

What is your current age (years)?

18 - 25

26 - 35

36 - 45

46 - 55

>56
years

Are you:

A woman diagnosed with PCOS? _____

A woman who suspects she has PCOS but
has not yet received a diagnosis from a
medical doctor? _____

Other (please specify) _____

What is your country of birth?

What country do you now live in?

**When was the diagnosis of PCOS made?
(year/s ago)**

Did you see more than 1 health professional before the diagnosis was made?

Yes No

If you answered yes to the question above, how many health professionals do you see?

From the time you first saw a health professional about your symptoms, was the diagnosis of PCOS made within:

- 6 months
 - 12 months
 - 2 years
 - greater than 2 years
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How satisfied were you with your experience of PCOS diagnosis?

- Very satisfied
 - Satisfied
 - Neither
 - Dissatisfied
 - Very dissatisfied
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How satisfied were you with the information that was given to you about PCOS at the time of diagnosis?

- Very satisfied
- Satisfied
- Neither

- Dissatisfied
 - Very dissatisfied
-

How satisfied were you with the information that was given to you about lifestyle management (including a healthy diet and optimal exercise) at the time of diagnosis?

- Very satisfied
 - Satisfied
 - Neither
 - Dissatisfied
 - Very dissatisfied
 - This information was not mentioned
-

How satisfied were you with the information that was given to you about medical therapy (e.g. prescription medication) at the time of diagnosis?

- Very satisfied
 - Satisfied
 - Neither
 - Dissatisfied
 - Very dissatisfied
 - This information was not mentioned
-

How satisfied were you with the information that was given to you about long term health complications at the time of diagnosis?

- Very satisfied
- Satisfied
- Neither
- Dissatisfied
- Very dissatisfied
- This information was not mentioned

How satisfied were you with the emotional support and counseling after diagnosis?

- Very satisfied
- Satisfied
- Neither
- Dissatisfied
- Very dissatisfied
- This information was not mentioned

Which of the following do you believe are the 4 key clinical features of PCOS that are most important to you? (please select up to 4 features)

Please note this is a general list and not all have been associated with PCOS.

- Irregular menstrual cycles/periods
- Premenstrual syndrome (PMS)
- Increased tendency for weight gain
- Difficulty losing weight
- Improvement of symptoms after weight loss
- Improvement of symptoms with exercise
- Migraines
- Anxiety
- Reduced quality of life
- Depression
- Body image dissatisfaction
- Hormone imbalance
- Insulin resistance
- Increased risk of type 2 diabetes
- Increased cardiovascular risk factors
- Excess male type hormones
- Excess hair growth
- Scalp hair loss
- Acne

- Ovarian cancer
 - Endometrial cancer
 - Surgery for ovarian cysts
 - Infertility
 - Cysts on ovaries
 - Pregnancy complications
 - Increased risk of gestational diabetes (diabetes in pregnancy)
 - Fatty liver
 - Sleep apnea and snoring
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**How can we best support you and other women with PCOS?
(please check as many as preferred)**

- Provide broadly available educational materials
 - Support and present at patient forums and workshops
 - Maintain a consumer website
 - Send a regular update email on PCOS
 - Other
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