-Level Disease Burden Initiative Suicide Collaborators

**Web Appendix**

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## **1. GBD 2016 methods for suicide mortality estimation and projection to 2030**

The Global Burden of Disease Study (GBD 2016) study estimated mortality due to 264 causes by age, sex, and location between 1990 and 2016 for 195 countries and territories, the detailed methods for which are available in the GBD 2016 cause of death capstone paper [Lancet 2017; 390: 1151–1210]. GBD 2016 also produced projections up to 2030 for health-related SDG indicators based on past trends, the detailed methods for which are available in the GBD 2016 SDG capstone paper [Lancet 2017; 390: 1423–1459]. Here, we provide an overview of the methods used by GBD 2016 for cause of death estimation and projections to 2030, with some details specific to the estimation of fatal outcomes of suicide.

### **ICD codes mapped to suicide mortality in GBD**

In GBD 2016, suicide was defined following the International Classification of Diseases (ICD) as death caused by purposely self-inflicted poisoning or injury (ICD-10 codes X60-X64.9, X66-X84.9, Y87.0; ICD-9 codes E950-E959); deaths from unintentional drug overdoses are not included in this definition. For this analysis, we present results for suicide as an aggregate cause of death.

### **Suicide mortality data sources**

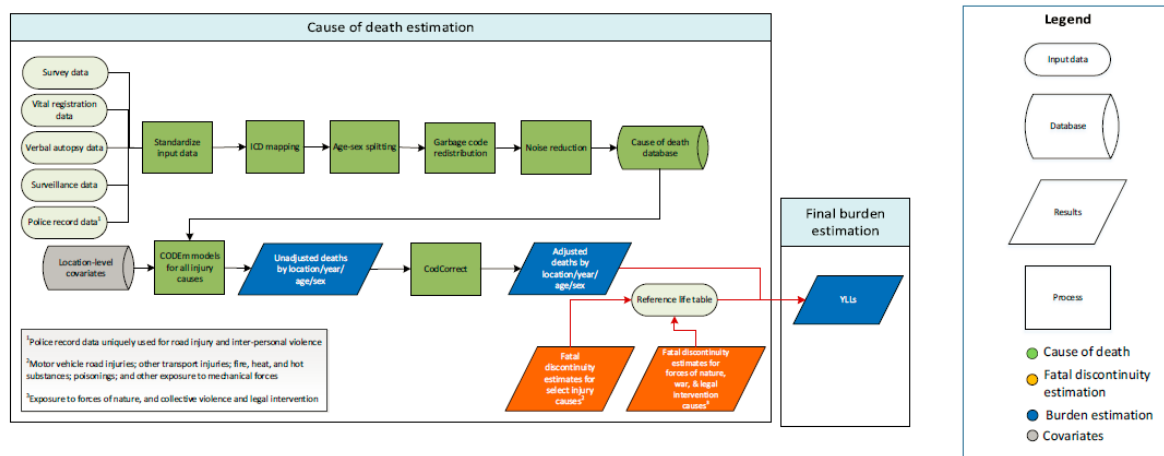
A detailed description of the data sources for the cause of death database can be found in the appendix to GBD 2016 cause of death capstone paper [Lancet 2017; 390: 1151–1210]. These sources include vital registration systems and verbal autopsy reports. For India, the major data input to determine suicides mortality in India was the Sample Registration System cause of death data and some other studies. The SRS in India is operated by the Office of the Registrar General of India working under the Ministry of Home Affairs, Government of India. Cause of death data from SRS verbal autopsy covers 455,460 deaths from the rural and urban populations of every state of India from 2004 to 2013 in which physicians assigned the cause of death based on the information provided in the verbal autopsy interview of a person close to each deceased person. Using the 2001 census, 7597 geographic units, 4433 (58.4%) of which were rural, were sampled for the 2004–13 SRS to represent the population of each state and union territory of India, ultimately with a sample of 6.7 million people that was equivalent to 0.7% of India's population. The SRS cause of death data for 2004–06, 2007–09, and 2010–13 were provided for each state and union territory by the Office of the Registrar General of India for use in the state-level disease burden estimation. We used 2005, 2008, and 2012 as midpoint years for these three time periods. The inclusion of SRS 2004–13 data in this analysis offers a comprehensive picture of causes of death in India. In the absence of a fully functional vital registration system, verbal autopsy can provide reasonable population level cause of death distribution. Since the cause of death data are unavailable before the year 2000 in India, the estimation of suicide deaths before this period are mainly driven from covariates. The list of data sources for estimating suicide deaths and for the covariates used is shown in this appendix (pp 6-11).

### **Addressing bias in input data**

Variation in data quality was addressed in GBD 2016 through a series of methods that include data standardisation and the redistribution of inappropriately coded deaths or “garbage codes” that are not possible causes of death, or that are not specific underlying causes of death but have been entered as the underlying cause of death on death certificates. Undercounting or miss-assignment of deaths from suicide is a known problem in suicide death estimation, and the level and type of miss-assignment differs by location, age, and sex. Correction of miss-assignment is accounted for in GBD in part by reassignment from ICD codes that may include suicide deaths, such as undetermined intent injury codes (Y10-Y34 in ICD-10 and E980-E988 in ICD-9) or exposure to unspecified factor (X59 in ICD-10; E887 in ICD-9), some intermediate causes of death that cannot be specific underlying causes of death (eg septicemia or peritonitis), or as poorly defined or unknown causes of mortality (R99). For distribution of intermediate causes, we used a regression between suicide fractions and intermediate causes by age and sex in each location for each cause of injury. The same regressions were implemented for homicide and unintentional injuries. Based on scale up betas from these three regressions to one, we redistributed deaths coded to indeterminate causes to suicide, homicide, and unintentional injury. Redistribution of garbage codes is explained in the GBD 2016 cause of death capstone paper [Lancet 2017; 390: 1151–210]. Specifically for India, in the Sample Registration System verbal autopsy data, 86.8% of the deaths estimated to be from suicide were directly assigned to suicide in these data, 11.6% were assigned to suicide based on redistribution of garbage codes, and 1.4% assigned to suicide from correction for miss-assignment.

## Suicide mortality estimation

The approach to cause of death estimation for injuries, including suicide, was as shown in this flowchart:



Mortality from suicide was estimated using the cause of death ensemble model (CODEm) developed for the GBD study. Ensemble modelling is a method where a large number of model specifications are systematically tested and reviewed based on their out-of-sample predictive validity; models that perform best are subsequently incorporated into a weighted ensemble model with the highest weights assigned to models with the best out-of-sample prediction error. The model for suicide was age-limited such that deaths from self-harm are restricted to a lower limit of age 10 years, due to the difficulty of determining intent for deaths at younger ages. A description of CODEm follows.

CODEm framework relies on four key components. First, all available data are identified and gathered to be used in the modelling process. Though the data may vary in quality, they all contain some signal of the true epidemiological process. Second, a diverse set of plausible models are developed to capture well-documented associations in the estimates. Using a wide variety of individual models to create an ensemble predictive model has been shown to outperform techniques using only a single model both in cause of death estimation and in more general prediction applications. Third, the out-of-sample predictive validity is assessed for all individual models, which are then ranked for use in the ensemble modelling stage. Finally, differently weighted combinations of individual models are evaluated to select the ensemble model with the highest out-of-sample predictive validity.

As many factors covary with a particular cause of death, a large range of plausible statistical models are developed for each cause. For the CODEm framework, four families of statistical models are developed using covariates. These are mixed effects linear models of the natural log of the death rate, mixed effects linear models of the logit of the cause fraction, spatiotemporal Gaussian process regression (ST-GPR) models of the log of the death rate, and ST-GPR of the logit of the cause fraction. All plausible relationships between covariates and relevant cause are identified, and all possible permutations of selected covariates are tested in linear models where the logit cause fraction or log death rate is the response variable. Because we test all permutations of covariates, multicollinearity between covariates may produce implausible signs on coefficients or unstable coefficients. All models where the sign on the coefficient is in the direction expected based on the literature and where the coefficient is statistically significant at  $p < 0.05$  are retained. We run covariate selection for both cause fractions and death rates and then create both mixed effects only and ST models for each set of covariates.

The performance of all component models and ensembles is evaluated using out-of-sample predictive validity tests. Thirty percent of the data are excluded from the initial model fits, and half of that (15% of total) is used to evaluate and rank component models and then build ensembles. Data are held out from the analysis using the pattern of missingness for each cause in the cause of death database. Out-of-sample predictive validity testing is repeated until stable model results have been obtained. The out-of-sample performance tests include the root mean squared error (RMSE) of the log of the cause-specific death rate, the direction of the trend in the prediction compared to the data, and the validity of the 95% uncertainty interval (UI). For every model, we show the in-sample root mean squared error of the log death rates (RMSE) and the out-of-sample performance in the 15% of data not used in the model building process. After component models are ranked on their out-of-sample

predictive validity they are weighted based on their ranking and each component model contributes a portion to the final estimate. How much each submodel contributes is a function of its relative ranking as well as the value of  $\psi$  chosen, which dictates that distribution of rankings. Using the second half of the holdout data (15% of total), the differently weighted ensembles and different values of  $\psi$  are tested using the same predictive validity metrics as the component models. For every model, we show the in-sample RMSE of the log death rates and the out-of-sample performance in the 15% of data not used in the model building process. The ensemble with the best average trend and RMSE is chosen as the final ensemble weighting scheme. After a model weighting scheme has been chosen, each model contributes a number of draws proportional to its weight such that 1,000 draws are created. The mean of the draws is used as the final estimate for the CODEm process and 95% UI are created from the 0.025 and 0.975 quantiles of the draws. The final assessment of ensemble model performance is the validity of the UIs; ideally, the 95% UI for a model would capture 95% of the data out-of-sample. Higher coverage suggests that UIs are too large and lower than 95% suggest UIs are too narrow. Separate models were run for male and female suicide mortality, and the age range for both models was 10 to 95+ years.

CODEm models estimate the individual cause-level mortality without taking into account the all-cause mortality. GBD uses the CodCorrect algorithm to ensure that all individual causes add up to the all-cause mortality. After generating underlying cause of death estimates and accompanying uncertainty, this algorithm combines these models into estimates that are consistent with the levels of all-cause mortality estimated for each age-sex-year-location group. Using 1000 draws from the posterior distribution of each cause and 1000 draws from the posterior distribution of the estimation of all-cause mortality, CoDCorrect rescales the sum of cause-specific estimates to equal the draws from the all cause distribution.

### Projection of suicide death rate to 2030

GBD 2016 produced projections for the health-related SDG indicators up to 2030 based on past trends. The steps for estimating the projected annual rate of change for age-standardised suicide death rate (SDR) from 2017 to 2030 for each location were:

- Annual percent rate of change of SDR was calculated from 1990 to 2016 for each year from the previous year. This was converted to natural log, as this is more suitable than using the direct annual percent change to compute projections.
- The weight for each year was calculated using this formula:

$$weight_{year} = \frac{(year - 1990)^\omega}{\sum_{t=1991}^T (t - 1990)^\omega}$$

- where  $\omega$  is the weight function the value of which denotes how much higher impact recent years would have compared with the past years when calculating the annual rate of change for the projection. To determine the appropriate value of  $\omega$  for each indicator, an out-of-sample predictive validity test was done using data from 1990 to 2007 to predicted values for the years from 2008 to 2016. Assuming a range of values from 0 to 2 for  $\omega$  with an increments of 0.2, the best predicted value for the period of 2008 to 2016 was tested for each indicator. The final value for the weight function ( $\omega$ ) specific to each indicator for projection was chosen that minimised the root mean squared error in the 2008–16 projections based on the 1990–2007 data. With this approach, the weight function ( $\omega$ ) for SDR was determined as 2, which was used to calculate the weight for each year from 1991 to 2016 with the formula shown above. To illustrate the difference in the influence of the recent versus past trends of SDR, if the weight for the rate of change from 2015 to 2016 were 1, the weights for the rates of change 5, 10, 15 and 20 years ago would be 0.65, 0.38, 0.18 and 0.05, respectively.
- The natural log of the rate of change for each year calculated above was multiplied by the weight for each year to arrive at the weighted natural log rate of change for each year. This was summed for all years from 1990 to 2016, and the inverse of this sum of the natural log rates of change gave the weighted annual rate of change to be used for the projections from 2017 to 2030.

### Uncertainty intervals

GBD estimates uncertainty intervals for all estimates. Point estimates for each quantity of interest were derived from the mean of the draws, while 95% uncertainty intervals (UIs) were derived from the 2.5<sup>th</sup> and 97.5<sup>th</sup> percentiles of the 1000 draw level values. Uncertainty in the estimation is attributable to sample size variability within data sources, different availability of data by age, sex, year, or location, and cause specific model specifications. We determined UIs for components of cause-specific estimation based on 1000 draws from the posterior distribution of cause specific mortality by age, sex, and location for each year included in the GBD 2016 analysis. With this approach, uncertainty could be quantified and propagated into the final quantities of interest.

## 2. GBD 2016 India data inputs for suicide deaths and covariates

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### 3. GBD 2016 list of covariates used for suicide death estimation

Covariate	Definition	Direction
Socio-demographic Index	A measure of development estimated via principal component analysis using log-transformed LDI, TFR, and education years per capita over age 15 years	0
Log-transformed LDI (I\$ per capita)	Lag distributed income per capita (I\$): gross domestic product per capita that has been smoothed over the preceding 10 years, log-transformed	0
Education (years per capita)	Mean level of educational attainment	0
Population density (500-1000 ppl/sqkm, proportion)	Proportion of the country with population density between 500 and 1000 people per square kilometre	0
Population density (150-300 ppl/sqkm, proportion)	Proportion of the country with population density between 150 and 300 people per square kilometre	0
Population density (300-500 ppl/sqkm, proportion)	Proportion of the country with population density between 300 and 500 people per square kilometre	0
Population density (under 150 ppl/sqkm, proportion)	Proportion of the country with population density under 150 people per square kilometre	0
Population density (over 1000 ppl/sqkm, proportion)	Proportion of the country with population density over 1000 people per square kilometre	0
Religion (country indicator)	Binary indicator: country is greater than 50% Muslim	-1
Healthcare access and quality index	Healthcare access and quality index	-1
Major depressive disorder	Major depressive disorder from DISMOD interpolated to be used as covariate	1
Alcohol (liters per capita)	Domestic supply quantity (litres) of alcohol per adult age 15 years or older per year	1
Log-transformed SEV scalar: self-harm	All risk factors SEV scalar for the cause self-harm, log-transformed	1

**Source:** GBD 2016 Causes of Death Collaborators. Global, regional, and national age-sex specific mortality for 264 causes of death, 1980-2016: a systematic analysis for the Global Burden of Disease Study 2016. *Lancet* 2017; 390: 1151-210.

#### 4. Age-standardised suicide death rate for women in 20 countries with the highest rates in women, 2016

Countries	Age-standardised suicide death rate per 100,000 (95% uncertainty interval)
Greenland	38.1 (28.3 to 49.2)
Lesotho	35.3 (16.8 to 54.7)
Uganda	18.7 (12.7 to 25.5)
Liberia	17.0 (12.5 to 21.5)
South Korea	15.5 (10.0 to 22.7)
India	14.7 (13.1 to 16.2)
Zimbabwe	14.0 (9.7 to 18.7)
Guyana	13.1 (10.7 to 15.7)
Suriname	11.3 (9.5 to 13.1)
Cameroon	10.7 (7.1 to 15.0)
Solomon Islands	10.0 (5.8 to 16.1)
Japan	9.7 (8.9 to 10.6)
Russia	9.6 (5.6 to 15.3)
Sri Lanka	9.4 (6.6 to 12.6)
Guinea-Bissau	9.1 (6.2 to 12.6)
North Korea	8.9 (6.3 to 11.9)
Federated States of Micronesia	8.9 (5.4 to 13.5)
Chad	8.9 (5.2 to 13.0)
Lithuania	8.7 (7.6 to 10.0)
Togo	8.7 (6.6 to 11.0)

**Source:** Institute for Health Metrics and Evaluation. GBD Compare Data Visualization. <http://vizhub.healthdata.org/gbd-compare>. (Accessed 31 March 2018)

## 5. Number of suicide deaths among women and men in the states of India, 2016

States of India*	Number of suicide deaths (95% uncertainty interval)	
	Women	Men
<b>India</b>	<b>94,380 (84,002 to 104,274)</b>	<b>135,934 (94,305 to 151,239)</b>
Bihar	3,260 (2,532 to 4,131)	4,888 (3,744 to 7,385)
Jharkhand	1,306 (911 to 1,733)	1,759 (1,293 to 2,991)
Uttar Pradesh	14,361 (11,333 to 18,257)	17,573 (13,793 to 21,464)
Rajasthan	3,006 (2,406 to 3,750)	5,977 (4,726 to 7,694)
Meghalaya	53 (40 to 67)	194 (153 to 283)
Assam	2,348 (1,774 to 3,084)	3,372 (2,602 to 4,454)
Chhattisgarh	1,618 (1,226 to 2,095)	3,874 (2,410 to 4,934)
Madhya Pradesh	5,087 (3,920 to 6,439)	8,810 (6,459 to 10,892)
Odisha	2,946 (2,242 to 3,793)	3,927 (3,031 to 5,469)
Arunachal Pradesh	95 (72 to 126)	139 (100 to 177)
Mizoram	15 (11 to 20)	66 (49 to 108)
Nagaland	31 (23 to 42)	85 (57 to 219)
Uttarakhand	618 (471 to 800)	747 (567 to 1,036)
Gujarat	5,130 (4,254 to 6,198)	6,052 (4,813 to 7,297)
Tripura	502 (390 to 632)	961 (388 to 1,261)
Sikkim	26 (20 to 35)	55 (42 to 77)
Manipur	142 (110 to 184)	278 (196 to 354)
Haryana	1,399 (1,115 to 1,750)	3,052 (2,361 to 3,688)
Delhi	522 (388 to 682)	995 (722 to 1,575)
Telangana	3,646 (2,808 to 4,596)	4,676 (2,329 to 6,204)
Andhra Pradesh	5,400 (4,338 to 6,653)	7,618 (3,750 to 9,575)
Jammu and Kashmir	512 (393 to 677)	569 (418 to 1,088)
Karnataka	8,147 (6,544 to 10,111)	12,167 (5,394 to 15,657)
West Bengal	11,088 (8,907 to 13,542)	13,120 (6,492 to 16,656)
Maharashtra	8,652 (7,022 to 10,482)	14,241 (9,533 to 17,371)
UTs other than Delhi†	331 (252 to 426)	493 (308 to 630)
Himachal Pradesh	320 (253 to 403)	612 (475 to 778)
Punjab	1,086 (845 to 1,361)	1,768 (1,324 to 3,014)
Tamil Nadu	10,110 (8,303 to 12,270)	12,510 (5,596 to 16,082)
Goa	81 (70 to 98)	95 (76 to 120)
Kerala	2,542 (2,189 to 2,956)	5,260 (1,805 to 6,761)

\*The states are listed in increasing order of epidemiological transition level in 2016.

†Union territories.

## 6. Suicide death rate among women and men in India by age group, 1990 and 2016

Age group (years)	Women			Men		
	Suicide death rate per 100,000 (95% uncertainty interval)		Percent change (95% uncertainty interval)	Suicide death rate per 100,000 (95% uncertainty interval)		Percent change (95% uncertainty interval)
	1990	2016	1990-2016	1990	2016	1990-2016
<b>Overall</b>	<b>19.4 (16.1 to 22.9)</b>	<b>14.9 (13.2 to 16.4)</b>	<b>-23.5 (-38.2 to -3.2)</b>	<b>18.6 (12.1 to 22.8)</b>	<b>19.9 (13.8 to 22.2)</b>	<b>6.9 (-15.8 to 28.9)</b>
10-14	4.8 (3.2 to 6.5)	2.5 (1.9 to 3.2)	-47.1 (-65.5 to -13.4)	2.6 (1.6 to 3.8)	1.7 (1.3 to 2.2)	-34.6 (-56.6 to 5.2)
15-19	43.8 (34.4 to 52.5)	26.7 (22.9 to 30.8)	-39.0 (-52.5 to -16.9)	16.5 (11.1 to 20.7)	12.8 (9.9 to 15.1)	-22.3 (-42.1 to 3.0)
20-24	51.5 (42.9 to 60.6)	33.1 (28.5 to 37.6)	-35.8 (-49.4 to -17.2)	32.6 (21.8 to 40.2)	27.8 (20.2 to 31.8)	-14.7 (-32.8 to 5.2)
25-29	40.9 (33.5 to 48.6)	29.0 (25.1 to 32.7)	-29.1 (-45.0 to -8.2)	36.2 (25 to 44)	33.1 (24.6 to 37.5)	-8.6 (-27.1 to 10.5)
30-34	26.0 (20.4 to 31.8)	18.8 (16.2 to 21.5)	-27.4 (-44.8 to -1.8)	34.4 (21.9 to 42.2)	31.7 (22.6 to 36)	-7.9 (-27.9 to 13.7)
35-39	21.4 (16.8 to 26.4)	16.4 (14.2 to 18.7)	-23.5 (-41.4 to 2.5)	32.5 (20.3 to 40.2)	32.0 (21.1 to 36.4)	-1.4 (-23.7 to 23.0)
40-44	17.0 (13.1 to 20.8)	12.7 (11.1 to 14.5)	-25.3 (-42.1 to 2.6)	29.2 (17.9 to 36.6)	28.3 (18.3 to 32.4)	-3.2 (-26.3 to 20.4)
45-49	14.8 (11.6 to 18.2)	11.3 (10 to 13.1)	-23.8 (-41.1 to 1.8)	29.4 (17 to 37.4)	28.0 (17.6 to 32.1)	-4.9 (-27.7 to 19.6)
50-54	15.5 (11.8 to 19.4)	12.5 (11.1 to 14.2)	-19.5 (-35.5 to 7.3)	27.6 (15.9 to 35.3)	26.0 (16.2 to 29.9)	-5.8 (-28.6 to 19.7)
55-59	12.6 (9.7 to 15.9)	10.1 (8.8 to 11.7)	-19.9 (-37.7 to 9.5)	30.2 (17.4 to 38.9)	28.3 (17.9 to 32.2)	-6.2 (-29.5 to 20.3)
60-64	13.7 (10.6 to 17.4)	12.0 (10.4 to 14.1)	-12.7 (-31.7 to 16.4)	25.5 (15.4 to 32.9)	24.5 (16.1 to 28.3)	-4.1 (-28.6 to 22.8)
65-69	15.8 (12.1 to 20.1)	15.1 (12.9 to 17.6)	-4.7 (-26.3 to 29.6)	26.9 (15.6 to 34.8)	26.8 (17.2 to 31.2)	-0.6 (-25.4 to 28.4)
70-74	15.5 (11.5 to 20)	16.4 (13.7 to 19.1)	5.7 (-18.2 to 43.2)	25.6 (16 to 32.6)	27.4 (17.8 to 32.1)	7.0 (-20.6 to 40.1)
75-79	18.0 (13.1 to 23.5)	20.9 (17.5 to 24.4)	16.0 (-11.0 to 58.0)	33.4 (20.7 to 43.2)	37.0 (24.9 to 43.3)	10.9 (-16.9 to 42.9)
80-84	17.1 (12.5 to 23)	24.6 (19.9 to 28.8)	44.0 (9.5 to 86.9)	41.0 (27.6 to 53.9)	55.0 (37.5 to 64.4)	34.0 (1.8 to 82.8)
85-89	17.9 (13.5 to 23.3)	28.0 (22.8 to 32.3)	56.3 (24.9 to 92.5)	48.3 (33.7 to 62.7)	67.5 (48.6 to 78.2)	39.6 (6.1 to 90.6)
90-94	19.2 (14.7 to 24.8)	31.7 (26.4 to 36.3)	65.3 (32.7 to 104.4)	53.0 (37.2 to 68.2)	77.4 (57.7 to 90.6)	46.1 (9.3 to 100.4)
95 plus	23.9 (18.2 to 31.3)	40.6 (32.6 to 47.6)	69.7 (34.8 to 114.0)	54.0 (37.9 to 74.8)	80.8 (64 to 96.7)	49.7 (9.2 to 111.4)



## 7. Number and percent of suicide deaths by age group in India, 1990 and 2016

Age group (years)	Women				Men			
	Number of suicide deaths		Percent of total suicide deaths		Number of suicide deaths		Percent of total suicide deaths	
	1990	2016	1990	2016	1990	2016	1990	2016
10-14	2,246	1,511	2.77	1.60	1,342	1,160	1.61	0.85
15-19	18,494	15,685	22.82	16.62	7,540	8,394	9.04	6.18
20-24	19,329	18,681	23.85	19.79	13,291	17,403	15.94	12.80
25-29	13,677	15,808	16.88	16.75	13,268	19,636	15.92	14.45
30-34	7,646	9,623	9.43	10.20	11,180	17,440	13.41	12.83
35-39	5,518	7,411	6.81	7.85	9,272	15,486	11.12	11.39
40-44	3,432	5,088	4.23	5.39	6,284	12,050	7.54	8.86
45-49	2,561	3,995	3.16	4.23	5,331	10,424	6.39	7.67
50-54	2,407	3,877	2.97	4.11	4,369	8,434	5.24	6.20
55-59	1,621	2,683	2.00	2.84	3,954	7,755	4.74	5.71
60-64	1,353	2,634	1.67	2.79	2,627	5,472	3.15	4.03
65-69	1,125	2,348	1.39	2.49	1,975	4,013	2.37	2.95
70-74	741	1,764	0.91	1.87	1,218	2,697	1.46	1.98
75-79	505	1,523	0.62	1.61	898	2,322	1.08	1.71
80-84	260	1,038	0.32	1.10	521	1,935	0.62	1.42
85-89	97	509	0.12	0.54	228	960	0.27	0.71
90-94	24	164	0.03	0.17	59	300	0.07	0.22
95 plus	5	38	0.01	0.04	9	52	0.01	0.04

8. Percent of total deaths due to suicide in young adults by sex in the states of India, 2016

States of India*	Both sexes combined				Women				Men			
	Age group (years)				Age group (years)				Age group (years)			
	15-29		15-39		15-29		15-39		15-29		15-39	
	Percent of total deaths due to suicide (95% uncertainty interval)	Rank of suicide deaths among all individual causes of death	Percent of total deaths due to suicide (95% uncertainty interval)	Rank of suicide deaths among all individual causes of death	Percent of total deaths due to suicide (95% uncertainty interval)	Rank of suicide deaths among all individual causes of death	Percent of total deaths due to suicide (95% uncertainty interval)	Rank of suicide deaths among all individual causes of death	Percent of total deaths due to suicide (95% uncertainty interval)	Rank of suicide deaths among all individual causes of death	Percent of total deaths due to suicide (95% uncertainty interval)	Rank of suicide deaths among all individual causes of death
Bihar	7.0 (5.7 to 9.7)	3	5.6 (4.7 to 7.7)	6	7.0 (5.4 to 9.0)	3	5.4 (4.3 to 6.5)	5	7.0 (5.2 to 11.8)	3	5.7 (4.5 to 9.3)	6
Jharkhand	9.1 (7.1 to 12.4)	3	7.0 (5.6 to 9.7)	4	10.4 (7.4 to 13.6)	2	7.6 (5.5 to 9.9)	3	8.0 (5.8 to 13.1)	3	6.4 (5.0 to 10.7)	4
Uttar Pradesh	14.0 (11.9 to 16.3)	1	10.8 (9.4 to 12.3)	3	16.7 (13.3 to 20.8)	1	12.5 (10.3 to 15.2)	1	11.7 (9.0 to 14.3)	2	9.5 (7.4 to 11.2)	3
Rajasthan	11.5 (9.8 to 13.5)	2	9.2 (8.0 to 10.8)	2	12.5 (10.0 to 15.3)	1	9.6 (7.9 to 11.4)	1	10.8 (8.6 to 13.8)	2	8.9 (7.4 to 11.2)	3
Meghalaya	8.9 (7.4 to 11.6)	2	7.2 (6.2 to 9.6)	2	6.1 (4.7 to 7.9)	5	4.7 (3.7 to 5.9)	5	10.9 (8.7 to 15.5)	1	8.7 (7.2 to 12.5)	3
Assam	13.4 (11.1 to 16.0)	1	10.1 (8.5 to 11.8)	1	15.6 (11.9 to 20.0)	1	11.3 (8.8 to 14.5)	1	11.4 (9.0 to 15.0)	2	9.1 (7.5 to 11.9)	2
Chhattisgarh	16.0 (13.3 to 18.6)	1	12.8 (10.3 to 14.7)	1	15.3 (11.8 to 19.2)	1	11.3 (8.7 to 14.1)	1	16.5 (11.3 to 20.0)	1	13.7 (9.1 to 16.4)	1
Madhya Pradesh	16.4 (13.9 to 18.9)	1	12.7 (10.9 to 14.5)	1	18.3 (14.4 to 22.6)	1	13.9 (11.0 to 17.1)	1	15.0 (11.4 to 17.9)	2	12.0 (8.9 to 14.1)	2
Odisha	14.0 (11.7 to 16.9)	1	10.3 (8.9 to 12.3)	1	16.6 (13.0 to 20.9)	1	11.9 (9.4 to 14.7)	1	11.6 (9.1 to 15.0)	2	9.2 (7.6 to 11.9)	2
Arunachal Pradesh	17.6 (15.0 to 20.4)	1	13.4 (11.5 to 15.4)	1	22.1 (17.5 to 28.2)	1	16.7 (13.3 to 21.2)	1	14.3 (11.3 to 17.0)	2	11.5 (9.0 to 13.5)	1
Mizoram	6.7 (5.4 to 9.5)	4	5.5 (4.5 to 8.0)	4	4.8 (3.6 to 6.2)	6	3.5 (2.7 to 4.5)	7	8.1 (6.3 to 12.5)	2	6.6 (5.3 to 10.5)	3
Nagaland	5.7 (4.3 to 11.6)	4	4.5 (3.4 to 9.4)	4	5.3 (3.9 to 7.1)	5	4.0 (2.9 to 5.2)	7	6.0 (4.1 to 15.4)	3	4.7 (3.3 to 12.1)	4
Uttarakhand	12.9 (10.9 to 15.5)	2	9.8 (8.5 to 12.1)	2	17.7 (13.8 to 22.1)	1	13.7 (11.0 to 16.9)	1	9.6 (7.4 to 12.7)	2	7.6 (6.1 to 10.3)	3
Gujarat	18.4 (16.3 to 20.6)	1	13.4 (12.0 to 14.8)	1	25.3 (21.8 to 29.3)	1	18.6 (16.2 to 21.1)	1	13.6 (11.1 to 16.2)	2	10.5 (8.6 to 12.1)	3
Tripura	28.6 (19.7 to 33.3)	1	22.7 (14.6 to 26.4)	1	30.4 (24.8 to 36.3)	1	23.5 (19.4 to 27.8)	1	27.2 (12.2 to 33.2)	1	22.2 (9.4 to 26.7)	1
Sikkim	16.0 (13.7 to 19.6)	1	12.4 (10.8 to 15.0)	1	18.5 (14.7 to 24.1)	1	14.2 (11.5 to 18.1)	1	14.4 (11.5 to 19.3)	2	11.5 (9.4 to 15.6)	2
Manipur	13.0 (10.9 to 15.3)	2	9.8 (8.3 to 11.3)	3	14.0 (10.9 to 17.6)	1	10.3 (8.1 to 12.8)	1	12.2 (9.6 to 15.0)	2	9.4 (7.5 to 11.3)	3
Haryana	13.5 (11.4 to 15.3)	2	10.4 (9.1 to 11.7)	3	15.3 (12.6 to 19.0)	1	11.6 (9.7 to 13.9)	1	12.5 (10.0 to 14.9)	2	9.9 (7.9 to 11.4)	3
Delhi	10.4 (8.6 to 13.8)	2	7.8 (6.5 to 10.7)	3	12.1 (9.4 to 15.9)	1	8.7 (7.0 to 11.0)	2	9.3 (7.0 to 14.5)	2	7.3 (5.7 to 11.6)	4
Telangana	24.9 (20.5 to 29.2)	1	18.6 (14.8 to 21.5)	1	30.8 (25.8 to 37.0)	1	22.9 (19.4 to 26.9)	1	20.0 (11.7 to 24.9)	1	15.8 (8.7 to 19.4)	1
Andhra Pradesh	24.2 (19.4 to 27.9)	1	18.1 (13.8 to 20.6)	1	30.3 (25.7 to 36.0)	1	22.4 (19.4 to 25.9)	1	19.6 (11.1 to 23.6)	1	15.4 (8.4 to 18.3)	1
Jammu and Kashmir	10.4 (8.4 to 14.1)	2	7.6 (6.3 to 10.5)	3	15.4 (12.0 to 20.2)	1	11.2 (8.8 to 14.5)	1	6.8 (5.1 to 13.1)	2	5.5 (4.3 to 10.5)	3
Karnataka	27.1 (21.2 to 31.4)	1	21.1 (15.5 to 24.1)	1	32.9 (28.3 to 39.1)	1	25.0 (21.4 to 29.4)	1	22.7 (12.3 to 27.5)	1	18.6 (9.2 to 22.2)	1
West Bengal	24.6 (19.9 to 29.0)	1	18.3 (14.1 to 21.1)	1	31.0 (25.7 to 37.1)	1	22.9 (19.2 to 26.6)	1	19.3 (10.2 to 24.0)	1	15.1 (7.9 to 18.1)	1
Maharashtra	18.7 (16.3 to 21.3)	1	14.3 (12.3 to 16.1)	1	22.1 (18.4 to 26.2)	1	17.0 (14.3 to 19.8)	1	16.4 (12.2 to 19.6)	2	12.9 (9.3 to 15.0)	2
UTs other than Delhi†	21.9 (18.7 to 25.1)	1	16.5 (13.8 to 18.8)	1	31.6 (26.7 to 37.6)	1	23.5 (20.0 to 27.6)	1	16.7 (11.6 to 20.2)	2	13.5 (8.9 to 16.1)	1
Himachal Pradesh	17.4 (14.8 to 20.5)	1	13.2 (11.5 to 15.6)	2	21.9 (17.3 to 27.4)	1	16.0 (12.6 to 20.0)	1	14.7 (11.8 to 18.7)	2	11.9 (9.7 to 14.8)	2
Punjab	9.8 (8.2 to 13.3)	3	7.3 (6.2 to 10.1)	3	12.8 (10.2 to 15.8)	1	9.2 (7.5 to 11.2)	2	7.8 (6.0 to 13.2)	3	6.2 (4.9 to 10.4)	3
Goa	18.7 (16.5 to 21.6)	1	13.0 (11.4 to 15.0)	1	30.4 (25.7 to 35.8)	1	21.1 (18.1 to 24.7)	1	12.6 (10.3 to 15.6)	2	9.4 (7.9 to 11.7)	3
Tamil Nadu	31.1 (24.6 to 35.8)	1	23.0 (17.2 to 26.3)	1	42.9 (37.9 to 49.2)	1	32.1 (28.3 to 36.5)	1	22.7 (11.7 to 27.7)	1	17.7 (8.9 to 21.2)	1
Kerala	29.0 (22.0 to 33.1)	1	22.7 (15.4 to 25.8)	1	35.3 (30.5 to 41.1)	1	25.3 (21.9 to 29.4)	1	24.9 (11.9 to 30.1)	1	21.3 (8.9 to 25.7)	1

\*The states are listed in increasing order of epidemiological transition level in 2016. †Union territories.

**9. Men-to-women suicide crude death rate ratio by age in India and in the states grouped by epidemiological transition level, 1990 and 2016**

Age group (years)	India		ETL state group							
			Low		Lower-middle		Higher-middle		High	
	1990	2016	1990	2016	1990	2016	1990	2016	1990	2016
<b>Overall</b>	<b>0.96</b>	<b>1.34</b>	<b>0.96</b>	<b>1.35</b>	<b>0.91</b>	<b>1.18</b>	<b>0.97</b>	<b>1.34</b>	<b>0.97</b>	<b>1.41</b>
10-14	0.56	0.69	0.62	0.74	0.47	0.62	0.55	0.68	0.52	0.58
15-19	0.38	0.48	0.41	0.50	0.35	0.44	0.38	0.48	0.36	0.44
20-24	0.63	0.84	0.65	0.89	0.64	0.76	0.63	0.84	0.61	0.77
25-29	0.89	1.14	0.91	1.21	0.90	1.06	0.88	1.12	0.89	1.08
30-34	1.32	1.68	1.41	1.86	1.38	1.51	1.29	1.59	1.22	1.58
35-39	1.52	1.95	1.57	2.10	1.61	1.94	1.54	1.90	1.42	1.86
40-44	1.72	2.23	1.56	2.22	1.84	2.15	1.79	2.25	1.78	2.27
45-49	1.98	2.48	1.84	2.55	1.84	2.06	2.00	2.45	2.17	2.63
50-54	1.78	2.08	1.78	2.26	1.71	1.68	1.79	2.01	1.93	2.22
55-59	2.39	2.80	2.34	2.99	2.23	2.20	2.28	2.64	2.63	2.99
60-64	1.86	2.04	1.89	2.25	1.81	1.63	1.86	1.96	1.93	2.15
65-69	1.70	1.77	1.64	1.86	1.59	1.50	1.64	1.76	1.94	1.83
70-74	1.65	1.67	1.58	1.75	1.65	1.46	1.68	1.67	1.80	1.74
75-79	1.85	1.77	1.78	1.89	1.83	1.61	1.77	1.71	2.13	1.89
80-84	2.40	2.23	2.39	2.44	2.41	2.08	2.36	2.18	2.82	2.31
85-89	2.70	2.41	2.70	2.64	2.60	2.18	2.68	2.36	3.16	2.57
90-94	2.76	2.44	2.82	2.69	2.59	2.19	2.77	2.41	3.20	2.71
95 plus	2.26	1.99	2.31	2.15	2.10	1.78	2.28	1.98	2.62	2.33

ETL is epidemiological transition level.

### 10. Men-to-women suicide death rate ratio in the states of India, 1990 to 2016

States of India	Men-to-women suicide mortality rate ratio					
	1990	1995	2000	2005	2010	2016
<b>India</b>	<b>0.96</b>	<b>0.91</b>	<b>0.99</b>	<b>1.05</b>	<b>1.27</b>	<b>1.34</b>
<b>Low ETL group</b>	<b>0.96</b>	<b>0.91</b>	<b>0.97</b>	<b>1.02</b>	<b>1.29</b>	<b>1.35</b>
Bihar	1.00	0.96	1.01	1.00	1.29	1.36
Jharkhand	0.92	0.90	1.00	1.07	1.26	1.22
Uttar Pradesh	0.85	0.80	0.84	0.88	1.1	1.10
Rajasthan	1.50	1.47	1.57	1.56	1.68	1.83
Meghalaya	2.69	2.56	2.76	2.93	3.48	3.59
Assam	0.89	0.78	0.84	0.91	1.23	1.35
Chhattisgarh	1.58	1.58	1.73	1.83	2.16	2.34
Madhya Pradesh	0.97	0.93	0.98	1.04	1.40	1.59
Odisha	0.84	0.76	0.85	0.92	1.15	1.27
<b>Lower-middle ETL group</b>	<b>0.91</b>	<b>0.88</b>	<b>0.97</b>	<b>0.96</b>	<b>1.12</b>	<b>1.18</b>
Arunachal Pradesh	0.90	0.84	0.89	0.95	1.16	1.35
Mizoram	2.45	2.56	2.83	3.01	3.74	4.11
Nagaland	1.25	1.31	1.51	1.79	2.30	2.46
Uttarakhand	0.74	0.74	0.82	0.88	1.00	1.15
Gujarat	0.90	0.86	0.94	0.91	1.05	1.07
Tripura	1.03	1.06	1.24	1.36	1.73	1.80
Sikkim	0.89	0.94	1.09	1.23	1.59	1.85
Manipur	1.52	1.14	1.60	1.57	1.74	1.89
<b>Higher-middle ETL group</b>	<b>0.97</b>	<b>0.94</b>	<b>1.04</b>	<b>1.12</b>	<b>1.29</b>	<b>1.34</b>
Haryana	1.10	1.13	1.46	1.72	1.89	1.89
Delhi	1.12	1.16	1.24	1.24	1.59	1.61
Telangana	0.84	0.80	0.89	0.94	1.13	1.25
Andhra Pradesh	0.92	0.85	0.93	0.99	1.21	1.37
Jammu and Kashmir	0.69	0.68	0.75	0.80	0.90	0.97
Karnataka	1.23	1.15	1.28	1.31	1.45	1.44
West Bengal	0.82	0.82	0.90	1.00	1.08	1.13
Maharashtra	1.12	1.14	1.17	1.29	1.52	1.52
UTs other than Delhi*	0.87	0.87	0.95	0.99	1.16	1.27
<b>High ETL group</b>	<b>0.97</b>	<b>0.89</b>	<b>0.96</b>	<b>1.03</b>	<b>1.28</b>	<b>1.41</b>
Himachal Pradesh	0.87	0.86	1.05	1.31	1.70	1.84
Punjab	1.02	1.03	1.13	1.20	1.42	1.44
Tamil Nadu	0.82	0.72	0.77	0.84	1.09	1.22
Goa	0.77	0.83	0.92	0.94	1.09	1.12
Kerala	1.77	1.77	1.06	2.00	2.25	2.23

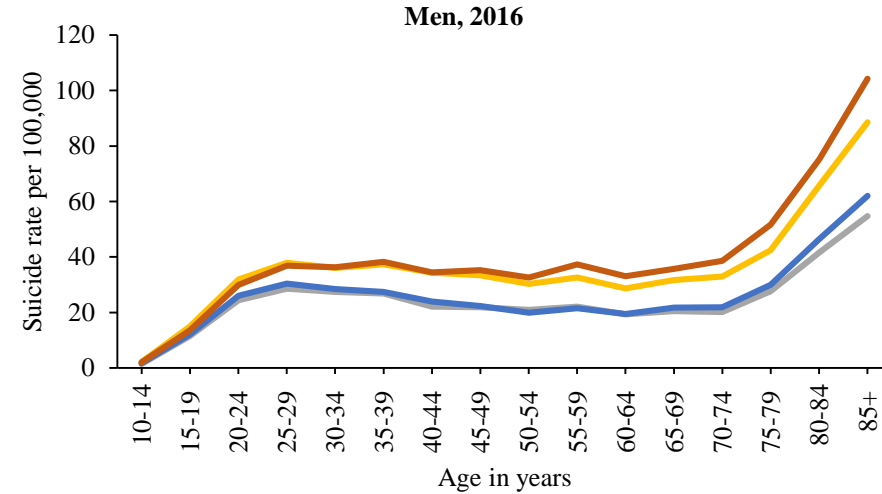
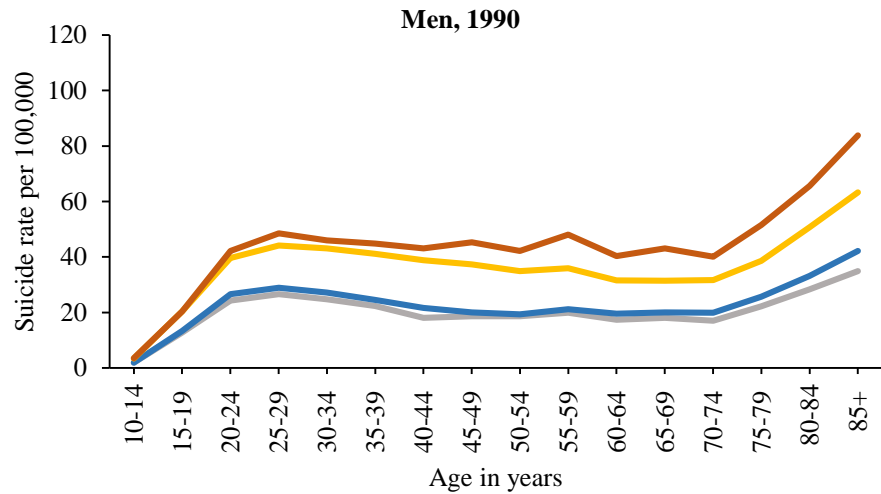
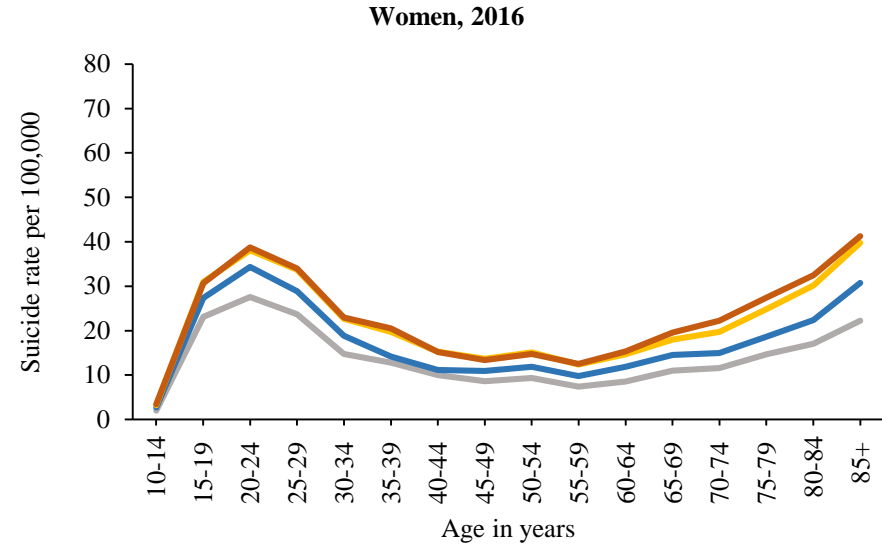
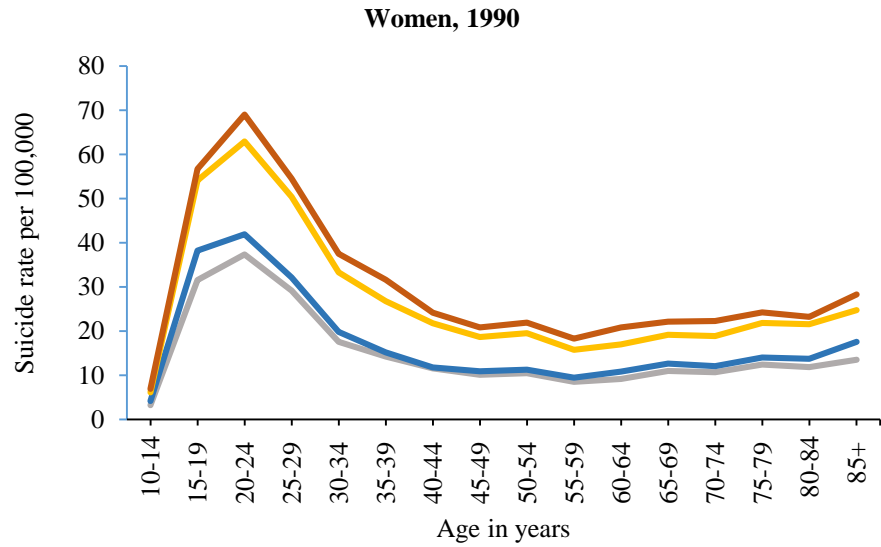
ETL is epidemiological transition level. \*Union territories.

**11. Projected suicide death rate for both sexes combined and the probability of reaching the SDG 2030 target for the states of India**

States of India*	Age-standardised suicide death rate per 100,000 in 2015	SDG target for suicide death rate per 100,000 in 2030†	Projected age-standardised suicide death rate per 100,000 in 2030 (95% uncertainty interval)	Percent probability of reaching the SDG 2030 target
<b>India</b>	<b>18.2</b>	<b>12.1</b>	<b>15.7 (13.0 to 19.1)</b>	<b>0</b>
Bihar	9.0	6.0	9.4 (6.6 to 12.8)	0.1
Jharkhand	10.2	6.8	8.4 (5.3 to 13.7)	10.3
Uttar Pradesh	16.0	10.7	16.1 (11.4 to 22.0)	0
Rajasthan	13.1	8.7	14.1 (9.8 to 19.8))	0
Meghalaya	9.0	6.0	8.6 (5.7 to 13.1)	0.6
Assam	16.8	11.2	12.1 (8.1 to 18.1)	36.7
Chhattisgarh	20.8	13.9	19.2 (12.9 to 27.0)	0.2
Madhya Pradesh	18.7	12.5	16.9 (11.7 to 23.3)	0.9
Odisha	15.4	10.3	11.3 (7.4 to 17.0)	30.1
Arunachal Pradesh	18.0	12.0	14.3 (9.1 to 21.0)	12.6
Mizoram	7.0	4.7	6.6 (4.3 to 10.7)	0.4
Nagaland	5.2	3.5	5.0 (2.9 to 11.5)	0.6
Uttarakhand	13.3	8.9	9.7 (6.5 to 14.6)	27.8
Gujarat	16.7	11.1	14.1 (10.4 to 19.1)	2.1
Tripura	30.1	20.1	26.9 (14.0 to 39.4)	0.8
Sikkim	13.1	8.7	9.7 (6.2 to 15.4)	29.9
Manipur	13.4	8.9	12.8 (8.6 to 18.8)	0.6
Haryana	15.7	10.5	14.0 (9.7 to 19.1)	0.3
Delhi	7.3	4.9	6.0 (3.9 to 9.4)	7.8
Telangana	22.3	14.9	16.1 (9.9 to 24.7)	34.6
Andhra Pradesh	24.7	16.5	20.3 (12.4 to 28.8)	6.2
Jammu and Kashmir	8.9	5.9	7.0 (4.8 to 11.4)	9.3
Karnataka	30.1	20.1	25.7 (16.0 to 35.8)	2.3
West Bengal	23.0	15.3	18.1 (12.1 to 25.0)	6.4
Maharashtra	18.4	12.3	16.8 (11.9 to 22.4)	0.2
UTs other than Delhi‡	16.8	11.2	12.9 (8.5 to 18.6)	15
Himachal Pradesh	12.4	8.3	10.2 (7.1 to 14.4)	5.6
Punjab	9.1	6.1	8.0 (5.4 to 12.1)	1.1
Tamil Nadu	29.2	19.5	21.1 (13.2 to 29.5)	25.1
Goa	11.0	7.3	9.0 (6.7 to 12.3)	6.3
Kerala	19.9	13.3	17.0 (10.1 to 23.6)	0.7

\*The states are listed in increasing order of epidemiological transition level in 2016. †One-third reduction from 2015 to 2030. ‡Union territories. SDG is sustainable development goal.

12. All-age suicide death rate among women and men in states grouped by epidemiological transition level by age, 1990 and 2016



— Low ETL — Lower-middle ETL — Higher-middle ETL — High ETL

ETL is epidemiological transition level.