## Appendix 2

Appendix 2a: Information needs and associated factors, results of the multivariate regression analysis, in the stratum of subjects with type 1 diabetes<sup>1</sup>

	Clinical-related information needs (n=41)			Management-related information needs (n=44)			Diabetes research <sup>2</sup>		
	OR	95-% CI	p-value	OR	95-% CI	p-value	OR	95-% CI	p-value
Socio-demographic variables									
age (years)	1.04	[0.95; 1.14]	0.366	1.07	[0.92; 1.19]	0.279	-	-	-
sex (male)	3.45	[0.63; 19.05]	0.155	5.20	[0.70; 38.83]	0.108	-	-	-
education (university degree)	3.56	[0.54; 23.30]	0.186	1.44	[0.17; 12.60]	0.741	-	-	-
Diagnosis-related variables									
diabetes-related comorbidity (yes)	0.90	[0.09; 8.98]	0.93	0.73	[0.04; 14.09]	0.836	-	-	-
Current level of information (outcome)									
current level of information (high)	0.17	[0.03; 0.92]	0.040*	0.11	[0.02; 0.75]	0.024*	-	-	-
Health-related quality of life									
physical component summary score (SF-36)	0.93	[0.85; 1.03]	0.175	1.05	[0.93; 1.18]	0.436	-	-	-
mental component summary score (SF-36)	0.98	[0.93; 1.04]	0.537	0.87	[0.76; 0.995]	0.041*	-	-	-
Lifestyle									
BMI $\geq$ 30 kg/m <sup>2</sup>	3.08	[0.32; 29.98]	0.332	0.90	[0.08; 10.05]	0.934	-	-	-

<sup>1</sup> Covariable 'antihyperglycaemic medication' was excluded because very few people with type 1 did not use antihyperglycaemic medication

<sup>2</sup> The corresponding model for the outcome 'diabetes research' was instable because all people with type 1 diabetes were in need of diabetes research

\*significant results (p<0.05)

OR= odds ratio (in age and SF-36 scores corresponding to one unit change)

CI= confidence intervals

SF-36= 36-Item Short-Form Health Survey

BMI= body-mass index

**Clinical-related information needs** Management-related information **Diabetes research** (n=55) needs (n=53) (n=56) 95-% CI 95-% CI 95-% CI OR OR OR p-value p-value p-value Socio-demographic variables [0.97; 1.12] 0.296 [0.96; 1.15] 0.300 [0.92; 1.11]0.801 1.04 1.05 1.01 age (years) 0.82 [0.19; 3.60] 0.794 0.59 0.43 sex (male) [0.09; 3.72]0.573 [0.07; 2.61]0.358 education (university degree) 0.42 [0.11; 1.67] 0.218 1.18 [0.24; 5.78] 0.842 0.82 [0.18; 3.77]0.804 **Diagnosis-related variables** antihyperglycaemic medication (yes) 0.019\* 0.82 [0.20; 3.47] 0.790 1.63 [0.30; 8.96] 0.576 6.98 [1.38; 35.21] diabetes-related comorbidity (yes) 0.73 [0.12; 4.32]0.725 0.22 [0.03; 1.58]0.133 0.04 [0.01; 0.38]0.004\* **Current level of information (outcome)** current level of information (high) 0.42 [0.11; 1.66] 0.214 0.28 [0.05; 1.72]0.171 1.84 [0.31; 10.84] 0.503 Health-related quality of life 0.447 physical component summary score (SF-36) 0.98 [0.93; 1.03] 1.01 [0.95; 1.08] 0.731 0.96 [0.90; 1.03]0.270 mental component summary score (SF-36) 0.997 0.99 0.804 0.342 1.00 [0.93; 1.07] [0.92; 1.07]1.04 [0.96; 1.13]Lifestyle BMI  $\geq$  30 kg/m<sup>2</sup> [0.51; 12.89] [0.14; 2.84]0.36 0.148 2.55 0.257 0.63 0.551 [0.09; 1.44]

Appendix 2b: Information needs and associated factors, results of the multivariate regression analysis, in the stratum of subjects with type 2 diabetes

\*significant results (p<0.05)

OR= odds ratio (in age and SF36 scores corresponding to one unit change)

CI= confidence intervals

SF-36= 36-Item Short-Form Health Survey

BMI= body-mass index