

Supplementary Table S1 Baseline (T1) characteristics of all T1 participants, those lost to follow-up, and T3 participants.

T1 characteristics	Male			Female		
	All T1 participants (n = 726)	T1 participants lost to follow-up (n = 343)	T3 participants (n = 383)	All T1 participants (n = 729)	T1 participants lost to follow-up (n = 369)	T3 participants (n = 360)
Demographics						
Age in years, mean (SD) ^a	30.8 (5.7)	29.4 (5.9)	32.1 (5.2)**	30.4 (5.6)	29.2 (5.7)	31.6 (5.2)**
University education (n, % yes) ^b	400 (55.1)	160 (46.6)	240 (62.7)**	290 (39.8)	142 (38.5)	148 (41.1)
Relationship status (n, %) ^b						
Single	345 (47.5)	167 (48.7)	178 (46.5)**	217 (29.8)	106 (28.7)	111 (30.8)**
Having partners, not married	177 (24.4)	98 (28.6)	79 (20.6)	177 (24.3)	107 (29.0)	70 (19.4)
Married	204 (28.1)	78 (22.7)	126 (32.9)	335 (46.0)	156 (42.3)	179 (49.7)
Fertility						
The number of children (n, %) ^c						
None	591 (81.4)	290 (84.5)	301 (78.6)*	506 (69.4)	251 (68.0)	255 (70.8)
One	98 (13.5)	39 (11.4)	59 (15.4)	158 (21.7)	77 (20.9)	81 (22.5)
Two or more	37 (5.1)	14 (4.1)	23 (6.0)	65 (8.9)	41 (11.1)	24 (6.7)
Prior medical consultation for fertility (n, % yes) ^b	37 (5.1)	10 (2.9)	27 (7.0)*	69 (9.5)	23 (6.2)	46 (12.8)**
Fertility knowledge						
Score on the CFKS-J, mean (SD) ^a	42.5 (24.0)	43.1 (23.5)	41.9 (24.5)	49.5 (23.9)	49.2 (23.3)	49.7 (24.6)

CFKS-J: the Japanese version of the Cardiff Fertility Knowledge Scale.

Statistical tests compare the T3 participants with those lost to follow-up.

Significance was indicated by * $P < 0.05$ and ** $P < 0.01$.

^aTwo-tailed t test.

^bChi-square test.

^cWilcoxon-type test for trend.