

Table S1: Sample size for each level of Age Group and Self-Reported Hours of Sleep per Night

Age Group	Self-Reported Hours of Sleep per Night							
	4	5	6	7	8	9	10	Total
15-24	7,414	14,057	35,479	51,845	46,175	17,373	11,321	183,664
25-34	4,644	9,597	24,299	29,685	22,648	6,233	3,882	100,988
35-44	3,884	7,940	19,175	21,887	14,398	2,959	1,587	71,830
45-54	4,030	8,687	20,537	23,556	14,941	2,818	1,250	75,819
55-64	2,414	5,676	13,649	17,290	11,758	2,483	866	54,136
65-74	693	1,865	4,752	6,852	5,337	1,365	399	21,263
75-89	163	456	1,087	1,568	1,294	431	124	5,123