

Figure S1. Chemical structures of the compounds used as samples in this study.

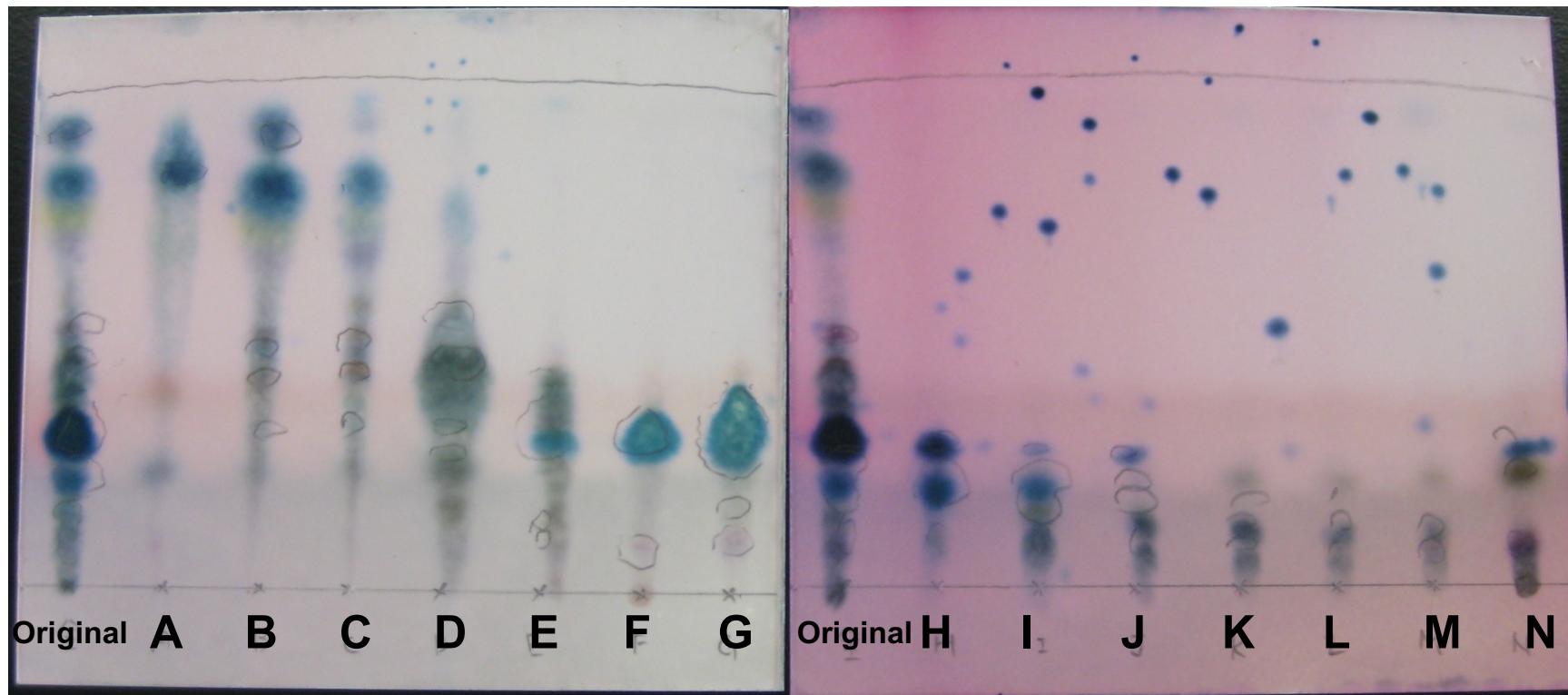


Figure S2. TLC pattern of the fractions collected from the hexane crude fraction. The hexane crude fraction (3.0 g) was applied to open silica gel chromatography eluted with hexane:acetone (8:2), and the fractions A–N were collected. Each fraction (3 μ g) was spotted to TLC plate, spread out with hexane:acetone (8:2), and colored with anisaldehyde reagent. “Original” means the original hexane crude fraction. Large single spot in the fraction F is osthol.

Table S1. The origin, distributor name, lot number of the sample, and the ratio yielded of crude drugs used.

| Latin name of crude drug | Origin | Distributer ^{a)} | Lot # | Ratio yielded (%) ^{b)} |
|------------------------------|--|---------------------------|----------|---------------------------------|
| Achyranthis Radix | The dried root of <i>Achyranthes bidentata</i> Blume | Tsumura | 22026591 | 9.4 |
| Akebiae Caulis | The dried climbing stem of <i>Akebia quinata</i> Decaisne | Tsumura | 23006161 | 4.2 |
| Alismatis Rhizoma | The dried tuber of <i>Alisma plantago-aquatica</i> subsp. <i>orientale</i> (Sampaio) Sampaio | Tsumura | 22043631 | 6.8 |
| Alpiniae Officinari Rhizoma | The dried rhizome of <i>Alpinia officinarum</i> Hance | Tsumura | 23011641 | 9.0 |
| Amomi Semen | The dried seed mass of <i>Amomum villosum</i> var. <i>xanthioides</i> (Wall. ex Baker) T.L.Wu & S.J.Chen | Tsumura | 22042491 | 1.2 |
| Anemarrhenae Rhizoma | The dried rhizome of <i>Anemarrhena asphodeloides</i> Bunge | Tsumura | 23005341 | 16.8 |
| Angelicae Dahuricae Radix | The dried root of <i>Angelica dahurica</i> Benth. et Hook. F. ex Franch. et Sav. | Tsumura | 22041851 | 16.0 |
| Angelicae Radix | The dried root of <i>Angelica acutiloba</i> (Siebold & Zucc.) Kitag. | Tsumura | 22049651 | 11.5 |
| Araliae Cordatae Rhizoma | The dried rhizome of <i>Aralia cordata</i> Thunberg | Tsumura | 22006261 | 13.9 |
| Arctii Fructus | The dried fruit of <i>Arctium lappa</i> Linné | Tsumura | 21054451 | 2.9 |
| Arecae Semen | The dried seed of <i>Areca catechu</i> Linné | Tsumura | 22031171 | 2.8 |
| Arisaematis Tuber | The dried tuber of <i>Arisaema heterophyllum</i> Blume | Tsumura | 22038971 | 1.2 |
| Armeniacae Semen | The dried seed of <i>Prunus armeniaca</i> Linné | Tsumura | 22009451 | 7.7 |
| Artemisiae Capillaris Flos | The dried capitulum of <i>Artemisia capillaris</i> Thunberg | Tsumura | 22036091 | 8.6 |
| Artemisiae Folium | The dried leaf and twig of <i>Artemisia princeps</i> Pampanini | Tsumura | 22031681 | 10.1 |
| Asiasari Radix | The dried root with rhizome of <i>Asiasarum sieboldii</i> F. Maekawa | Tsumura | 22020521 | 7.7 |
| Asparagi Radix | The dried root of <i>Asparagus cochinchinensis</i> Merrill | Tsumura | 23011471 | 14.1 |
| Astragali Radix | The dried root of <i>Astragalus propinquus</i> Schischkin | Tsumura | 22043331 | 17.3 |
| Atractylodis Lanceae Rhizoma | The dried rhizome of <i>Atractylodes lancea</i> De Candolle | Tsumura | 23001771 | 16.6 |
| Atractylodis Rhizoma | The dried rhizome of <i>Atractylodes japonica</i> Koidzumi ex Kitamura | Tsumura | 23018581 | 23.8 |
| Aurantii Fructus Immaturus | The dried immature fruit of <i>Citrus x aurantium</i> Linné | Tsumura | 22043361 | 13.3 |
| Aurantii Nobilis Pericarpium | The dried ripe fruit skin of <i>Citrus reticulata</i> Blanco | Tsumura | 23002241 | 35.3 |
| Bambusae Caulis | The dried culm of <i>Bambusa textilis</i> McClure | Tsumura | 22036071 | 3.7 |
| Benincasae Semen | The dried seed of <i>Benincasa hispida</i> (Thunberg) Cogniaux | Tsumura | 21057771 | 8.2 |
| Bupleuri Radix | The dried root of <i>Bupleurum falcatum</i> Linné | Tsumura | 22025091 | 8.8 |

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|---------------------------|--|-----------|-----------|------|
| Cannabis Fructus | The dried fruit of <i>Cannabis sativa</i> Linné | Tsumura | 23018661 | 2.4 |
| Carthami Flos | The dried tubulous flower of <i>Carthamus tinctorius</i> Linné | Tsumura | 22040711 | 14.2 |
| Caryophylli Flos | The dried flowering bud of <i>Syzygium aromaticum</i> (Linné) Merrill et Perry | Tsumura | 22000321 | 14.5 |
| Chrysanthemi Flos | The dried capitulum of <i>Chrysanthemum morifolium</i> Ramatulle | Tsumura | 22008841 | 10.6 |
| Cicadae Periostracum | The dried cicada shell of <i>Cryptotympana atrata</i> Stal | Daiko | 5C30 | 1.0 |
| Cimicifugae Rhizoma | The dried rhizome of <i>Actaea simplex</i> (DC.) Wormsk. ex Prantl | Tsumura | 21017241 | 5.1 |
| Cinnamomi Cortex | The dried bark of <i>Cinnamomum cassia</i> (Linné) J.Presl | Tsumura | 22044881 | 2.6 |
| Clematidis Radix | The dried dried root of <i>Clematis chinensis</i> Osbeck | Tsumura | 21020771 | 7.5 |
| Cnidii Monnieris Fructus | The dried fruits of <i>Cnidium monnieri</i> (Linné) Cusson | Tochimoto | 23610001 | 2.9 |
| Cnidii Rhizoma | The dried rhizome of <i>Cnidium officinale</i> Makino | Tsumura | 23001371 | 9.7 |
| Coicis Semen | The dried seed of <i>Coix lachryma-jobi</i> var. ma-yuen (Rom.Caill.) Stapf, from which the seed coat has been removed | Tsumura | 23018091 | 4.0 |
| Coptidis Rhizoma | The dried rhizome of <i>Coptis japonica</i> (Thunberg) Makino | Tsumura | 22048301 | 8.5 |
| Corni Fructus | The dried pseudocarp of <i>Cornus officinalis</i> Siebold et Zuccarini | Tsumura | 22038491 | 37.3 |
| Corydalis Tuber | The dried tuber of <i>Corydalis turtschaninovii</i> Basser | Tsumura | 22042871 | 0.4 |
| Cyperi Rhizoma | The dried rhizome of <i>Cyperus rotundus</i> Linné | Tsumura | 22005381 | 3.2 |
| Dioscoreae Rhizoma | The dried rhizome of <i>Dioscorea japonica</i> Thunberg | Tsumura | 23000221 | 2.0 |
| Ephedrae Herba | The dried terrestrial stem of <i>Ephedra sinica</i> Stapf | Tsumura | 22050411 | 11.2 |
| Eriobotryae Folium | The dried leaf of <i>Eriobotrya japonica</i> (Thunberg) Lindley | Tsumura | 23010081 | 13.7 |
| Euodiae Fructus | The dried fruit of <i>Tetradium ruticarpum</i> (A.Juss.) T.G.Hartley | Tsumura | 22038071 | 7.2 |
| Foeniculi Fructus | The dried fruit of <i>Foeniculum vulgare</i> Miller | Tsumura | 21023321 | 2.0 |
| Forsythiae Fructus | The dried fruit of <i>Forsythia suspensa</i> (Thunberg) Vahl | Tsumura | 23012601 | 6.9 |
| Fossillia Ossis Mastodi | The ossified bone of large mammal, and is mainly composed of calcium carbonate | Tsumura | 23006231 | 0.6 |
| Fritillariae Bulbus | The dried bulb of <i>Fritillaria thunbergii</i> Miquel | Tsumura | 23012111 | 1.1 |
| Fructus Hordei Garminatus | The dried ripe cariopsis of <i>Hordeum vulgare</i> Linné | Daiko | 7K27 | 5.4 |
| Gardeniae Fructus | The dried fruit of <i>Gardenia jasminoides</i> J. Ellis | Tsumura | 22031161 | 18.2 |
| Gastrodiae Tuber | The dried steamed tuber of <i>Gastrodia elata</i> Blume | Tsumura | 23011631 | 1.4 |
| Gentianae Scabrae Radix | The root and rhizome of <i>Gentiana scabra</i> Bunge | Tsumura | 22009991 | 28.8 |
| Geranii Herba | The dried terrestrial part of <i>Geranium thunbergii</i> Siebold ex Lindl. & Paxton | Daiko | Not shown | 5.2 |

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| Ginseng Radix | The dried root of <i>Panax ginseng</i> C.A.Mayer | Tsumura | 23018601 | 7.8 |
| Glycyrrhizae Radix | The dried root and stolon of <i>Glycyrrhiza uralensis</i> Fisher | Tsumura | 22053201 | 18.8 |
| Houttuyniae Herba | The dried the terrestrial part of <i>Houttuynia cordata</i> Thunberg | Daiko | Not shown | 3.2 |
| Lilii Bulbus | The dried scaly leaves of <i>Lilium lancifolium</i> Thunberg | Tsumura | 22029511 | 0.2 |
| Linderae Radix | The dried root of <i>Lindera strychnifolia</i> Fernandez-Villar | Daiko | 8C25 | 3.3 |
| Longan Arillus | The dried aril of <i>Euphoria longana</i> Lamarck | Tsumura | 22036971 | 31.2 |
| Lonicerae Folium Cum Caulis | The dried leaves and stems of <i>Lonicera japonica</i> Thunberg | Tsumura | 22040701 | 6.6 |
| Lycii Cortex | The dried root skin of <i>Lycium barbarum</i> Linné | Tsumura | 23000421 | 3.1 |
| Magnoliae Cortex | The dried bark of <i>Magnolia obovata</i> Thunberg | Tsumura | 23012431 | 6.9 |
| Magnoliae Flos | The dried flower bud of <i>Magnolia salicifolia</i> Maximowicz | Tsumura | 22028611 | 13.9 |
| Menthae Herba | The dried terrestrial part of <i>Mentha canadensis</i> Linné | Tsumura | 22044091 | 10.6 |
| Mori Cortex | The dried root bark of <i>Morus alba</i> Linné | Tsumura | 22034951 | 5.8 |
| Moutan Cortex | The dried root bark of <i>Paeonia suffruticosa</i> Andrews | Tsumura | 23005351 | 11.0 |
| Nelumbis Semen | The dried seed of <i>Nelumbo nucifera</i> Gaertner | Tsumura | 23006011 | 4.6 |
| Notopterygii Rhizoma | The dried rhizome and root of <i>Notopterygium incisum</i> Ting ex H. T. Chang | Tsumura | 22041601 | 15.5 |
| Nupharis rhizoma | The dried longitudinally split rhizome of <i>Nuphar japonicum</i> De Candolle | Tsumura | 20009891 | 6.2 |
| Ophiopogonis Radix | The dried root of <i>Ophiopogon japonicus</i> (Thunberg) Ker Gawler | Tsumura | 23003151 | 8.7 |
| Oryzae Fructus | The dried caryopsis of <i>Oryza sativa</i> Linné | Daiko | 5G29 | 0.9 |
| Ostreae Testa | The dried the shell of <i>Ostrea gigas</i> Thunberg | Tsumura | 23014111 | 0.4 |
| Paeoniae Radix | The dried root of <i>Paeonia lactiflora</i> Pallas | Tsumura | 22011231 | 14.4 |
| Paeoniae Radix Rubra | The dried root of <i>Paeonia anomala</i> subsp. <i>veitchii</i> (Lynch) D.Y.Hong & K.Y.Pan | Tsumura | 22040921 | 7.5 |
| Panacis Japonici Rhizoma | The dried root of <i>Panax japonicus</i> (T.Nees) C.A. Mayer | Tsumura | 21018391 | 8.0 |
| Perillae Herba | The dried tips of branches of <i>Perilla frutescens</i> var. <i>crispia</i> (Thunberg) H. Deane | Daiko | 8F16 | 9.3 |
| Persicae Semen | The dried seed of <i>Prunus persica</i> (Linné) Batsch | Tsumura | 22052901 | 13.4 |
| Phellodendri Cortex | The dried bark of <i>Phellodendron amurense</i> Ruprecht | Tsumura | 22038081 | 11.5 |
| Pinelliae Tuber | The dried tuber of <i>Pinellia ternata</i> (Thunberg) Makino | Tsumura | 22042141 | 1.1 |
| Plantaginis Semen | The dried seed of <i>Plantago asiatica</i> Linné | Tsumura | 22049181 | 0.7 |
| Platycodi Radix | The dried root of <i>Platycodon grandiflorum</i> (Jacques) A.De Candolle | Tsumura | 22040381 | 7.7 |

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|---------------------------------|--|---------|----------|------|
| Polygalae Radix | The dried root bark of <i>Polygala tenuifolia</i> Willdenow | Tsumura | 22000701 | 16.6 |
| Polygoni Multiflori Radix | The dried root of <i>Polygonum multiflorum</i> Thunberg | Tsumura | 22039451 | 5.9 |
| Polyporus | The dried sclerotium of <i>Polyporus umbellatus</i> Fries | Tsumura | 22045121 | 1.0 |
| Poria | The dried sclerotium of <i>Wolfiporia cocos</i> Ryvarden et Gilbertson | Tsumura | 23007381 | 1.1 |
| Processi Aconiti Radix | The dried tuberous root of <i>Aconitum carmichaeli</i> Debeaux prepared by autoclaving | Uchida | 8511606 | 5.8 |
| Processi Rehmanniae Radix | The dried root of <i>Rehmannia glutinosa</i> (Gaertner) A.De Candolle with the application of steaming | Tsumura | 22054311 | 28.9 |
| Puerariae Radix | The dried root of <i>Pueraria montana</i> var. <i>lobata</i> (Willd.) Sanjappa & Pradeep | Tsumura | 22040931 | 10.8 |
| Quercus Cortex | The dried bark of <i>Quercus acutissima</i> Carruthers | Tsumura | 23001531 | 5.9 |
| Rehmanniae Radix | The dried root of <i>Rehmannia glutinosa</i> (Gaertner) A.De Candolle | Tsumura | 22029541 | 19.9 |
| Rhei Rhizoma | The dried rhizome of <i>Rheum palmatum</i> Linné | Tsumura | 22041591 | 26.0 |
| Saposhnikoviae Radix | The dried root and rhizome of <i>Saposhnikovia divaricata</i> Schischkin | Tsumura | 22049031 | 18.9 |
| Saussureae Radix | The dried root of <i>Aucklandia lappa</i> de Candolle | Tsumura | 23004371 | 11.7 |
| Schisandrae Fructus | The dried fruit of <i>Schisandra chinensis</i> Baillon | Tsumura | 22026581 | 25.0 |
| Schizontepetae Spica | The dried spike of <i>Nepeta tenuifolia</i> Bentham | Tsumura | 22042881 | 4.8 |
| Scutellariae Radix | The dried root of <i>Scutellaria baicalensis</i> Georgi | Tsumura | 22037381 | 10.4 |
| Sinomeni Caulis et Rhizoma | The dried climbing stem and rhizome of <i>Sinomenium acutum</i> Rehder et Wilson | Tsumura | 23008241 | 9.4 |
| Sophorae Radix | The dried root of <i>Sophora flavescens</i> Aiton | Tsumura | 22011021 | 9.2 |
| Tribuli Fructus | The dried fruit of <i>Tribulus terrestris</i> Linné | Tsumura | 22028771 | 2.2 |
| Trichosanthis Radix | The dried root of <i>Trichosanthes kirilowii</i> Maximowicz | Tsumura | 22029491 | 0.7 |
| Trichosanthis semen | The dried seed of <i>Trichosanthes kirilowii</i> Maximowicz | Tsumura | 22037861 | 9.1 |
| Uncariae Uncis Cum Ramulus | The dried hook-bearing stem of <i>Uncaria rhynchophylla</i> Miquel ex Haviland | Tsumura | 22045681 | 5.3 |
| Zanthoxyli Piperiti Pericarpium | The dried ripe fruit of <i>Zanthoxylum piperitum</i> De Candolle | Tsumura | 22004261 | 10.7 |
| Zingiberis Rhizoma | The dried rhizome of <i>Zingiber officinale</i> Roscoe | Tsumura | 23002281 | 4.2 |
| Zingiberis Rhizoma Processum | The dried rhizome of <i>Zingiber officinale</i> Roscoe, after being steamed | Tsumura | 22046221 | 7.3 |
| Zizyphi Fructus | The dried fruit of <i>Ziziphus jujuba</i> Miller | Tsumura | 22047121 | 60.3 |
| Zizyphi Spinosi Semen | The dried seed of <i>Ziziphus jujuba</i> var. <i>spinosa</i> (Bunge) Hu ex H.F. Chou | Tsumura | 23006931 | 4.5 |

Latin names of crude drugs were according to Japanese Pharmacopoeia 17th Edition (Pharmaceutical and Medical Device Regulatory Science Society of Japan, 2016) and non-Pharmacopoeial crude drugs 2015 (Pharmaceutical and Medical Device Regulatory Science Society of Japan, 2015). All crude drug samples met the grade standards of these books.

The quality managers of each distributor identified and certificated the plant species, and the voucher specimens are deposited in Department of Pharmacognosy, Graduate School of Pharmaceutical Sciences, Nagoya City University, Nagoya, Japan.

^a) Daiko is Daiko Shoyaku (Nagoya, Japan). Tsumura is Tsumura & Co. (Tokyo, Japan). Tochimoto is Tochimoto Tenkaido Co. Ltd. (Osaka, Japan). Uchida is Uchida Wakanyaku Co., Ltd. (Tokyo, Japan)

^b) Ratio yielded (%) is the ratio of the weight of MeOH extract to the weight of original crude drug.