

Medical scribes improve physician productivity in a Canadian emergency department

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Introduction: Emergency department (ED) efficiency has been a priority across Canada. In the United States, medical scribes can increase the number of patients seen per hour (PPH) per physician; however, it is not well known if these outcomes can be translated to Canada. Methods: We conducted a four-month quality improvement pilot study of medical scribes in the ED of a community hospital in Ottawa, Ontario. Eleven scribes were utilized ranging in age from 18 to 23 years old. Following scribe training, data collection began January 2015. Twenty-two full or part time emergency physicians were followed, who received shifts with and without a scribe over the next four months. Across the four months, the average PPH was determined for each physician during shifts with and without a scribe. Two-tailed paired-samples t-tests were used to compare mean (SD) PPH based on presence or absence of a scribe. Results: A total of 463 physician hours were documented without use of a scribe and 693.75 physician hours were documented with use of a scribe. Across all 22 physicians, 18 (81.8%) demonstrated a greater PPH with use of a scribe. Overall, PPH per physician was significantly greater (+12.9%) during shifts with a scribe (mean 2.81, SD 0.78) compared to shifts without a scribe (mean 2.49, SD 0.60) (p=0.006). Interpretation: Medical scribes resulted in an increased PPH per physician. As this was a small study at a single community centre, further research on the effects of scribes on ED performance in Canada is warranted.

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Medical scribes improve physician productivity in a Canadian emergency department

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ABSTRACT

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Introduction: Emergency department (ED) efficiency has been a priority across Canada. In the United States, medical scribes can increase the number of patients seen per hour (PPH) per physician; however, it is not well known if these outcomes can be translated to Canada. **Methods:** We conducted a four-month quality improvement pilot study of medical scribes in the ED of a community hospital in Ottawa, Ontario. Eleven scribes were utilized ranging in age from 18 to 23 years old. Following scribe training, data collection began January 2015. Twenty-two full or part time emergency physicians were followed, who received shifts with and without a scribe over the next four months. Across the four months, the average PPH was determined for each physician during shifts with and without a scribe. Two-tailed paired-samples t-tests were used to compare mean (SD) PPH based on presence or absence of a scribe. **Results:** A total of 463 physician hours were documented without use of a scribe and 693.75 physician hours were documented with use of a scribe. Across all 22 physicians, 18 (81.8%) demonstrated a greater PPH with use of a scribe. Overall, PPH per physician was significantly greater (+12.9%) during shifts with a scribe (mean 2.81, SD 0.78) compared to shifts without a scribe (mean 2.49, SD 0.60) (p=0.006). **Interpretation:** Medical scribes resulted in an increased PPH per physician. As this was a small study at a single community centre, further research on the effects of scribes on ED performance

Key Words: Health systems; Outcomes; Productivity; Scribe; Wait times; Quality improvement

INTRODUCTION

Improving emergency department (ED) efficiency and productivity has been a priority in hospitals across Canada and there is a need for cost-effective, evidence-based solutions to address this. In addition, electronic medical records (EMR) are becoming common, which have the advantage of improving continuity of care through better documentation but also may have a negative impact on productivity for some physicians.¹

Medical scribes provide real-time medical transcription of the physician-patient encounter, flow management, and clerical support. The literature suggests that medical scribes improve the physician-patient interaction, increase physician and ED productivity, and facilitate better continuity of care due to a more accurate, complete, and legible medical record. ^{2,3,4}

Overall, these benefits lead reduced hospital costs; however, these conclusions are largely based on US data. Despite differences between the American and Canadian healthcare system, we believe the benefits of having medical scribes may be transferable. Unfortunately, very limited data exists on the use of medical scribes in Canadian emergency departments.

We sought to conduct a pilot project to assess the impact of introducing medical scribes in a Canadian community hospital emergency department. The purpose of the study was to (a) establish proof-of-concept of medical scribes in Canada and (b) gain experience in scribe implementation so as to inform development of larger multicentre trials. Based on data from the United States, it was hypothesized that using a medical scribe would be associated with greater physician productivity.

METHODS

Setting

We conducted a four-month community-based quality improvement study of medical scribes in the emergency department at the Queensway-Carleton Hospital (QCH) in Ottawa, Ontario, Canada from January 2015 to April 2015. QCH is a non-academic community hospital with approximately 30 full or part-time emergency physicians and about 70,000 annual emergency room patient visits. Ethics approval for this study was obtained from the QCH. The manuscript was prepared in accordance with the SQUIRE statement for quality improvement studies.⁶

Scribe Training and Implementation

Scribes were supplied by Medical Scribes of Canada (Ottawa, ON). In total, 11 scribes were utilized in the study ranging in age from 18 to 23 years old. As part of the Medical Scribes of Canada model, each scribe was paid on an hourly basis through a grant from the QCH. To recruit scribes, postings were made in the Ottawa-area for undergraduate students enrolled in health-related bachelor's degree programs. Applicants were screened based on their academic performance, work experience and volunteer experience, and then formally interviewed by physicians and community members – similar to medical school admissions. As such, any background and qualification differences across scribes were kept to a minimum.

Following hiring, all scribes underwent a basic training program in medical terminology and disease presentations commonly encountered in the emergency department. From November 2014 to December 2014, scribes were introduced to the emergency department at the QCH whereby scribes gained experience and confidence in charting and patient interaction, and

physicians became comfortable with using a scribe. Essentially, medical scribes provide realtime medical transcription of the physician-patient encounter, flow management, and clerical support. Medical scribes are trained in medical terminology and confidentiality, and are held to the same standards of confidentiality as a physician or nurse. The scribes enter the room with the physician, and are present during the patient-physician encounter, after obtaining the patient's consent to have them present. During the encounter, the scribe documents the subjective history given by the patient, as well as results of the physical examination, which are verbally stated by the physician to the scribe. Following the encounter, the physician reads through the notes taken by the scribe to ensure that the relevant information is present, and that the information documented is correct, prior to signing off on the chart. Outside of the room, the scribe also helps manage the physician's flow by alerting them to patients that need to be reassessed, or when new test results have returned. Contraction of the contraction o

Intervention

Following scribe training and the initial two-month acclimation period for both scribes and physicians, data collection began January 2015. A convenience sample of twenty-two full or part time emergency physicians were followed in this study, who voluntarily participated to receive shifts with and without a scribe over the next four months. Scribe allocation to shifts was done by the Medical Scribes of Canada Human Resources Manager, who was blinded to all data collection, and based scheduling primarily on scribe availability since many had full-time undergraduate coursework schedules. As a consequence, scribes were only allocated to evening shifts. Effort was made to rotate scribes among physicians.

At the QCH, the emergency department is divided into a cubicles area, an observation area and resuscitation bay. The cubicles area is used for more acute and localized cases such as fractures, lacerations, abscesses, acute abdominal pain, etc. The observation area is used for complex medical cases where the patient may be monitored for a long period such as altered level of consciousness, respiratory concerns or cardiac monitoring. The resuscitation bay is used for major trauma, procedural sedation and critical care. In this pilot study, scribes were only evaluated in the cubicles area as this tends to be where the QCH has the largest patient volumes. This also helped control for any bias that could arise if certain physicians spent more of their shifts in the lower volume observation area.

As we sought to evaluate the real-world implementation of scribes, who were also on contract for a certain number of hours per week, there were more shifts with scribes than without scribes, but we ensured that each participating physician experienced shifts with and without scribes during the four month study. Any shifts with or without scribes that were reported to be of low patient volume were removed from analysis. Low patient volume was defined based on having in excess of 1 hour without new patients to see.

Physician Performance Data and Analysis

Hospital records were utilized to extract physician work hours as well as the number of patients seen by each physician on each shift. From these metrics, patients per hour (PPH) per physician was calculated for each shift. Across the four months, the average PPH was determined for each physician during shifts with a scribe and shifts without a scribe.

Stata v14.2 I/C (StataCorp, College Station, TX) was used to assess data statistically, with a significance level of 0.05. All analyses were performed by two blinded researchers. Two-

tailed paired-samples t-tests were used to compare PPH metrics within physicians based on presence or absence of a scribe. To ascertain whether PPH metrics during non-scribe shifts were biased due to ongoing scribe use during the four month period, a sensitivity analysis was conducted on available hospital data from January 2014 to April 2014, where no scribes were used. Here, PPH metrics of 18 of the 22 physicians in the study were available, and these values were compared to the 2015 PPH metrics on shifts without a scribe using a two-tailed paired-samples t-test.

RESULTS

Twenty-two emergency physicians volunteered to participate in this community-based study, having shifts both with and without a scribe over the four month period. Demographic details of the physicians in this study are shown in Table 1. Across the four month study period, a total of 463.0 physician hours were documented without use of a scribe and 693.75 physician hours were documented with use of a scribe.

Across all 22 physicians in the study, 18 (81.8%) demonstrated a greater PPH with use of a scribe. Use of a scribe was associated with a significantly greater PPH per physician (p=0.006, mean increase of 12.9%, range of -41% to +118%), with the mean PPH per physician over the four month study period being 2.81 (SD 0.78) with a scribe and 2.49 (SD 0.60) without a scribe (Figure 1).

PPH metrics were determined for 18 of the 22 physicians captured in the 2015 data for use in the sensitivity analysis. Here, it was found that PPH per physician metrics from no-scribe shifts did not differ between 2014 (mean 2.43, SD 0.43) and 2015 (mean 2.53, SD 0.47) (p=0.315).

DISCUSSION

This study was performed to assess the effects of medical scribes on physician productivity in a Canadian community-hospital ED. Results demonstrated that physician productivity was significantly higher with use of a scribe compared to shifts without a scribe, which is in agreement with U.S. data on scribes. While caution must be taken in extrapolating these findings to other Canadian centres, the results are promising and suggest a need for further study in this area, as they have the potential to improve health care efficiency.

In the United States, it has been shown that the use of scribes contributes to increased number of patients seen per hour, ³ improved physician and patient satisfaction, ² and increasing time spent in patient interaction while decreasing time reporting. ⁷ Furthermore, productivity measures appear to be maintained at least up to one year following scribe implementation. ⁸ In contrast to these findings, a Canadian study that was presented at the 2012 Canadian Academy of Emergency Medicine meeting did not find a significant increase in patients seen per hour with a scribe, ⁹ although improved physician-nurse satisfaction and improved chart legibility was reported. This study took place in an academic hospital and did not describe if a pre-study training period was given to scribes. These factors may affect overall efficiency as understanding of content and documentation procedures may be critical to scribe performance. Moreover, it is possible that efficiency at large academic centres may be less affected by scribes due to the tendency for more urgent or severe cases being seen, which may occupy more resources, ¹⁰ or may have more medical residents on service who may not be as efficient as senior staff.

On average, an emergency physician in Canada earns approximately \$150 per hour, meaning their revenue is approximately \$1200 per shift without a scribe. At the hourly wage

used in the present study, a scribe would cost the physician \$216 per shift. Given a scribe may be associated with an increase of ~13% in productivity, the "cost" to the physician using a scribe would be about \$60 relative to what their earnings would be without a scribe. This may be dependent upon the type of billing shift the physician is scheduled to, and the volume in the emergency department. From a systems perspective, this also means that emergency physicians would bill at a greater amount per shift due to increased volume of patient care. Further research is needed to understand the full cost-benefit implications of scribes.

This study has limitations that should be considered. Firstly, this was a relatively small study with short follow-up time at a single community-hospital, and while results suggested improved physician productivity, longer-term studies at multiple centres with more physicians are needed to assess the generalizability of these results. Moreover, with larger studies, additional covariates may be assessed to further understand factors contributing to increased productivity with scribes such as patient clinical presentations, emergency severity index, and scribe experience. Another limitation is that the present study only evaluated physician productivity as an outcome, primarily to gain proof-of-concept in Canada with our method of scribe implementation and training. In future studies, other variables such as physician and patient satisfaction, and health-related outcomes should be considered. Anecdotally, about 40% of the physicians who participated in this study have begun to pay out-of-pocket for scribe services on an ongoing basis, citing increased job satisfaction, increased quality of the patientphysician encounter, as well as more accurate and detailed documentation as reasons for the expense. Currently, we have expanded the scribe program to other centres and clinical settings (e.g. outpatient clinics, surgical clinics) for further evaluation in longer-term studies and to more

formally assess physician and patient satisfaction, and also investigate other markers of health care efficiency such as patient wait times.

In conclusion, this quality improvement pilot study of medical scribes in a Canadian community-hospital ED provides proof-of-concept that scribes can increase physician productivity. These results suggest that the benefits of scribes may be achieved in a Canadian centre, and that there is a need for further research on this topic to more broadly assess the effects of scribes on ED performance, and physician-patient interactions in Canada.



Funding: Queensway-Carleton Hospital (OCH) Research Grant, National Research Council of Canada (NRC) IRAP. The QCH and NRC had no role in conducting the study, analyzing the data or drafting the results. Conflicts of interest: PSG and SRG are owners of Medical Scribes of Canada. TM and REL were employees of Medical Scribes of Canada at the time of the study. PSG, SRG and TM report funding from NRC IRAP. PSG and SRG report funding from the Queensway-Carleton Hospital. IAV and RTL have no conflicts of interest. Author contributions: PSG and SRG conceived and designed the study. TM and REL acquired all data for the study. IAV and RTL analyzed all data for the study and drafted the manuscript. PSG, SRG, TM and REL provided critical input to the manuscript for revision. All authors approved the final version of this manuscript.

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FIGURE CAPTIONS

Figure 1. Physician efficiency without a scribe vs. with a scribe. These data represent mean

values across all 22 physicians during the four-month study.



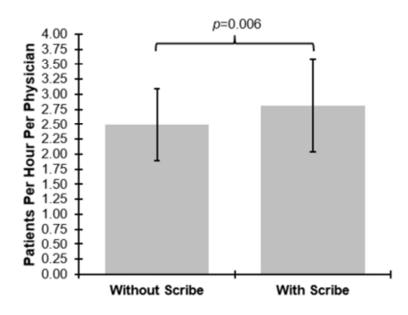


Figure 1
102x77mm (96 x 96 DPI)

1 TABLES

Table 1. Physician characteristics. Data shows the demographic and clinical characteristics of
 the physicians participating in the study.

ex	Value	
ex		6
C/1		
Number of males	12 (55%)	7
Number of females	10 (45%)	
		8
ob Type		g
Number of full-time physicians	9 (41%)	,
Number of part-time physicians	13 (59%)	10
Nation a		
raining Mean years with independent licence to practice (S.D.)	11.0 (10.1)	11
Mean years with independent ticence to practice (S.D.)	11.0 (10.1)	12

Revised Standards for Quality Improvement Reporting Excellence (SQUIRE 2.0) September 15, 2015

	September 15, 2015		
	Text Section and Item Name	Section or Item Description	
		 The SQUIRE guidelines provide a framework for reporting new knowledge about how to improve healthcare The SQUIRE guidelines are intended for reports that describe system level work to improve the quality, safety, and value of healthcare, and used methods to establish that observed outcomes were due to the intervention(s). 	
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		 Authors should consider every SQUIRE item, but it may be inappropriate or unnecessary to include every SQUIRE element in a particular manuscript. 	
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	Title and Abstract		
Title page	1. Title	Indicate that the manuscript concerns an <u>initiative</u> to improve healthcare (broadly defined to include the quality, safety, effectiveness, patient-centeredness, timeliness, cost, efficiency, and equity of healthcare)	
Abstract	2. Abstract	 a. Provide adequate information to aid in searching and indexing b. Summarize all key information from various sections of the text using the abstract format of the intended publication or a structured summary such as: background, local <u>problem</u>, methods, interventions, results, conclusions 	
	Introduction	Why did you start?	
Page 3	3. Problem Description	Nature and significance of the local problem	
Page 3	4. Available knowledge	Summary of what is currently known about the <u>problem</u> , including relevant previous studies	

Page 3	5. Rationale	Informal or formal frameworks, models, concepts, and/or theories used to explain the problem, any reasons or assumptions that were used to develop the intervention(s), and reasons why the intervention(s) was	
		expected to work	
Page 3	6. Specific aims	Purpose of the project and of this report	
	Methods	What did you do?	
Page 4-6	7. Context	Contextual elements considered important at the outset of introducing the intervention(s)	
Page 4-6	8. Intervention(s)	 a. Description of the intervention(s) in sufficient detail that others could reproduce it b. Specifics of the team involved in the work 	
Page 6-7	9. Study of the Intervention(s)	 a. Approach chosen for assessing the impact of the intervention(s) b. Approach used to establish whether the observed outcomes were due to the intervention(s) 	
Page 6-7	10. Measures	a. Measures chosen for studying <u>processes</u> and outcomes of the <u>intervention(s)</u> , including rationale for choosing them, their operational definitions, and their validity and reliability b. Description of the approach to the ongoing assessment of contextual elements that contributed to the success, failure, efficiency, and cost c. Methods employed for assessing completeness and accuracy of data	
Page 6-7	11. Analysis	a. Qualitative and quantitative methods used to draw <u>inferences</u> from the data b. Methods for understanding variation within the data, including the effects of time as a variable	
Page 4-7	12. Ethical Considerations	Ethical aspects of implementing and studying the intervention(s) and how they were addressed, including, but not limited to, formal ethics review and potential conflict(s) of interest	
	Results	What did you find?	
Page 7	13. Results	 a. Initial steps of the intervention(s) and their evolution over time (e.g., time-line diagram, flow chart, or table), including modifications made to the intervention during the project b. Details of the process measures and outcome c. Contextual elements that interacted with the intervention(s) d. Observed associations between outcomes, interventions, and relevant contextual elements e. Unintended consequences such as unexpected benefits, problems, failures, or costs associated with the intervention(s). f. Details about missing data 	
	Discussion	What does it mean?	
Page 8-10	14. Summary	a. Key findings, including relevance to the <u>rationale</u> and specific aims b. Particular strengths of the project	

Page 8-10	15. Interpretation	a. Nature of the association between the intervention(s) and the outcomes b. Comparison of results with findings from other publications c. Impact of the project on people and systems d. Reasons for any differences between observed and anticipated outcomes, including the influence of context e. Costs and strategic trade-offs, including opportunity costs	
Page 8-10	16. Limitations	a. Limits to the generalizability of the work b. Factors that might have limited internal validity such as confounding, bias, or imprecision in the design, methods, measurement, or analysis c. Efforts made to minimize and adjust for limitations	
Page 8-10	17. Conclusions	a. Usefulness of the work b. Sustainability c. Potential for spread to other contexts d. Implications for practice and for further study in the field e. Suggested next steps	
	Other information		
Page 11	18. Funding	Sources of funding that supported this work. Role, if any, of the funding organization in the design, implementation, interpretation, and reporting	