

Diagnostic criterias for the diagnostic criteria of coronary heart disease  
and blood stasis syndrome (BBS)

Indicator type	Indicator content	Indicator assignme nt
Main indicator	1. Chest pain fixed position	10
	2. Tongue color purple or dark	10
	3. The tongue has ecchymosis	10
	4. Coronary angiography shows at least one coronary artery stenosis $\geq 75\%$	9
	5. Ultrasound or angiography shows coronary thrombosis or intracardiac wall thrombosis	8
Secondary indicator	1. Chest pain aggravated at night	6
	2. The lips or gums are in a dark state	7
	3. Sublingual varicose veins or dark purple	7
	4. Coronary angiography shows at least one coronary artery stenosis $\geq 50\%$ , but $<75\%$	6
	5. Partial thromboplastin time (APTT) or prothrombin time (PT) shortened	5
Auxiliary indicator	1. Dark complexion	2
	2. unsmooth pulse	4
	3. Coronary CTA or coronary angiography shows significant calcification or diffuse lesions	3
	4. Fibrinogen elevation	3

Note:(1)meet the diagnostic criteria for coronary heart disease, need to meet: coronary angiography shows at least one coronary artery stenosis  $\geq 50\%$ ;(2) coronary heart disease blood stasis syndrome score  $\geq 19$  points can be diagnosed

ed as blood stasis syndrome, score the level of blood stasis can be used to evaluate the degree of blood stasis syndrome in coronary heart disease; (3)the diagnosis of coronary heart disease with blood stasis syndrome must include at least one macro indicator of the main index and the secondary index, and the simple physical and chemical indicators cannot be diagnosed.

Angina symptom score scale:

Symptom	Score			
	0	2	4	6
Number of angina attacks	No	2-6 episodes per week	1-3 times a day	more than 4 episodes per day
Angina duration	No	Each time the pain lasts less than or equal to 5 minutes	Each time the pain lasts longer than 5 minutes and less than 10 minutes	Each time the pain lasts for 10 minutes or more
Angina pain level	No	Physical activity that is heavier than daily activities causes angina and daily activities are asymptomatic. Activities that can cause angina, such as trotting on the ground, fast or holding heavy objects on the third floor, up steep slopes, etc.	Daily physical activity causes angina and daily activities are slightly limited. Activities that can cause angina, such as walking 3-4 stations (3-4 miles) at normal speed under normal conditions, on the third floor, uphill, etc.	Lighter physical activity than daily activities causes angina and daily activities are significantly limited. Activities that can cause angina, such as walking 1-2 stations (1-2 miles) at normal speed under normal conditions, on the second floor, gentle slope, etc.
Nitroglycerin dosage	No	1-4 tablets per week	5-9 tablets per week	Take more than 10 tablets

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