Li Q, Rahman M, Gozalo P, Keohane LM, Gold MR, Trivedi AN. Regional variations: The use of hospitals, home health, and skilled nursing in traditional Medicare and Medicare Advantage. Health Aff (Millwood). 2018;37(7).

APPENDIX

Exhibit A1. Characteristics of enrollees in Medicare Advantage and Traditional Medicare

	20	007	2013	
Characteristics	Medicare Advantage	Traditional Medicare	Medicare Advantage	Traditional Medicare
N	6,961,817	29,708,707	12,235,820	30,742,869
Mean Age, y	75.0	75.2	74.6	74.7
Female, %	58.1	57.3	57.3	55.6
Race/Ethnicity, %				
White	82.7	86.0	81.5	84.6
Black	9.8	7.9	10.0	7.9
Hispanic	3.4	2.0	3.1	2.0
Other	2.3	2.1	3.0	3.2
Full Medicaid coverage, %	8.0	11.8	8.4	11.0
Partial Medicaid coverage, %	5.1	4.0	5.5	3.6
Mean ZIP Code-level household Income, \$	53 , 991	53 , 628	53 , 759	55 , 720

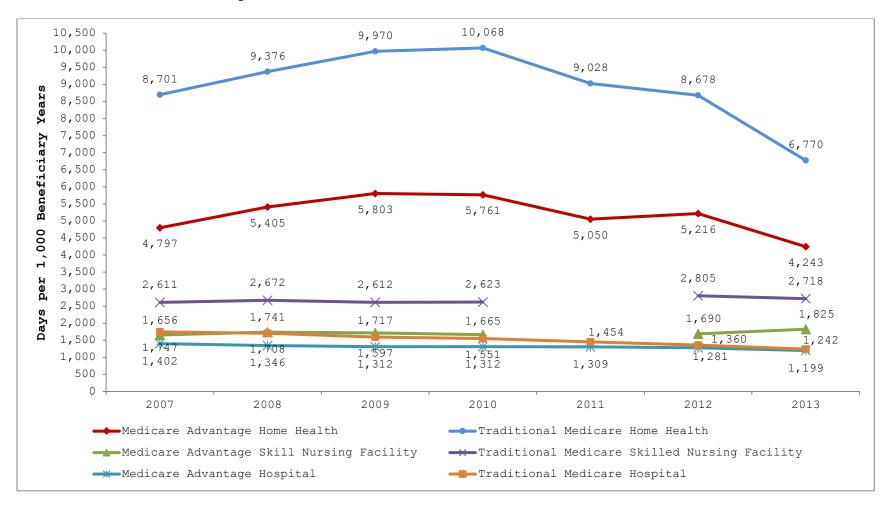
SOURCE Authors' analysis of 2007 and 2013 Medicare Beneficiary Summary File.

Exhibit A2. Characteristics of skilled nursing facility (SNF) care users in Medicare Advantage and Traditional Medicare, 2013

	Beneficiaries with full Medicaid benefit ^a		Beneficiaries without full Medicaid benefit ^a		Total Population	
Characteristics	Medicare	Traditional	Medicare	Traditional	Medicare	Traditional
	Advantage	Medicare	Advantage	Medicare	Advantage	Medicare
N	163,059	748,678	497,522	1,383,379	660,581	2,132,057
Mean age, y	81.7	81.9	80.4	81.5	80.7	81.7
Female, %	71.8	71.5	62.3	62.2	64.6	65.4
Race/Ethnicity, %						
White	73.7	75.2	87.5	91.4	84.1	85.7
Black	17.3	16.1	8.8	6.3	10.9	9.8
Hispanic	4.4	3.7	1.4	0.6	2.1	1.7
Other	1.9	2.1	1.4	1.1	1.5	1.5
Mean ZIP code-						
level household	52,357	50,674	55 , 173	57 , 243	54,478	54,936
income, \$	·					
Mean activities of	17 7	17 7	1.6	1.6 - 5	1.6.0	1.6.0
daily living score	17.7	17.7	16.5	16.5	16.8	16.9
Mean cognitive	2.2	2.3	1.6	1.7	1.8	1.9
function scale	۷ • ۷	2.5	1.0	± • /	1.0	1.5

SOURCE Authors' analysis of 2013 Minimum Data Set and Medicare Beneficiary Summary File. **NOTES**^aStratified analyses for beneficiaries with and without full Medicaid benefits.

Exhibit A3. Unadjusted trends in the use of home health care, skilled nursing facility, and hospital care for Medicare Advantage and Traditional Medicare enrollees



SOURCE Authors' analysis of 2007-2013 Outcome and Assessment Information Set (OASIS), Minimum Data Sat (MDS), Medicare Healthcare Effectiveness & Data Information Set (HEDIS), Medicare claims data and Medicare Beneficiary Summary File (MBSF). **NOTES** We excluded 2011 data for SNF days/1,000, as the transition between MDS 2.0 and MDS 3.0 occurred in that calendar year.

Exhibit A4. Unadjusted Variation in Use of Home Health, Skilled Nursing Facility (SNF), and Hospital Care across Hospital Referral Regions (HRRs) in Medicare Advantage and Traditional Medicare (2013)

Measures	Medicare Advantage		Tradi	Traditional Medicare	
	Ratio ^a	Absolute difference between HRRs ^a	Ratio ^a	Absolute difference between HRRs ^a	
Home health care				_	
90th to 10th percentile comparisonb	3.88	6,403	4.11	9,214	
Interquartile comparison ^c	2.06	3,052	2.22	4,781	
Skilled nursing facility care					
90th to 10th percentile comparisonb	2.30	1,466	2.06	1,861	
Interquartile comparison ^c	1.62	903	1.39	896	
Hospital care					
90th to 10th percentile comparisonb	1.91	742	1.77	676	
Interquartile comparison ^c	1.38	380	1.35	367	

Source Authors' analysis of data for 2013 from the Outcome and Assessment Information Set, Minimum Data Set, Healthcare Effectiveness and Data Information Set, Medicare claims, and the Medicare Beneficiary Summary File. NOTES aDays per 1,000 beneficiary-years between HRRs with higher and lower utilization. bUtilization in the HRR at the ninetieth percentile, divided by utilization in the HRR at the tenth percentile. CUtilization in the HRR at the seventy-fifth percentile, divided by utilization in the HRR at the twenty-fifth percentile.

Exhibit A5. Geographic variation in use of home health, skilled nursing facility (SNF), and hospital care between Medicare Advantage and Traditional Medicare, excluding HRRs with less than 5,000 MA beneficiaries, 2013

Measures	Medicare Advantage	Traditional Medicare	
Home Health Days per 1,000 beneficiary-			
years			
90th/10th Percentile Ratio	3.77	3.96	
Interquartile Ratio	1.95	2.07	
SNF Days per 1,000 beneficiary-years			
90th/10th Percentile Ratio	2.53	1.90	
Interquartile Ratio	1.50	1.39	
Hospital Days per 1,000 beneficiary-years			
90th/10th Percentile Ratio	2.13	1.72	
Interquartile Ratio	1.42	1.34	

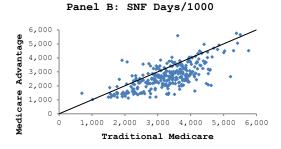
SOURCE Authors' analysis of 2013 Outcome and Assessment Information Set (OASIS), Minimum Data Sat (MDS), Medicare Healthcare Effectiveness & Data Information Set (HEDIS), Medicare claims data and Medicare Beneficiary Summary File (MBSF). **NOTES** Two measures of geographic variation were calculated: the 90th/10th percentile ratio, which is the 90th percentile value divided by the 10th percentile value; and the interquartile ratio, which is the 75th percentile value divided by the 25th percentile value.

Exhibit A6. Use of home health, skilled nursing facility (SNF), and hospital care in Medicare Advantage and Traditional Medicare at the hospital referral region level, 2013

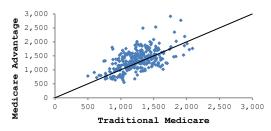
Panel A: Home Health Days/1000

15,000
15,000
9,000
3,000
6,000
9,000 12,000 15,000 18,000

Traditional Medicare

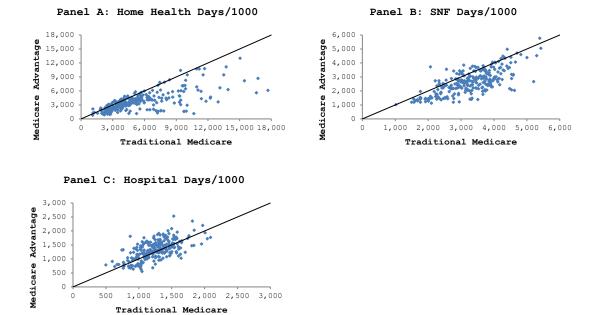


Panel C: Hospital Days/1000



SOURCE Authors' analysis of 2013 Outcome and Assessment Information Set (OASIS), Minimum Data Sat (MDS), Medicare Healthcare Effectiveness & Data Information Set (HEDIS), Medicare claims data and Medicare Beneficiary Summary File (MBSF). NOTES Each point refers to one of 306 hospital referral regions (HRR) in the US. Estimates adjusted for age, gender, race or ethnic group (black, white, Hispanic, Asian, or other), ZIP Code-level income derived from national Census data, and dual eligibility for Medicaid (defined in the first month of Medicare eligibility of the measurement year). Diagonal line represents a line of equivalent utilization in traditional Medicare and Medicare Advantage. Therefore, points above the line indicate HRRs with greater utilization in Medicare Advantage.

Exhibit A7. Correlations of the use of home health, skilled nursing facility (SNF), and hospital care between Medicare Advantage and Traditional Medicare at the hospital referral region (HRR) Level (excluding HRRs with less than 5,000 MA beneficiaries), 2013



SOURCE Authors' analysis of 2013 Outcome and Assessment Information Set (OASIS), Minimum Data Sat (MDS), Medicare Healthcare Effectiveness & Data Information Set (HEDIS), Medicare claims data and Medicare Beneficiary Summary File (MBSF). NOTES Each point refers to one of 306 hospital referral regions (HRR) in the US. Estimates adjusted for age, gender, race or ethnic group (black, white, Hispanic, Asian, or other), ZIP Code-level income derived from national Census data, and dual eligibility for Medicaid (defined in the first month of Medicare eligibility of the measurement year). Diagonal line represents a line of equivalent utilization in traditional Medicare and Medicare Advantage. Therefore, points above the line indicate HRRs with greater utilization in Medicare Advantage.