CARE

case report guidelines

CARE Checklist (2013) of information to include when writing a case report

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Topic	Item	Checklist item description	Reported on Page
Title	1	The words "case report" should be in the title along with the area of focus	1
Key Words	2	2 to 5 key words that identify areas covered in this case report	3
Abstract	3a	Introduction—What is unique about this case? What does it add to the medical literature?	1
	3b	The main symptoms of the patient and the important clinical findings	4-7
	3c	Conclusion—What are the main "take-away" lessons from this case?	9
Introduction	4	One or two paragraphs summarizing why this case is unique with references	3
Patient Information	5a	De-identified demographic information and other patient specific information	4-7
	5b	Main concerns and symptoms of the patient	4-7
	5c	Medical, family, and psychosocial history including relevant genetic information (also see timeline)	4-7
	5d	Relevant past interventions and their outcomes	4
Clinical Findings	6	Describe the relevant physical examination (PE) and other significant clinical findings	4-7
Timeline	7	Important information from the patient's history organized as a timeline	n/a
Diagnostic Assessment	8a	Diagnostic methods (such as PE, laboratory testing, imaging, surveys)	4-7
	8b	Diagnostic challenges (such as access, financial, or cultural)	4-7
	8c	Diagnostic reasoning including other diagnoses considered	n/a
	8d	Prognostic characteristics (such as staging in oncology) where applicable	4-7
Therapeutic Intervention	9a	Types of intervention (such as pharmacologic, surgical, preventive, self-care)	4
	9b	Administration of intervention (such as dosage, strength, duration)	4-7
	9c	Changes in intervention (with rationale)	n/a
Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (when appropriate)	4-7
	10b	Important follow-up diagnostic and other test results	4-7
	10c	Intervention adherence and tolerability (How was this assessed?)	n/a
	10d	Adverse and unanticipated events	8
Discussion	11a	Discussion of the strengths and limitations in your approach to this case	7-9
	11b	Discussion of the relevant medical literature	9
	11c	The rationale for conclusions (including assessment of possible causes)	9
	11d	The primary "take-away" lessons of this case report	n/a
Patient Perspective	12	When appropriate the patient should share their perspective on the treatments they received	n/a
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes ☑ No ☐