Multimedia Appendix 2: Baseline characteristics of all included studies.

Author, Year	Study design	Groups, n	Device	Setting	Patients, N	Female, n (%)	Mean age (SD)	Follow up, days	Type of pain	Type of App
Blödt et al, 2018 [21]	RCT[a]	2	S[b]	out-clinic	221	221 (100)	24 (3.6)	174[c]	recurrent menstrual pain	pain diary
Sun et al, 2017 [27]	RCT	2	S	out-clinic	46	14 (30.4)	67.5 (N/A[d])	14	chronic cancer	pain scale
Skrepnik et al, 2017 [25]	RCT	2	S	out-clinic	211	106 (50.2)	62.6 (9.4)	90	chronic walking pain	pain scale
Raj et al, 2017 [34]	cBAS[e]	2	T[f]	in-clinic	214	103 (48.1)	60.1 (12.7)	21	chronic cancer	pain scale
Oldenmenger et al, 2018 [33]	BAS[g]	1	S/T/C[h]	out-clinic	84	44 (52.4)	59 (11)	42	chronic cancer	pain diary
Lee et al, 2017 [32]	BAS	1	S	out-clinic	23	10 (43.5)	28.1 (3)	56	chronic neck pain	pain scale
Jibb et al, 2017 [31]	BAS	1	S	out-clinic	40	17 (42.5)	14.2 (1.7)	28	chronic cancer	pain scale
Huber et al, 2017 [35]	RDA[i]	1	S/T/C	out-clinic	180	105 (58.3)	33.9 (10.9)	84	chronic low back pain	pain diary
Jamison et al, 2016 [30]	BAS	1	S	out-clinic	90	58 (64.4)	46.7 (12.9)	180	chronic pain	pain scale
Guétin, de Diego et al, 2016 [29]	BAS	1	S	in-clinic	53	42 (79.3)	47.4 (16.5)	n.a.[j]	chronic pain	receptive music intervention
Guétin, Brun et al, 2016 [28]	BAS	1	S	in-clinic	35	17 (48.6)	61.3 (11.6)	n.a.	acute pain before coronarography	receptive music intervention
Stinley et al, 2015 [26]	RCT	2	T	in-clinic	40	20 (50)	12.3 (2.9)	n.a.	acute needle stick pain	distraction while intervention
Schatz et al, 2015 [24]	RCT	2	S	out-clinic	46	27 (58.7)	13 (2.5)	112	chronic pain in sickle cell disease	pain diary
Irvine et al, 2015 [23]	RCT	3	S/T/C	out-clinic	597	358 (60)	N/A (N/A)	112	chronic low back pain	pain scale
Guillory et al, 2015 [22]	RCT	2	S	out-clinic	82	51 (75)	48.6 (11.6)	28	chronic non cancer pain	pain scale

[a]RCT: Randomized controlled trial.
[b]S: Smartphone.
[c]: Duration of six menstruation cycles with a mean of 29 days.
[d]N/A: Not available.
[e]cBAS: Controlled before-after study.
[f]T: Computer tablet
[g]BAS: Before-after study.
[h]C: Computer.
[i]RDA: Retrospective data analysis.
[j]n.a.: Not applicable.

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