

Cumulative costs inside and outside the health care sector over 24 months

Cost types	M-CT (n = 99)		TAU (n = 96)	
	Mean costs (SD)	% ^a	Mean costs (SD)	% ^a
Health care costs				
Mobile CT	73 (19)	94	-	0
Psychiatrist	238 (688)	23	93 (262)	19
Psychologist	231 (893)	23	207 (760)	21
Psychotherapist	118 (548)	11	106 (410)	10
Social psychiatric nurse	12 (86)	3	18 (106)	5
Social worker	10 (69)	3	9 (60)	3
Self-help groups	3 (22)	3	18 (114)	6
Various MHC ^b services	590 (1592)	30	879 (1815)	39
Polyclinic care	240 (592)	46	246 (415)	53
CAD ^c	-	0	34 (297)	2
General practitioner	202 (221)	87	156 (162)	79
Company doctor	87 (233)	19	45 (157)	14
Physiotherapist	378 (770)	46	285 (576)	48
Alternative health care	110 (273)	28	209 (450)	35
Antidepressants	52 (144)	46	68 (154)	51
Day care	186 (1719)	3	168 (1168)	4
Hospital admissions	361 (1551)	10	741 (3897)	11
Patient and family costs				
Informal care	355 (1070)	43	272 (915)	45
Travel expenses	81 (163)	77	81 (134)	76
(Psychiatric) homecare	29 (166)	3	73 (286)	3

Home care	66 (283)	10	74 (288)	13
Productivity losses				
Unpaid work	41 (361)	5	4 (16)	7
Absenteeism (paid work)	1998 (5438)	32	1542 (5744)	28
Presenteeism (paid work)	424 (1442)	38	313 (892)	34

The costs are displayed for participants with at least one cost measurement during follow-up.

^aPercentage of participants using the cost types concerned

^bMental health care services

^cConsultation office for Alcohol and Drug addiction