

Table S3. Stastical values of physiological stress response with repeated measures – Within subject results

	<i>F & p time</i>	<i>F & p time*physical stress</i>	<i>F & p time*social stress</i>	<i>F & p Time*physical stress* social stress</i>	<i>F & p social anxiety</i>	<i>F & p depressive symptoms</i>
Cortisol	F(2.77, 262.95)=9.520 P<0.001	F(2.77, 262.95)=36.912 p<0.001	F(2.77, 262.95)=0.718 p=0.532	F(2.77, 262.95)=0.545 p=0.638	F(2.77, 262.95)=0.433 p=0.714	F(2.77, 262.95)=0.641 p=0.577
Heart Rate	F(4.96, 421.50)=3.484 P=0.004	F(4.96, 421.50)=8.945 p<0.001	F(4.96, 421.50)=2.852 p=0.015	F(4.96, 421.50)=2.717 p=0.020	F(4.96, 421.50)=0.473 p=0.795	F(4.96, 421.50)=1.176 p=0.320