	Item No	Page #	Recommendation
Title and abstract	1	2	(a) Indicate the study's design with a commonly used term in the
			title or the abstract
		2	(b) Provide in the abstract an informative and balanced summary of
			what was done and what was found
Introduction			
Background/rationale	2	4	Explain the scientific background and rationale for the investigation
			being reported
Objectives	3	4	State specific objectives, including any prespecified hypotheses
Methods			
Study design	4	5	Present key elements of study design early in the paper
Setting	5	5	Describe the setting, locations, and relevant dates, including periods
			of recruitment, exposure, follow-up, and data collection
Participants	6	5	Cohort study—Give the eligibility criteria, and the sources and
			methods of selection of participants. Describe methods of follow-up
Variables	7	5-8,	Clearly define all outcomes, exposures, predictors, potential
		Table 2	confounders, and effect modifiers. Give diagnostic criteria, if
			applicable
Data sources/	8*	5	For each variable of interest, give sources of data and details of
measurement			methods of assessment (measurement). Describe comparability of
			assessment methods if there is more than one group
Bias	9	6-7	Describe any efforts to address potential sources of bias
Study size	10	7	Explain how the study size was arrived at
Quantitative variables	11	7-8	Explain how quantitative variables were handled in the analyses. If
			applicable, describe which groupings were chosen and why
Statistical methods	12	7-9	(a) Describe all statistical methods, including those used to control
			for confounding
		8	(b) Describe any methods used to examine subgroups and
			interactions
		6-7	(c) Explain how missing data were addressed
		6-7	(d) Cohort study—If applicable, explain how loss to follow-up was
			addressed
		8	(\underline{e}) Describe any sensitivity analyses
Results			
Participants	13*	9	(a) Report numbers of individuals at each stage of study—eg
			numbers potentially eligible, examined for eligibility, confirmed
			eligible, included in the study, completing follow-up, and analysed
		9	(b) Give reasons for non-participation at each stage
		eFigure 1	(c) Consider use of a flow diagram
Descriptive data	14*	Table 1	(a) Give characteristics of study participants (eg demographic,
			clinical, social) and information on exposures and potential
			confounders
		9	(b) Indicate number of participants with missing data for each
			variable of interest

		NA	(c) <i>Cohort study</i> —Summarise follow-up time (eg, average and total amount)
Outcome data	15*	9	Cohort study—Report numbers of outcome events or summary measures over time
Main results	16	9	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included
	_	Table 1	(b) Report category boundaries when continuous variables were categorized
		NA	(c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period
Other analyses	17	eFigure 3-9	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses
Discussion			
Key results	18	11	Summarise key results with reference to study objectives
Limitations	19	12-14	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias
Interpretation	20	11-14	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence
Generalisability	21	13	Discuss the generalisability (external validity) of the study results
			Other information
Funding	22	14	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based