

**Supplementary Table S2. Demographic characteristics of randomized participants (N=24)**

	<i>i.d./EP (n=8)</i>	<i>i.m./EP (n=8)</i>	<i>i.m./i.d./EP (n=8)</i>	<i>All (N=24)</i>
Age (years)	31 (25–34)	27 (23–43)	22 (21–47)	27 (22–43)
Sex (male)	6 (75%)	6 (75%)	6 (75%)	18 (75%)
Ethnicity				
White British	6	5	6	17
White other	1	0	2	3
Other	1	3	0	4
Weight (kg)	82 (76–85)	62 (57–75)	73 (67–83)	75 (66–83)
BMI (kg/m <sup>2</sup> )	24 (23–26)	21 (20–24)	25 (23–27)	24 (21–25)

Data shown are number (%) or median (interquartile range).