

**Supplemental Table 1.** Self-reported dietary intake during 2d prior to infusion trial.

	MHD ( <i>n</i> =8)	Controls ( <i>n</i> =8)	P-value
Energy (kcal/d <sup>-1</sup> )	1742 ± 236	1929 ± 167	0.17
Protein (g/kg <sup>-1</sup> body weight · d <sup>-1</sup> )	0.9 ± 0.1	1.1 ± 0.1	0.07
Carbohydrate (g/kg <sup>-1</sup> body weight · d <sup>-1</sup> )	2.4 ± 0.3	2.8 ± 0.3	0.17
Fat (g/kg <sup>-1</sup> body weight · d <sup>-1</sup> )	1.0 ± 0.2	1.1 ± 0.1	0.47