SUPPLEMENTARY TABLE S4. 36-ITEM SHORT FORM SURVEY

General health, mean ± SD score (5-point scale) % Health much/somewhat better this year % Health much/somewhat worse this year % Limited a lot Vigorous activities Climbing several flights of stairs Walking several blocks Walking more than a mile Bending/kneeling/stooping Moderate activities Lifting/carrying groceries	2.7±1.0 33 26 32 18 13 19 16 12 10	3.2 ± 1.0^{A} 26 21 22^{A} 12 12 11^{A} 9^{A} 8	3.3 ± 1.0^{A} 35^{D} 18 21^{A} 16 12 15 13
% Health much/somewhat worse this year % Limited a lot Vigorous activities Climbing several flights of stairs Walking several blocks Walking more than a mile Bending/kneeling/stooping Moderate activities	26 32 18 13 19 16 12 10	21 22 ^A 12 12 11 ^A 9 ^A	18 21 ^A 16 12 15
% Health much/somewhat worse this year % Limited a lot Vigorous activities Climbing several flights of stairs Walking several blocks Walking more than a mile Bending/kneeling/stooping Moderate activities	32 18 13 19 16 12	22 ^A 12 12 11 ^A 9 ^A	21 ^A 16 12 15
% Limited a lot Vigorous activities Climbing several flights of stairs Walking several blocks Walking more than a mile Bending/kneeling/stooping Moderate activities	18 13 19 16 12 10	12 12 11 ^A 9 ^A	16 12 15
Vigorous activities Climbing several flights of stairs Walking several blocks Walking more than a mile Bending/kneeling/stooping Moderate activities	18 13 19 16 12 10	12 12 11 ^A 9 ^A	16 12 15
Climbing several flights of stairs Walking several blocks Walking more than a mile Bending/kneeling/stooping Moderate activities	18 13 19 16 12 10	12 12 11 ^A 9 ^A	16 12 15
Walking several blocks Walking more than a mile Bending/kneeling/stooping Moderate activities	13 19 16 12 10	12 11 ^A 9 ^A	12 15
Walking more than a mile Bending/kneeling/stooping Moderate activities	19 16 12 10	11 ^A 9 ^A	15
Bending/kneeling/stooping Moderate activities	16 12 10	9^{A}	
Moderate activities	12 10		1.5
	10		7
Bitting/earlying groceries		7	7
Walking one block	6	7	6
Climbing one flight of stairs	8	5	6
Bathing or dressing	6	$\overset{\circ}{4}$	2
	· ·	·	_
% Agree physical health has	25	25 ^A	23 ^A
Cut down on time spent on work/activities	35 53	41 ^A	33 ^A
Accomplished less			27 ^A
Limited kind of work/activities	38	31 30 ^A	29 ^A
Difficulty performing work/activities	41	30	29
% Agree emotional health has		A	AD
Cut down on time spent on work/activities	42	27 ^A	17 ^{AD}
Accomplished less	54	37 ^A	26 ^{AD}
Did work/activities less carefully	39	20^{A}	15 ^A
% Feel a bit good/most of the time			
Нарру	50	62 ^A	77^{AD}
Calm/peaceful	34	52 ^A	68 ^{AD}
Tired	70	48^{A}	40^{AD}
Worn out	65	37 ^A	33 ^A
Full of energy	25	36 ^A	50 ^{AD}
Full of pep	20	34 ^A	50 ^{AD}
Nervous	44	23 ^A	12 ^{AD}
Downhearted/blue	35	16 ^A	10 ^{AD}
Down in the dumps	38	15 ^A	8 ^{AD}
% Physical/emotional problems interfered with social	30	14 ^A	10^{A}
activities all/most of the time			
% Agree mostly/definitely true			
Get sick easier than others	36	19 ^A	11 ^{AD}
As healthy as anybody else	27	50 ^A	59 ^{AD}
Expect my health to worsen	21	14 ^A	17
Have excellent health	31	48 ^A	57 ^{AD}

Letters denote statistical difference at 90% confidence between cohorts, where A indicates a significant difference versus at-risk cohort and D indicates a significant difference versus diagnosed cohort.

The *n* values reflect the unweighted base; mean values and percentages are based on the weighted base. Percentages have been rounded to

the nearest whole number.