

Supplementary table 1a. Correlation matrix.

Correlations

			Publication year	RD	RD_Harm	Study size	Study duration	Placebo response	Active drug response	Quality score	ITT analysis	Parallel design	Outcome 50% or 30% pain reduction	Active placebo	Add-on treatment	Dropout during placebo	Dropout during active
Spearman's rho	Publication year	Correlation Coefficient	1.000	-.506**	-.263**	.282**	.275**	.195*	-.371**	.254**	.629**	.302**	.420**	-.137	.006	.066	-.142
		Sig. (2-tailed)	.	.000	.005	.004	.002	.046	.000	.005	.000	.001	.000	.129	.950	.493	.131
		N	128	105	112	105	128	105	105	119	106	128	105	105	125	111	112
RD	RD	Correlation Coefficient	-.506**	1.000	.229*	-.491**	-.433**	-.463**	.568**	-.341**	-.384**	-.301**	-.259**	.017	-.115	-.028	.174
		Sig. (2-tailed)	.000	.	.025	.000	.000	.000	.000	.001	.000	.002	.008	.863	.280	.789	.089
		N	105	105	95	105	105	105	105	97	93	105	105	104	90	95	96
RD_Harm	RD_Harm	Correlation Coefficient	-.263**	.229*	1.000	-.094	-.079	.067	.216*	-.161	-.161	-.008	.040	-.176	-.160	.099	.781**
		Sig. (2-tailed)	.005	.025	.	.367	.410	.518	.036	.104	.123	.934	.698	.066	.113	.298	.000
		N	112	95	112	95	112	95	95	103	93	112	95	110	99	112	112
Study size	Study size	Correlation Coefficient	.282**	-.491**	-.094	1.000	.570**	.372**	-.262**	.172	.583**	.587**	.423**	.024	.006	.062	-.065
		Sig. (2-tailed)	.004	.000	.367	.	.000	.000	.007	.092	.000	.000	.000	.805	.952	.550	.532
		N	105	105	95	105	105	105	105	97	93	105	105	104	90	95	96
Study duration	Study duration	Correlation Coefficient	.275**	-.433**	-.079	.570**	1.000	.385**	-.161	.271**	.481**	.532**	.347**	.057	.039	.190*	.037
		Sig. (2-tailed)	.002	.000	.410	.000	.	.000	.100	.003	.000	.000	.000	.531	.684	.045	.697
		N	128	105	112	105	128	105	105	119	106	128	105	125	111	112	114
Placebo response	Placebo response	Correlation Coefficient	.195*	-.463**	.067	.372**	.385**	1.000	.369**	.231*	.175	.311**	.102	.034	-.034	-.217*	-.085
		Sig. (2-tailed)	.046	.000	.518	.000	.000	.	.000	.023	.093	.001	.299	.729	.753	.034	.409
		N	105	105	95	105	105	105	105	97	93	105	105	104	90	95	96
Active drug response	Active drug response	Correlation Coefficient	-.371**	.568**	.216*	-.262**	-.161	.369**	1.000	-.206*	-.262*	-.121	-.262**	.104	-.142	-.281**	-.007
		Sig. (2-tailed)	.000	.000	.036	.007	.100	.000	.	.043	.011	.218	.007	.295	.182	.006	.950
		N	105	105	95	105	105	105	105	97	93	105	105	104	90	95	96
Quality score	Quality score	Correlation Coefficient	.254**	-.341**	-.161	.172	.271**	.231*	-.206*	1.000	.244*	.127	.153	.035	.147	.108	-.009
		Sig. (2-tailed)	.005	.001	.104	.092	.003	.023	.043	.	.013	.170	.135	.709	.128	.279	.929
		N	119	97	103	97	119	97	97	119	103	119	97	116	109	103	105
ITT analysis	ITT analysis	Correlation Coefficient	.629**	-.384**	-.161	.583**	.481**	.175	-.262*	.244*	1.000	.670**	.531**	-.118	.140	.207*	-.011
		Sig. (2-tailed)	.000	.000	.123	.000	.000	.093	.011	.013	.	.000	.000	.234	.177	.046	.914
		N	106	93	93	93	106	93	93	103	106	106	93	104	95	93	93
Parallel design	Parallel design	Correlation Coefficient	.302**	-.301**	-.008	.587**	.532**	.311**	-.121	.127	.670**	1.000	.537**	-.022	.032	.062	.025
		Sig. (2-tailed)	.001	.002	.934	.000	.000	.001	.218	.170	.000	.	.000	.807	.738	.518	.796
		N	128	105	112	105	128	105	105	119	106	128	105	125	111	112	114
Outcome 50% or 30% pain reduction	Outcome 50% or 30% pain reduction	Correlation Coefficient	.420**	-.259**	.040	.423**	.347**	.102	-.262**	.153	.531**	.537**	1.000	-.135	-.153	.061	.105
		Sig. (2-tailed)	.000	.008	.698	.000	.000	.299	.007	.135	.000	.000	.	.173	.151	.557	.308
		N	105	105	95	105	105	97	93	105	93	105	105	104	90	95	96
Active placebo	Active placebo	Correlation Coefficient	-.137	.017	-.176	.024	.057	.034	.105	.035	-.118	-.022	-.135	1.000	.219*	-.277**	-.235*
		Sig. (2-tailed)	.129	.863	.066	.805	.531	.729	.295	.709	.234	.807	.173	.	.022	.003	.013
		N	125	104	110	104	125	104	104	116	104	125	104	125	109	110	112
Add-on treatment	Add-on treatment	Correlation Coefficient	.006	-.115	-.160	.006	.039	-.034	-.142	.147	.140	.032	-.153	.219*	1.000	-.195	-.151
		Sig. (2-tailed)	.950	.280	.113	.952	.684	.753	.182	.128	.177	.738	.151	.022	.	.053	.136
		N	111	90	99	90	111	90	90	109	95	111	90	109	111	99	99
Dropout during placebo	Dropout during placebo	Correlation Coefficient	.066	-.028	.099	.062	.190*	-.217*	-.281**	.108	.207*	.062	.061	-.277**	1.000	.636**	.000
		Sig. (2-tailed)	.493	.789	.298	.550	.045	.034	.006	.279	.046	.518	.557	.003	.053	.	.000
		N	112	95	112	95	112	95	95	103	93	112	95	110	99	112	112
Dropout during active	Dropout during active	Correlation Coefficient	-.142	.174	.781**	-.065	.037	-.085	-.007	-.009	-.011	.025	.105	-.235*	-.151	.636**	1.000
		Sig. (2-tailed)	.131	.089	.000	.532	.697	.409	.950	.929	.914	.796	.308	.013	.136	.000	.
		N	114	96	112	96	114	96	96	105	93	114	96	112	99	112	114

** . Correlation is significant at the 0.01 level (2-tailed).

* . Correlation is significant at the 0.05 level (2-tailed).

RD=Risk difference = 1/NNT (numbers needed to treat), RC_Harm = 1/NNH (numbers needed to harm).

Supplementary table 1b. Correlation matrix. Parallel group design studies

Correlations

			Publication year	RD	RD_Harm	Study size	Study duration	Placebo response	Active drug response	Quality score	ITT analysis	Outcome 50% or 30% pain reduction	Active placebo	Add-on treatment	Dropout during placebo	Dropout during active
Spearman's rho	Publication year	Correlation Coefficient	1.000	-.366**	-.245*	-.013	.206	.060	-.252*	.055	.327**	.269*	-.050	.081	-.135	-.275*
		Sig. (2-tailed)	.	.002	.025	.918	.058	.621	.035	.636	.007	.024	.651	.497	.223	.011
N		85	70	83	70	85	70	70	76	67	70	84	72	83	84	
RD	Correlation Coefficient	-.366**	1.000	.237*	-.287*	-.355**	-.474**	.403**	-.299*	-.172	.038	-.192	-.237	.092	.251*	
	Sig. (2-tailed)	.002	.	.050	.016	.003	.000	.001	.018	.190	.756	.111	.073	.453	.037	
	N	70	70	69	70	70	70	70	62	60	70	70	58	69	69	
RD_Harm	Correlation Coefficient	-.245*	.237*	1.000	-.100	-.145	.077	.250*	-.234*	-.060	-.030	-.263*	-.200	.129	.805**	
	Sig. (2-tailed)	.025	.050	.	.416	.192	.531	.038	.045	.631	.810	.017	.095	.244	.000	
	N	83	69	83	69	83	69	69	74	66	69	82	71	83	83	
Study size	Correlation Coefficient	-.013	-.287*	-.100	1.000	.389**	.231	-.053	.014	.206	-.032	.265*	-.017	.015	-.086	
	Sig. (2-tailed)	.918	.016	.416	.	.001	.054	.664	.912	.114	.791	.026	.900	.903	.483	
	N	70	70	69	70	70	70	70	62	60	70	70	58	69	69	
Study duration	Correlation Coefficient	.206	-.355**	-.145	.389**	1.000	.213	-.146	.210	.263*	.051	.039	.126	.205	-.012	
	Sig. (2-tailed)	.058	.003	.192	.001	.	.076	.229	.068	.032	.676	.727	.290	.063	.913	
	N	85	70	83	70	85	70	70	76	67	70	84	72	83	84	
Placebo response	Correlation Coefficient	.060	-.474**	.077	.231	.213	1.000	.535**	.159	-.080	-.167	.078	-.308*	-.315**	-.145	
	Sig. (2-tailed)	.621	.000	.531	.054	.076	.	.000	.216	.541	.168	.519	.018	.008	.234	
	N	70	70	69	70	70	70	70	62	60	70	70	58	69	69	
Active drug response	Correlation Coefficient	-.252*	.403**	.250*	-.053	-.146	.535**	1.000	-.154	-.166	-.153	-.081	-.460**	-.291*	.020	
	Sig. (2-tailed)	.035	.001	.038	.664	.229	.000	.	.231	.204	.205	.506	.000	.015	.870	
	N	70	70	69	70	70	70	70	62	60	70	70	58	69	69	
Quality score	Correlation Coefficient	.055	-.299*	-.234*	.014	.210	.159	-.154	1.000	.180	-.094	.137	.367**	.017	-.131	
	Sig. (2-tailed)	.636	.018	.045	.912	.068	.216	.231	.	.154	.469	.242	.002	.884	.261	
	N	76	62	74	62	76	62	62	76	64	62	75	70	74	75	
ITT analysis	Correlation Coefficient	.327**	-.172	-.060	.206	.263*	-.080	-.166	.180	1.000	-.043	.089	.232	.114	-.009	
	Sig. (2-tailed)	.007	.190	.631	.114	.032	.541	.204	.154	.	.747	.474	.077	.361	.943	
	N	67	60	66	60	67	60	60	64	67	60	67	59	66	66	
Outcome 50% or 30% pain reduction	Correlation Coefficient	.269*	.038	-.030	-.032	.051	-.167	-.153	-.094	-.043	1.000	.110	-.082	-.053	-.052	
	Sig. (2-tailed)	.024	.756	.810	.791	.676	.168	.205	.469	.747	.	.365	.543	.663	.670	
	N	70	70	69	70	70	70	70	62	60	70	70	58	69	69	
Active placebo	Correlation Coefficient	-.050	-.192	-.263*	.265*	.039	.078	-.081	.137	.089	.110	1.000	.288*	-.430**	-.376**	
	Sig. (2-tailed)	.651	.111	.017	.026	.727	.519	.506	.242	.474	.365	.	.015	.000	.000	
	N	84	70	82	70	84	70	70	75	67	70	84	71	82	83	
Add-on treatment	Correlation Coefficient	.081	-.237	-.200	-.017	.126	-.308*	-.460**	.367**	.232	-.082	.288*	1.000	-.061	-.088	
	Sig. (2-tailed)	.497	.073	.095	.900	.290	.018	.000	.002	.077	.543	.015	.	.615	.466	
	N	72	58	71	58	72	58	58	70	59	58	71	72	71	71	
Dropout during placebo	Correlation Coefficient	-.135	.092	.129	.015	.205	-.315**	-.291*	.017	.114	-.053	-.430**	-.061	1.000	.635**	
	Sig. (2-tailed)	.223	.453	.244	.903	.063	.008	.015	.884	.361	.663	.000	.615	.	.000	
	N	83	69	83	69	83	69	69	74	66	69	82	71	83	83	
Dropout during active	Correlation Coefficient	-.275*	.251*	.805**	-.086	-.012	-.145	.020	-.131	-.009	-.052	-.376**	-.088	.635**	1.000	
	Sig. (2-tailed)	.011	.037	.000	.483	.913	.234	.870	.261	.943	.670	.000	.466	.000	.	
	N	84	69	83	69	84	69	69	75	66	69	83	71	83	84	

** Correlation is significant at the 0.01 level (2-tailed).

* Correlation is significant at the 0.05 level (2-tailed).

RD=Risk difference = 1/NNT (numbers needed to treat), RC_Harm = 1/NNH (numbers needed to harm).

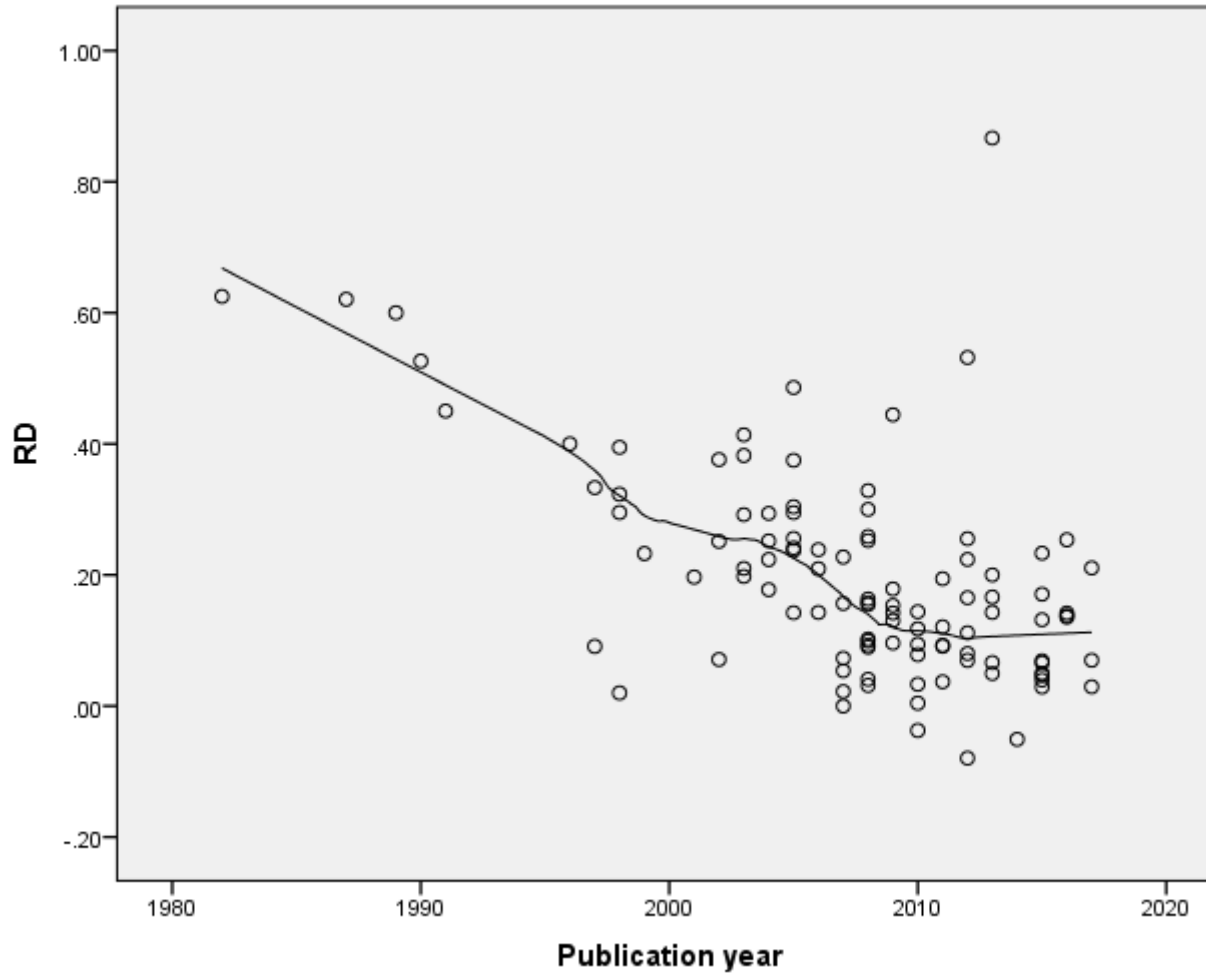
Supplementary table 2. NNT for 50% or 30% pain reduction and Patient Global Impression of Change (PGIC).

	NNT (50% or 30% pain reduction)	NNT (PGIC)
Pregabalin	7.0 (5.9-8.7)	5.4 (4.7-5.4)
Capsaicin 8% patch	12.0 (8.3-21.4)	8.3 (6.3-12.2)

While not part of our planned analysis, the fact that studies where the NNT was based on 30% or 50% pain reduction had higher NNT compared to those that used pain relief encouraged further analysis. Pain relief scales were mainly used in early studies and very few studies reported both pain relief and 30% or 50% pain reduction, but for two drug classes several studies (pregabalin (n=17) and capsaicin 8% patches (n=7)) reported both 50% or 30% pain reduction and at least much (or alternatively at least some) improvement on the PGIC. Although PGIC is a combined outcome including also adverse effects, we compared NNT for pregabalin and capsaicin 8% trials and NNT was generally lower when based on PGIC (calculated based on the ITT population) than the NNT based on 50% or 30% pain reduction.

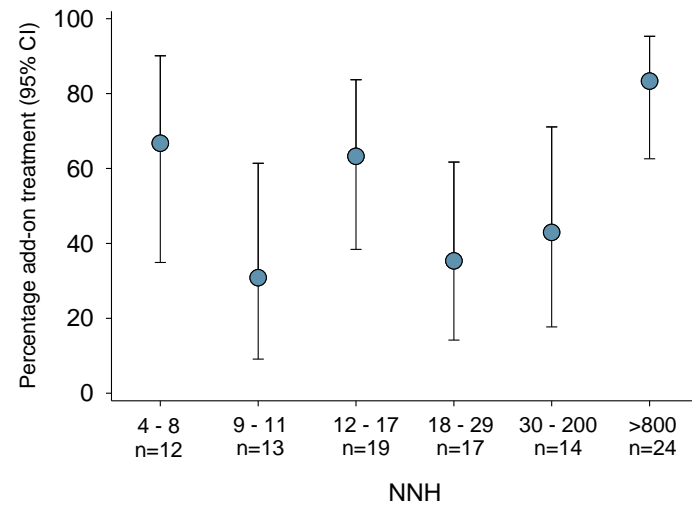
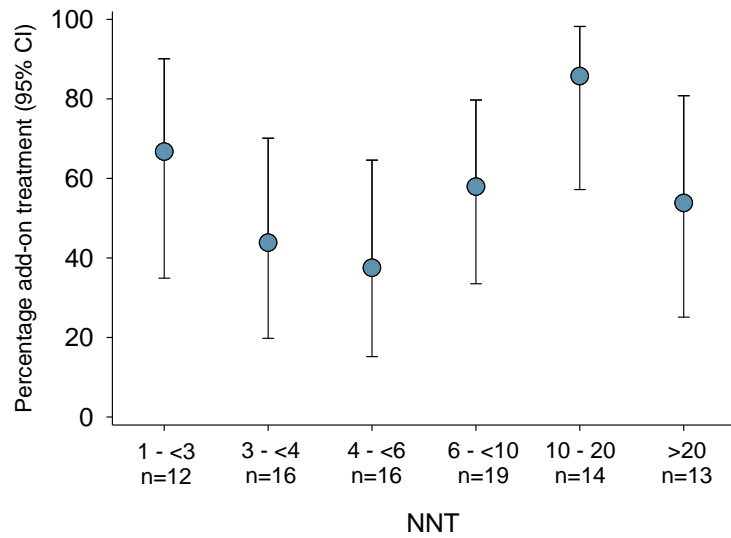
Supplementary figure 1.

The relation between the risk difference (RD) (the inverse of NNT(numbers needed to treat) in individual studies and publication year. Line indicate a Loess fit line (50% of points of fit, Epanechnikov kernel).



Supplementary figure 2.

No relation between numbers needed to treat (NNT) and numbers needed to harm (NNH) and percentage of studies with add-on treatment.

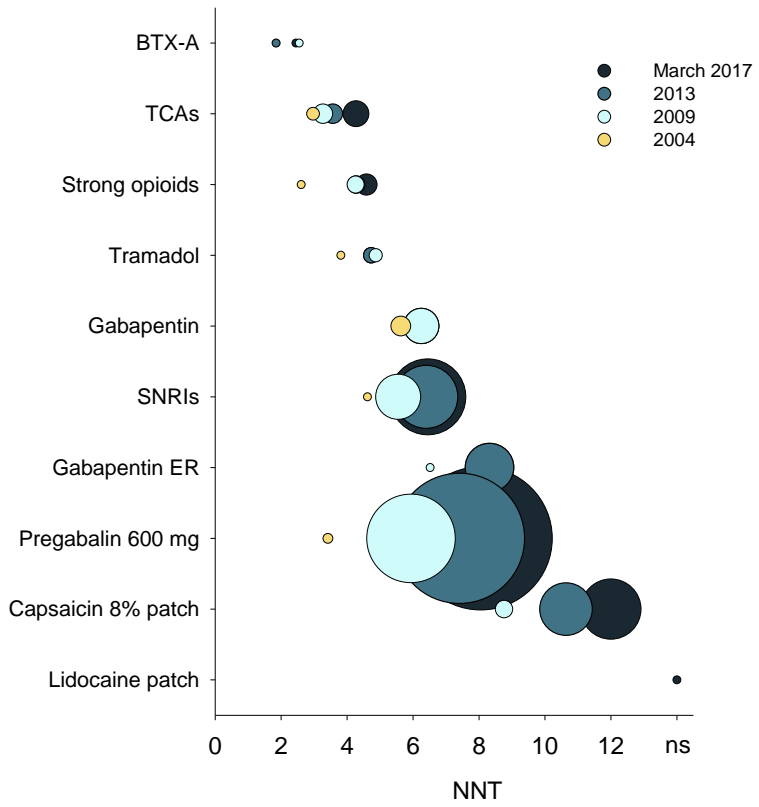


Supplementary figure 3.

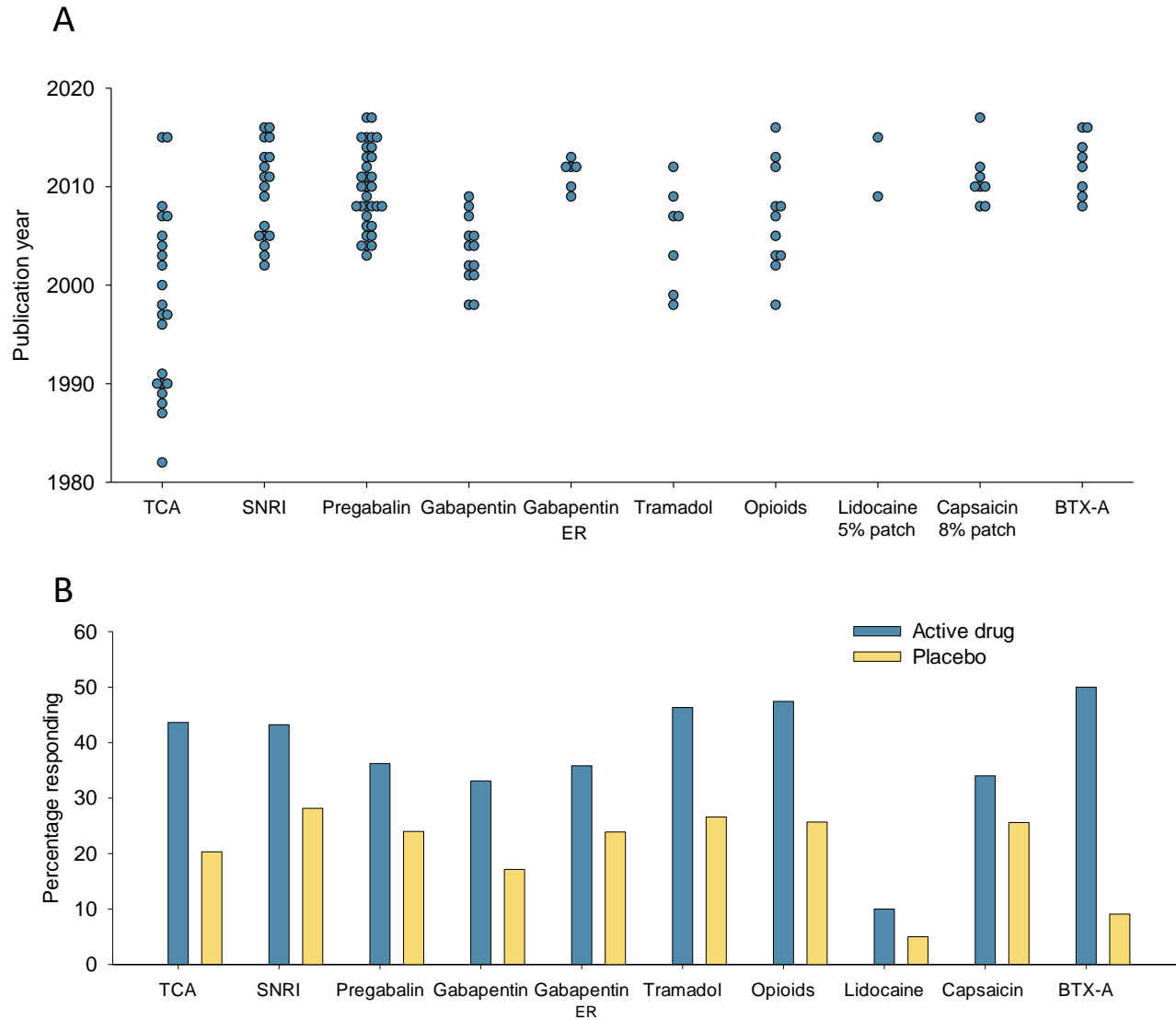
Combined NNT values (fixed-effects Mantel-Haenszel method) for various drug classes in all central and peripheral neuropathic pain conditions for drug classes recommended for the treatment of neuropathic pain. For pregabalin, only trials in doses up to 600 mg were included.

The circle sizes indicate the relative number of patients who received active treatment drugs in studies for which dichotomous data were available. NNT: Numbers needed to treat. BTX-A: botulinum toxin type A; TCAs: tricyclic antidepressants; SNRIs: serotonin-noradrenaline reuptake inhibitors; Gabapentin ER: Gabapentin extended release or gabapentin enacarbil.

Publication year for unpublished studies was arbitrarily set to one year after the results were posted.



Supplementary figure 4. Publication year for each study (A) and combined percentage responding to active drug and placebo (B) based on drug class.



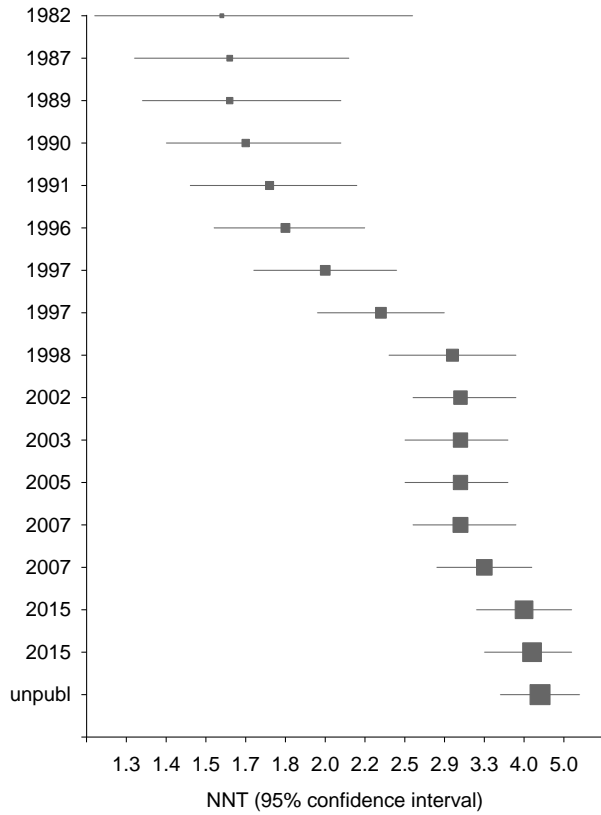
TCA=Tricyclic antidepressants, SNRIs=serotonin-noradrenaline reuptake inhibitors, BTX-A: botulinum toxin type A, Gabapentin ER: Gabapentin extended release or enacarbil

In figure A, each circle indicates one study (drug comparison to placebo).

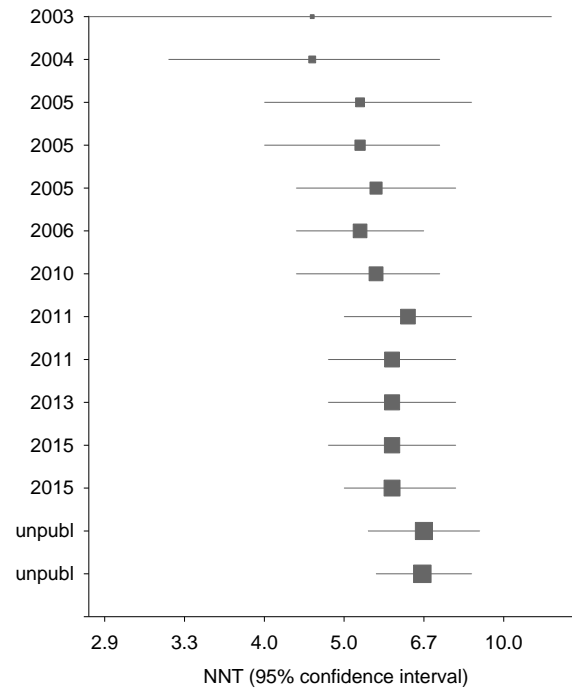
In figure B, the y-axis indicates the combined percentage of patients responding to active drug or placebo within each drug class.

Supplementary figure 5. Cumulative NNT (random effect) of trials with tricyclic antidepressants (TCA), serotonin-noradrenaline reuptake inhibitors (SNRI), and pregabalin up to 600 mg daily.

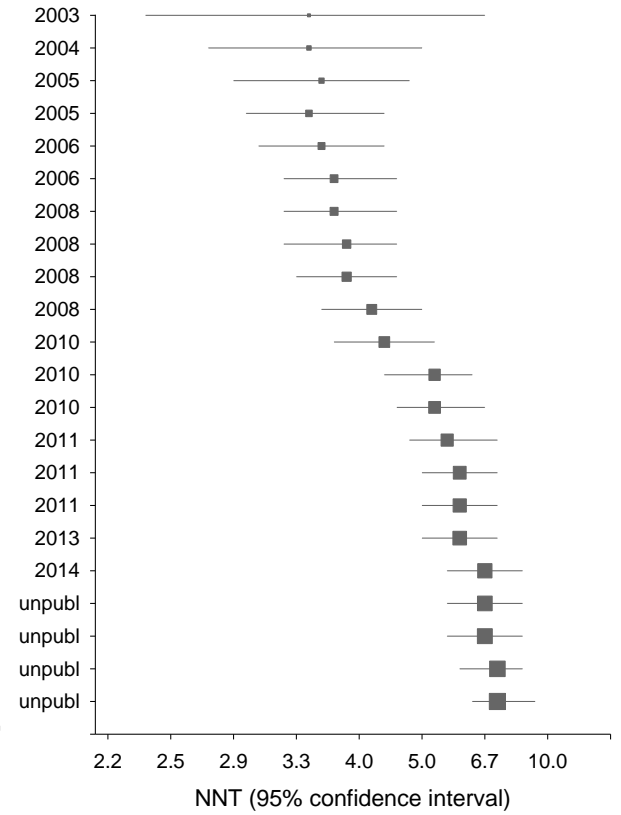
TCA



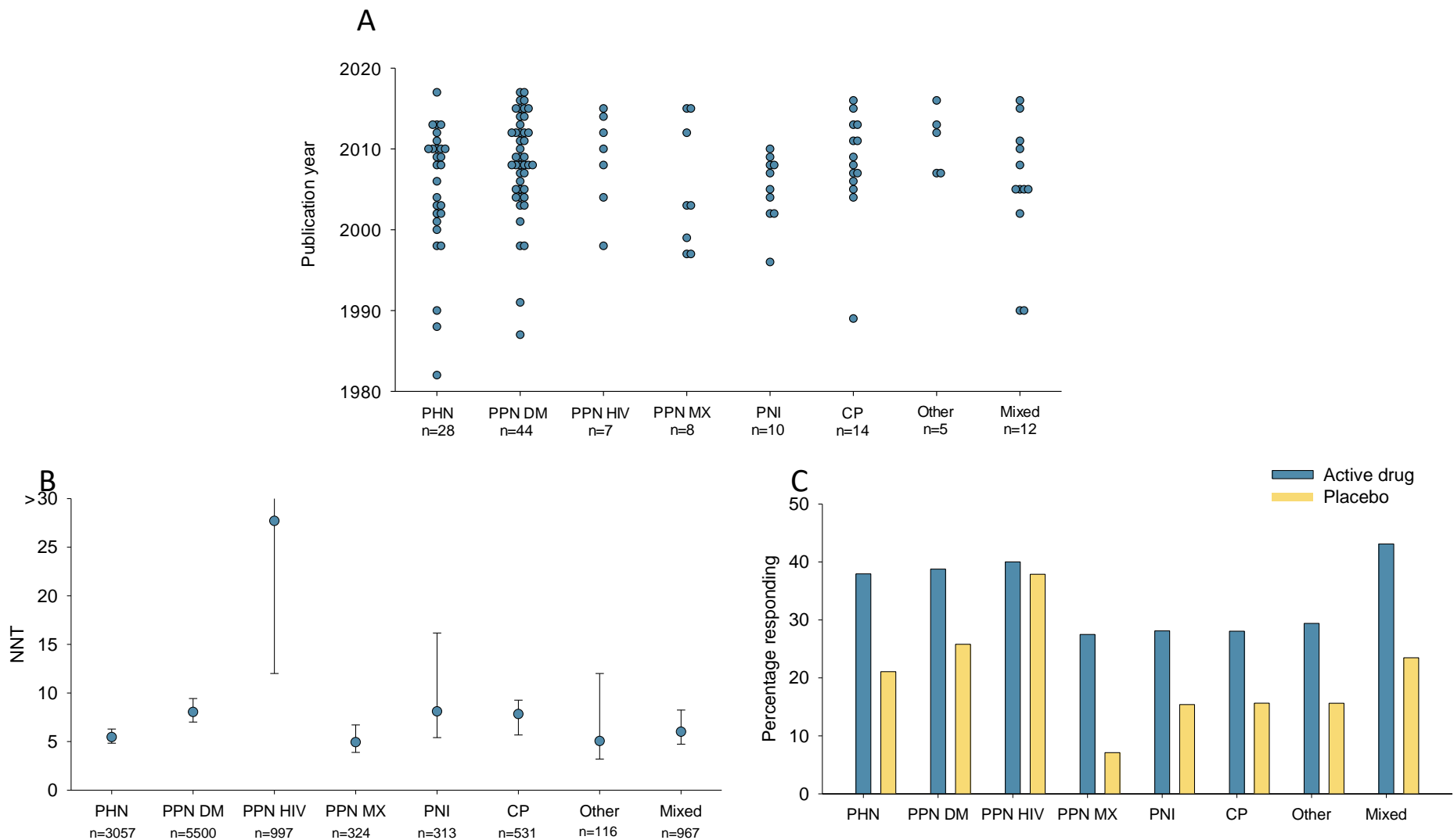
SNRI



Pregabalin 600 mg



Supplementary figure 6. Publication year for each study (A), Combined NNT (B), and combined percentage responding to active drug and placebo (C) based on pain condition.

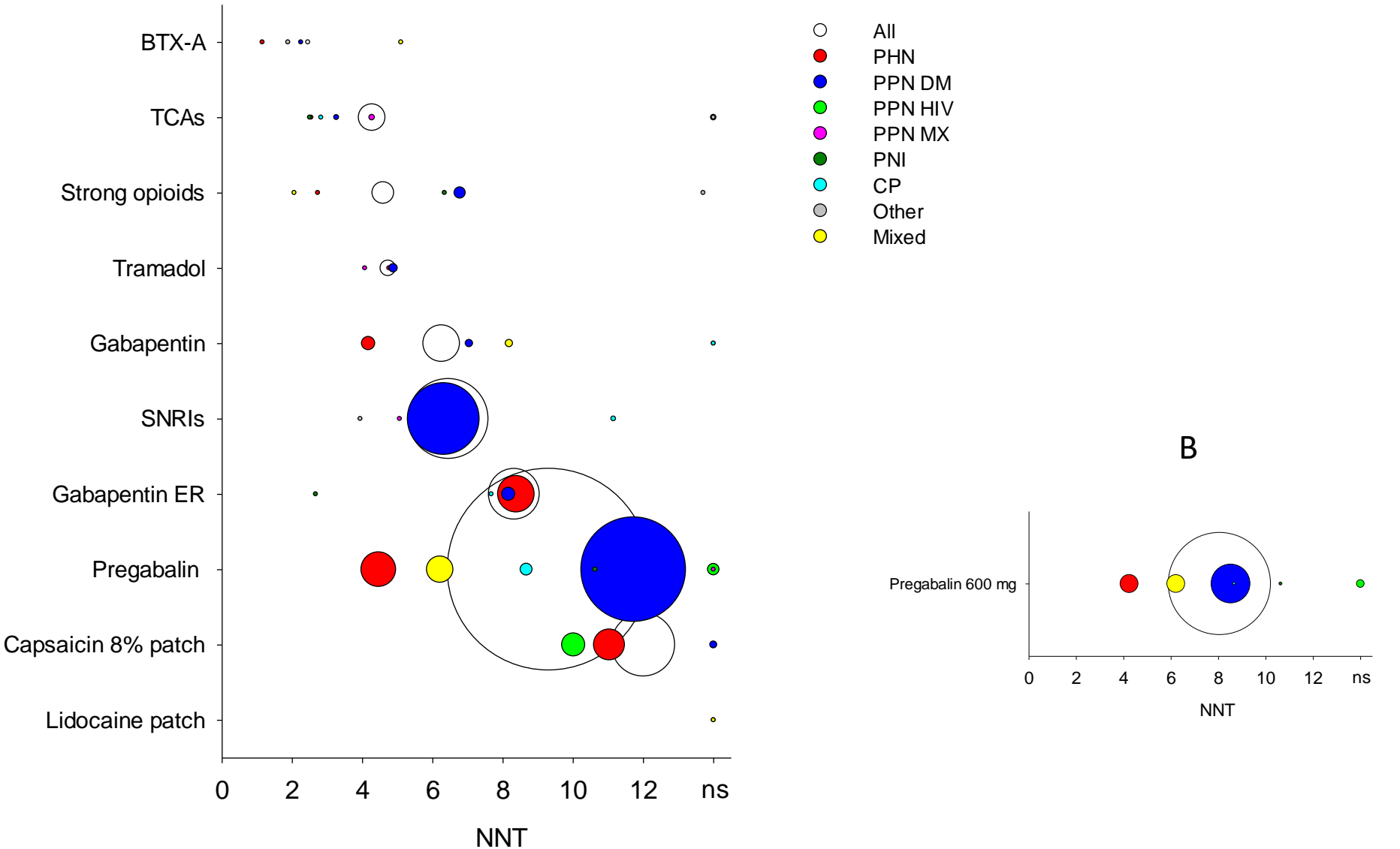


PHN=Postherpetic neuralgia, PPN=Painful polyneuropathy, DM=Diabetes mellitus, MX=Mixed, PNI=Peripheral nerve injury, CP=Central pain
 In figure A, each circle indicates one study (drug comparison to placebo).

In figure B, the y-axis indicates the combined NNT=Numbers needed to treat (fixed-effects Mantel-Haenszel method) within each pain condition.

In figure C, the y-axis indicates the combined percentage of patients responding to active drug or placebo within each pain condition.

Supplementary figure 7. Combined NNT values (fixed-effects Mantel-Haenszel method) for various drug classes in different pain conditions. The circle sizes indicate the relative number of patients who received active treatment drugs in studies for which dichotomous data were available. In B, only studies with pregabalin up to 600 mg per day are included.



NNT: Numbers needed to treat. BTX-A: botulinum toxin type A; TCAs: tricyclic antidepressants; SNRIs: serotonin-noradrenaline reuptake inhibitors; Gabapentin ER: Gabapentin extended release or gabapentin enacarbil. PHN=Postherpetic neuralgia, PPN=Painful polyneuropathy, DM=Diabetes mellitus, MX=Mixed, PNI=Peripheral nerve injury, CP=Central pain

References for additional 20 comparisons

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